



RADD ACTIVITIES SPRING '24

RADD INFORMATION

15 years & up

Recreation for Adults with Developmental Disabilities

RADD is a special recreation program designed for people ages 15 and above with developmental disabilities. RADD's mission is to provide equal opportunity for personal growth for individuals with developmental disabilities through recreational activities and community involvement.

TO PARTICIPATE

in RADD programs, all NEW participants must complete a RADD Participant Form and a RADD Code of Conduct.

For More Information about RADD programs and the REACH Scholarship, call (925) 931-5365 or visit www.pleasantonradd.org.

EXERTION LEVEL—SCALE OF 1-5

1=low: mainly seated activities some standing or walking one block

2=low/moderate: walking the equivalence of four blocks

3=moderate: a combination of low/high impact activities

4=moderate/high: walking the equivalence of seven blocks.

May have rough terrain

5=high exertion: walking the equivalence of ten or more blocks

TO REGISTER

for RADD programs starting 1/10 (residents), 1/17 (non-residents), visit www.pleasantonfun.com, call 925-931-5365 or visit the Pleasanton Senior Center's front desk. RADD REACH scholarship funds can now be accessed when registering online.

- Pre-registration and payment are required for all activities—drop-ins are not allowed.
- Please only sign up for one Pizza and Bowling night per session.
- If participant is unable to attend a class, early cancellation will enable wait list participants to register.
- RADD staff will attend each event.
- **If a CAREGIVER is attending with participant, contact the Senior Center at 925-931-5365 to register them for free.**
- Caregivers must stay with participant off-site and remain in the building on-site
- Caregivers will have to bring or pay for their own food.

RADD ACTIVITIES

15 years & up

RADD Pizza & Bowling

Includes shoes, bowling, pizza, and beverage. Drop off/pick up: Earl Anthony's Dublin Bowl, 6750 Regional St., Dublin.

Earl Anthony's Dublin Bowl | RADD Staff | Level 3

FRIDAY

8832 2/2 4:00pm-6:00pm \$28R/\$31N

8833 5/10 4:00pm-6:00pm \$28R/\$31N

RADD Dance

Includes music, dancing, games, and light snack. Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton.

Senior Center | RADD Staff | Level 1

FRIDAY

8834 2/23 Valentine's 7:00pm-9:00pm \$27R/\$30N

8835 3/15 St. Patrick's 7:00pm-9:00pm \$27R/\$30N

RADD Trips

Includes ticket into venue, lunch or dinner, and transportation. Drop-off/pick-up Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton. If caregiver needed, call or come by the Senior Center to register the caregiver:925-931-5365

Senior Center | RADD Staff | Level 5

SATURDAY

8853 3/2 Lindsey Wildlife 10am-5pm \$45R/\$48N

8843 4/20 San Jose Giants 3pm-9pm \$45R/\$48N

RADD Theater

Includes ticket to high school musical production *9 to 5*, based on the movie on 3/10 and *SpongeBob Musical* on 4/28. Drop off/pick up: Amador Theater, 1155 Santa Rita Rd., Pleasanton.

Amador Theater | RADD Staff | Level 1

SUNDAY

8837 3/10 9 to 5 1:30pm-4:45pm \$29R/\$32N

8844 4/28 SpongeBob 1:30pm-4:45pm \$29R/\$32N

RADD Fun on the Green

Includes bocce and horseshoes. Centennial Park, Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton

Centennial Park | RADD Staff | Level 5

SATURDAY

8841 4/13 10:00am-12:00pm \$23R/\$26N

RADD Easter Fun

Includes, egg hunt and t-shirt tie dye. Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton

Senior Center | RADD Staff | Level 2

SATURDAY

9297 3/23 10:00am-12:00pm \$25R/\$28N

RADD Dinner & Bingo or Movie

Includes dinner and either a movie or Bingo. Wear comfy clothes and bring a pillow (for the movie) for an evening of fun! Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton.

Senior Center | RADD Staff | Level 1

FRIDAY

8839 4/5 Movie 6:00pm-9:00pm \$29R/\$32N

8840 5/31 Bingo 6:00pm-8:00pm \$29R/\$32N

RADD Breakfast Club

Huckleberry's | RADD Staff | Level 1

Includes entrée and beverage. Drop-off/pick-up: Huckleberry's, 1116 E Stanley Blvd, Livermore.

SATURDAY

8845 5/4 8:30am-10:00am \$28R/\$31N

RADD Golf

Includes games, golf lesson, and course play. Drop-off/pick-up: The First Tee of the Tri-Valley, 4501 Pleasanton Ave., Golf Course in the Fairgrounds, Pleasanton. If caregiver needed, call or come by the Senior Center to register the caregiver. 925-931-5365

The First Tee of the Tri-Valley | RADD Staff | Level 4

SUNDAY

8846 5/19 10:00am-12:00pm \$23R/\$26N

***RADD tennis is available!
Contact the Tennis & Community Park
at 925-931-3449.***