



## PRESS RELEASE

FOR IMMEDIATE RELEASE

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### **Pleasanton Library Holds Free Workshop for High School Students**

*Pleasanton, CA*— The Pleasanton Library is offering free workshops for high-school students, aimed at addressing the unique concerns that oftentimes affect new and incoming students. These workshops are a great way for high-school kids to begin to develop an action plan for their high-school career.

Called “**Jumpstart to a Successful School Year**,” these workshops will provide real-time and long-term solutions for a successful school year and college planning. The series will include advice on how to:

- learn where to go for help and support on campus
- join clubs and organizations on and off campus that explore areas of interest
- develop healthy relationships
- align high school courses with college majors, scholarships
- identify strengths and career/college choices
- prepare for pre-admission testing for college ....without a lot of stress and instructions on constructing a career and academic portfolio—provided by CareerTrackPlus.

**The workshop run from 4:00 PM – 5:00 PM on September 2<sup>nd</sup> and September 9<sup>th</sup>.**

**There will also be games and prizes!**

To register FOR FREE contact the Teen Services Librarian, Teresa Parham at 925.931.3404.

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[About Pleasanton](#)

*The City of Pleasanton is a vibrant Northern California community of 71,000 residents situated at the crossroads of Interstates 580 and 680, in close proximity to the San Francisco and San Jose metropolitan areas. The city's location has historical significance as a major trading route of early Native Americans and later along the route of the First Transcontinental Railroad. Pleasanton is a major suburb identified by the U.S. Census as one of the wealthiest middle-sized cities in the nation and was included on Money Magazine's list of the 'Best Cities to Live 2014' and on 24/7 Wall Street's list of 'America's 50 Best Cities to Live'. Among Pleasanton's many attractions are an excellent school system, a highly educated workforce, 1,200 acres of parkland and recreational open space, a nationally recognized business park, a regional retail shopping mall, and a historic downtown district. For more information, please visit [www.cityofpleasantonca.gov](http://www.cityofpleasantonca.gov).*

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