

Resources for Veterans

Veterans Confidential Crisis Line

24/7 confidential crisis support for veterans and their loved ones.

No need to be enrolled in VA benefits or healthcare to connect.



- Call 988, press 1
- Chat online at <https://www.veteranscrisisline.net>
- Text 838255

Federal Resources

Veterans Administration (VA), 800-698-2411

The mission of the US Department of Veterans Affairs (VA) is to care for those who have served in the US military and for their families, caregivers, and survivors, providing [service-earned benefits and health care](#).

Use the [VA Welcome Kit](#): to learn about VA benefits and services.

Get your [military records and documents](#) including

- proof-of-service Form DD214
- personnel files
- medical records
- benefit letters and more.

Follow [VA news](#) and receive the [#VetResources](#) newsletter.

Veterans Benefits Administration (VBA)

The Veterans Benefits Administration (VBA) benefits and services for Service members, Veterans, and their families including

- Health care
- Disability
- Education and training
- Careers and employment
- Pension
- Housing assistance
- Life insurance
- Burials and memorials
- Records
- Service member benefits
- Family member benefits
- VA department information.

[Search VBA by topic.](#)

Veterans Health Administration (VHA)

Each veteran's medical benefits package is unique, and VA health care may complement current medical coverage. Apply for and manage your service-earned [VA physical and mental health care benefits](#).

California Resources

California Department of Veterans Affairs (CALVET), 800-952-5626

The mission of CalVet is to serve and honor all California veterans by connecting them and their families with their earned benefits through [education, advocacy, and direct services](#) including

- Education
- Employment
- Healthcare
- Home loans
- Housing
- Advocacy
- VA Claims

Local Resources

County Veterans Service Office (CVSO)

Alameda County Veterans Service Main Office, 510-577-1926

Department of Adult & Aging Service Lobby

6955 Foothill Blvd., Room 143

Oakland, CA 94605

Email: Veterans@acgov.org

Please see [website](#) for more information: directions, hours, service locations, mailing address and more.

Swords to Plowshares, 415-727-8387

[Swords to Plowshares](#) is a 501 (c)(3) non-profit dedicated to supporting nearly 3,000 homeless, low-income, and at-risk veterans in the Bay Area every year. Offerings include employment and job training, supportive housing programs, permanent housing placement, counseling and case management, and legal services.

- Health and wellness
- Housing
- Legal (support to access VA disability compensation/pension, access VA healthcare, military discharge upgrades)
- Jobs for vets

Alameda County Veterans Employment Committee (ACVEC)

The [AVEC](#) works with a network of community partners to support veterans seeking meaningful employment opportunities.