

Pleasanton Senior Center  
5353 Sunol Blvd.  
Pleasanton, CA 94566

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Pleasanton, CA 94566  
Permit No. 123



## Ongoing Services

**Caregivers Support Group,  
Senior Support Program**

2<sup>nd</sup> Monday of each month, 1:00-3:00pm in the offices of the Senior Support of the Tri-Valley.

**Dental Consultations**

Brief dental consultations offered by Dr. Paulos (off-site, by appt.). Please call (925) 225-9552.

**Estate Planning Attorney**

Every 3<sup>rd</sup> Friday, 10:00-11:00am; Twenty-minute appointments with Shirley M. White, Attorney-at-Law. Offers advice on trusts, wills, Durable Power of Attorney and health care directives.

**Eye Glass Adjustments & Repairs**

2<sup>nd</sup> Tuesday, 10:00am-1:00pm, Main Lobby. No charge.

**Foot Care and Health Screening**

2<sup>nd</sup> Monday, Senior Support Program nurses. To make an appointment, please call 931-5383.

**Fraud Counseling**

Meet with Nick Henley, certified fraud specialist. 4<sup>th</sup> Wednesday, 9:00-11:00am, drop-in appointments. No charge.

**Health Insurance Counseling and  
Advocacy Program (HICAP)**

1<sup>st</sup> and 3<sup>rd</sup> Monday, 12:30-3:00pm (by appt.) and 1<sup>st</sup> and 3<sup>rd</sup> Thursday, 9:00am-12:00pm

**Hearing Aid Cleaning**

2<sup>nd</sup> Tuesday, 10:00am-12:00pm, free hearing aid cleaning by Hearing Services of Pleasanton (begins again in February 2013).

**Legal Assistance For Seniors**

Meet with a lawyer to discuss your legal issues (no wills, durable power of attorney); 2<sup>nd</sup> Monday, 10:00am-12:00pm (by appt.).

**Lunch Program**

Sponsored by Spectrum Community Services. Lunch served at Noon, M-F. Reservations required a day in advance by 1:00pm. Please call 931-5385. Suggested donation: \$3.25.

**Notary Service**

3<sup>rd</sup> Wednesday, 9:00-10:30am (by appt.; in February, Notary offered on the 4<sup>th</sup> Wednesday). No charge

**Parkinson's Support Group**

2<sup>nd</sup> Saturday, 10:00am-12:00pm, Senior Support Program Office.

**Reverse Mortgage Counseling with  
ECHO Housing**

Have questions about reverse mortgages? A representative from ECHO Housing can be contacted at (510) 581-9380, ext. 19.

**Travel Ambassadors**



1:1 assistance using local public transportation options including WHEELS, PPS, Downtown Route, and BART. Get better acquainted with local routes and public transportation options. For appointments, please call 931-5376.

**Pleasanton VIP Senior Club; for  
membership and VIP Travel Club  
information, please call 931-5370.**

A unique social club with benefits that include special luncheons, entertainment, discounts on travel and guest speakers - a great way to make new friends and get better acquainted with the Center's programs! \$10 for the first year, \$7 for succeeding years.

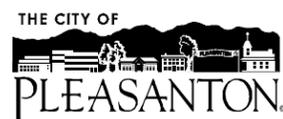
Pleasanton  Senior Center

## Looking Ahead

**Senior Center 20<sup>th</sup> Anniversary Open House Celebration**  
**Saturday, March 2<sup>nd</sup>, 2013**

10:00am	Doors Open
10:00am – 1:00pm	Class Demonstrations & Exhibits
10:30-11:00am	Senior Players Skit – Stage
11:15-11:30am	Welcoming Remarks
11:30am-1:00pm	BBQ Lunch (ticket required) – Main Hall
1:00-1:30pm	Volunteer & Community Partner Recognition
1:30pm	Dessert-Main Hall
2:00-2:30pm	Senior Players Skit – Stage
2:30-3:00pm	Please visit and enjoy the center!

Free Paratransit service to the Open House and Tea Dance is available for registered riders.  
For reservations, please call 931-5376



**Senior Center**

5353 Sunol Boulevard

Weekdays: 8:30am to 4:30pm

(925) 931-5365

[www.pleasantonseniorcenter.org](http://www.pleasantonseniorcenter.org)