

Pleasanton Senior Center
5353 Sunol Blvd.
Pleasanton, CA 94566

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Pleasanton, CA 94566
Permit No. 123



Ongoing Services

Caregivers Support Group,
Senior Support Program

2nd Monday of each month, 1:00-3:00pm in the offices of the Senior Support of the Tri-Valley.

Dental Consultations

Brief dental consultations offered by Dr. Paulos (off-site, by appt.). Please call (925) 225-9552.

Estate Planning Attorney* with Shirley
White, Attorney-at-Law

Every 3rd Friday, 12:00-1:00pm; 20 minute. Offers advice on trusts, wills, Durable Power of Attorney and health care directives.

Eye Glass Adjustments & Repairs

2nd Tuesday, 10:00am-1:00pm, Main Lobby. No charge.

Foot Care and Health Screening

2nd Monday, Senior Support Program nurses. To make an appointment, please call 931-5383.

Fraud Counseling*

Available on an as-needed basis. Call front desk for appointment.

Health Insurance Counseling and
Advocacy Program (HICAP)

1st and 3rd Monday, 12:30-3:00pm (by appt.) and 1st and 3rd Thursday, 9:00am-12:00pm.

Hearing Aid Cleaning

2nd Tuesday of the month from 10:00am-12:00pm. No charge

Pharmacy Q & A* (Safeway Pharmacist)

2nd Tuesday of the month from 10:00-11:00am. No charge.

Legal Assistance For Seniors

Meet with a lawyer to discuss your legal issues (no wills, durable power of attorney); 2nd Monday, 10:00am-12:00pm (by appt.).

Lunch Program

Sponsored by Spectrum Community Services. Lunch served at Noon, M-F. Reservations required a day in advance by 1:00pm but limited drop-in lunches available. Suggested donation: \$3.75; \$6.00/Adults. For reservations, call 931-5385.

Notary Service*

1st Wed., 2:00-3:30pm or 3rd Wed., 9:00-10:30am, by appt. Free to seniors 62+. Limited to three documents. For *Health Care Directives* or *Pension Verification*, please make ½ hour appt.

Parkinson's Support Group

2nd Saturday, 10:00am-12:00pm, Senior Support Program Office.

Reverse Mortgage Counseling with ECHO
Housing

Have questions about reverse mortgages? A representative from ECHO Housing can be contacted at (510) 581-9380, ext. 19.

Travel Ambassadors



1:1 assistance using local public transportation options including WHEELS, PPS, Downtown Route, and BART. Get better acquainted with your transportation options! Call 931-5376.

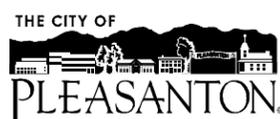
Pleasanton VIP Senior Club; for
membership and VIP Travel Club
information, please call 931-5370.

Offers special luncheons, entertainment, discounts on travel and guest speakers - a great way to make new friends and participate in Center programs! \$10 for the first year, \$7 thereafter.

**Advice or services offered are those of the respective volunteers, and not the City of Pleasanton and is at the user's risk, as volunteer services and qualifications have not been verified by the City of Pleasanton.*

Pleasanton  Senior Center

Looking Ahead



Senior Center

5353 Sunol Boulevard

Weekdays: 8:30am to 4:30pm

(925) 931-5365

www.pleasantonseniorcenter.org



VIP Senior Club Hosts Annual Luau

The Pleasanton VIP Senior Club hosts its popular *Hawaiian Luau* on Monday, April 28. Lunch is served at 12:00pm. Afterwards, *Hui Hula O Na Pu'Ukia Noe* returns to the Center's main stage with a lively and colorful dance program. Festivities also include door prizes. Tickets: \$8.00. For reservations, please call the VIP Travel Desk at (925) 931-5370. Reservations must be made by Monday, April 21, 2014.

