

November 2014

Pleasanton Senior Center Activities and Special Events

O ❖ P ❖ E ❖ N
WEEKDAYS
8:30am- 4:30pm

Legend	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<ul style="list-style-type: none"> ● Free Program ◆ City Class ■ Sponsored by the Senior Support Program of the Tri-Valley ★ Drop-In Fee \$1.75 Resident \$2.25 Non-resident <p>○ Day Use Woodshop Fees: \$5.00R/\$6.00N</p>	<ul style="list-style-type: none"> ★ Bocce 9:00am-12:00pm ○ Drop-in Woodshop, 9:00am-12:00pm ★ Bingo 1:00-3:00pm (1st, 3rd, 5th Monday) ● Movies: 1:00pm (1st, 3rd and 5th Monday) ★ Smart Phone/Tablet Tutoring (by appointment) 	<ul style="list-style-type: none"> ★ Woodcarvers 9:00am-4:00pm ◆ Zumba® Gold 9:00-10:00am ◆ Fit For Fifty Plus 10:15-11:15am ◆ Tai-Chi (Beginning) 11:45am-1:00pm ◆ Tai-Chi (Intermediate) 1:10-2:25pm ★ Poker 12:45-3:45pm ★ American Mah-Jongg 1:00-4:30pm ◆ Beginning Yoga 3:00-4:15pm 	<ul style="list-style-type: none"> ★ Bocce 9:00am-12:00pm ○ Drop-in Woodshop, 9:00am-12:00pm ● Walking Sole Mates 8:45am ◆ Strength and Tone 9:00-10:00am ● Arts and Crafts Social Club 10:00am-12:00pm ■ Fall Prevention Exercise Class 10:15-11:10am (No charge) ■ Nutrition Weekly 11:15-11:30am (No charge) ★ Bingo 1:00-3:00pm ★ Book Club 1:00-3:00pm 	<ul style="list-style-type: none"> ○ Drop-in Woodshop, 9:00am-12:00pm ● Pleasanton Pedalers (Bicycle Group) 9:00am (No charge) ★ Words in Bloom Writing Class (1st and 3rd Thursday) 9:00am-12:00pm ● Senior Players 10:00am-12:00pm ◆ All Levels Yoga 10:00-11:15am ★ Poker 12:45-3:45pm ★ Contract Bridge 1:00-4:30pm 	<ul style="list-style-type: none"> ★ Bocce 9:00am-12:00pm ○ Drop-in Woodshop 9:00am-12:00pm ★ Knitting 9:00-11:30am ◆ Zumba® Gold 9:00-10:00am ◆ Fit For Fifty Plus 10:15-11:15am ★ Brain Matters 10:00-11:30am (1st and 3rd Fridays) ★ Bingo 1:00-3:00pm ★ American Mah-Jongg 1:00-4:00pm ◆ Line Dancing (Beginning) 1:30-2:45pm ◆ Line Dancing (Intermediate) 3:00-4:15pm 	<p>Pleasanton Senior Center 5353 Sunol Blvd. Pleasanton, CA 94566 www.pleasantonseniorcenter.org</p> <p>(925) 931-5365</p> <p>Pam Deaton: Recreation Supervisor Raymond Figueroa: Rec. Coordinator Debbie Petersen: Office Assistant Julie Parkinson: Program Assistant Amy Statham: Recreation Leader Diane Medina: Recreation Leader Diana Tucker: Recreation Leader Jessica Reaber: RADD Leader</p>
Each Weekday	<p><i>November Arts and Crafts Projects: Wednesday, November 12, 10:00am, Glitter Vase</i> <i>Wednesday, November 26, 10:00am, Candy Cane Wreaths</i> Cost: \$3/Resident, \$4/Non-resident. No registration necessary</p>					1
<p>Peddler Shoppe M-F 10:00am – 4:00pm 931-5371</p> <p>★ Computer Tutoring (by appt.), Drop-in fees apply</p> <p>Laptop computer use w/ Wi-Fi, available at no charge</p>	3	4	5	6	7	8
	<p>FootCare: 9:30am-2:30pm (by apt.) HICAP Counseling: 12:30-2:45pm</p> <p> Monday Movie Madness "Won't Back Down" 1:00pm</p>	<p>Election Day Peddler Shoppe Holiday Boutique: 8:00am-4:00pm Coffee & Conversation: Aging and Loss, 10:30-11:30am</p>	<p>■ Lighten Up: 11:30-11:45am (<i>Free</i>)</p>	<p>HICAP Medicare Counseling: 9:00am – 12:00pm (by appt.) Tea Time Social: 1:00-2:30pm</p>	<p>★ Brain Matters: 10:00-11:30am</p>	<p>Parkinson's Support Group: 10:00am-12:00pm Woodcarvers: 9:00am-12:00pm</p>
Numbers To Know	10	11	12	13	14	15
<p>Senior Center 8:30am-4:30pm.....931-5365</p> <p>Paratransit 9:00am-3:00pm.....931-5376</p> <p>Sage Café Lunch Program 11:45am-1:00pm...931-5365</p> <p>VIP Senior Club/Travel 931-5370 or VIPtravel5353weebly.com</p> <p>R.A.D.D...... 931-5373</p> <p>Senior Support.....931-5379</p>	<p>Foot Care: 9:30am-2:30pm (by appt.) Legal Assistance:10:00am-12:00pm (by apt.) Caregivers Support Group: 1:00-3:00pm VIP Luncheon: 11:45am</p>	<p>Center Closed for Veterans' Day Holiday</p> <p></p>	<p>Newcomer's Welcome: 10:30am ★ Photo Club: 2:00pm AARP Driver Safety Class (Renewal Certificate): 8:30am-1:00pm</p>	<p>Book Buddies: 9:30-10:30am</p>		<p>Firehouse Arts Center Pacific Repertory Theater presents: "Singing in the Rain" November 7 thru November 23</p>
	17	18	19	20	21	22
	<p>HICAP Counseling: 12:30-2:45pm</p> <p> Monday Movie Madness Parkland: 1:00pm</p>	<p>Eye Glass Adjustment 10:30am (no charge) "Chat with the Nat" (lecture series with Alvisio-Adobe staff): 1:00pm</p>	<p>Notary: 9:15-10:30am (by appt.) Travel Training: Stoneridge Mall, 9:00am (please pre-register) ■ Lighten Up: 11:30-11:45am (<i>Free</i>)</p>	<p>HICAP Medicare Counseling: 9:00am – 12:00pm (by appt.) ★ PC User's Group: 10:00am-12:30pm ■ Fresh Bites: 2:00-3:00pm</p>	<p>★ Brain Matters: 10:00-11:30am Birthday Luncheon: 11:45am Estate Planning Consultation: 12:00 – 1:00 pm (by appt.)</p>	
	24	25	26	27	28	29
	<p>VIP Luncheon: 11:45am</p>		<p>Special Thanksgiving Luncheon at the Sage Café: 11:45am Space is limited to 80 people - registration required. Call 931-5365.</p>	<p>Center Closed for Thanksgiving Holiday</p> <p></p>	<p>Center Closed for Thanksgiving Holiday</p>	