

# PLEASANTON

COMMUNITY SERVICES ACTIVITIES GUIDE • FALL 2014/WINTER 2015

*Pleasanton Seniors  
Have Pedal Power*



Don't miss our  
**spook-tacular**  
Halloween events—

See page 51

[www.pleasantonfun.com](http://www.pleasantonfun.com)

# FIREHOUSE

## ARTS CENTER

2014 / 2015 Firehouse Arts Season Openers



Saturday, September 6 • 8pm  
**LISA LOEB**

*Singer/Songwriter/Actress/Author*

Loeb hits the Firehouse stage with her glorious pop/punk rock sound. Her latest album release (produced by friend and colleague Chad Gilbert of New Found Glory) is "a raucous, upbeat album with fresh perspective and a cool arsenal of strong new material." Come party!



Sunday, September 14 • 3pm  
**TOP SHELF:  
MOTOWN...and More!**

A hit-filled musical journey through the sounds of MOTOWN and beyond, featuring songs from Stevie Wonder, The Temptations, The Four Tops, Smokey Robinson...and more!



Saturday, October 11 • 8pm  
**Quattro**

Latin Grammy Nominated for Best New Artist, QUATTRO is four highly-respected solo performers from diverse musical genres.



Friday, October 10 • 8pm  
Sunday, October 12 • 2pm

**The World of  
Webber**

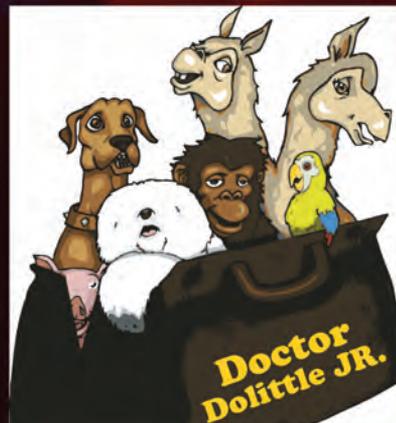
The hit musical revue returns to The Firehouse, celebrating the songs and musicals of Broadway composer, Sir Andrew Lloyd Webber.



Friday, September 12 • 8pm  
**PABLO CRUISE**

*Climb Aboard the Good Ship Pablo Cruise!*

Performing their mega hits Whatcha Gonna Do When She Says Goodbye, Love Will Find A Way, and many more. To hear the band on records is one thing...but to experience them live is an exhilarating event.



Friday, September 26 – Sunday, October 5  
Fri:7:30pm • Sat: 2pm & 7:30pm • Sun: 2pm  
**Civic Arts Stage Company**

**Dr. Dolittle Jr.**

The classic tale of kindness to animals trots, crawls and flies onto the stage in Doctor Dolittle Jr.

For tickets and show information,  
call 925.931.4848  
or visit [www.firehousearts.org](http://www.firehousearts.org)

Firehouse Arts Center  
4444 Railroad Ave, Pleasanton

## Meet Our New Staff

### Q: Why did you want to work for the City of Pleasanton?



**Youri Benadjaoud, Lifeguard**

**A:** For me, it's all about the people. The people you get to interact with like the customers, the staff, and the managers. It is almost like an extended family! Everyone is extremely friendly, you get to meet new people and the environment is extremely positive!



**Amalia Martinez, Cashier**

**A:** I chose to work for the City of Pleasanton Community Services Department because I have lived in Pleasanton my whole life, and have always been involved in activities throughout the city. It is nice to still be involved with the city in a new and more meaningful way.



**Mitchell Jensen, Ridge Runners Camp Counselor**

**A:** I wanted to work for the Pleasanton Community Services Department because I have known people who have worked for the city before and loved it. I really enjoy working with kids and the Ridge Runners program seemed like a perfect way to do that. I love nature and animals, so Ridge Runners seemed like my perfect job.



**Brian Kinnee, Summer Camps**

**A:** I decided to work for the Pleasanton Community Services Department in order to give back to my hometown. I've lived in Pleasanton my entire life, so being able to give back to the community that raised me is a fulfilling experience. I greet every day at work with this goal in mind.



**Megan Martin, Wittle Ridge Runners**

**A:** I enjoy working with kids through fun activities and being outdoors, and I have a strong feeling that this will be a fabulous summer. When I came across the Ridge Runners Summer Day Camp, I knew immediately that I wanted to get involved and work there. I am overjoyed to be working at such a community centered camp, with welcoming staff, and a great group of kids that are excited for a summer of fun!"

The City of Pleasanton Community Services would like to say **Thank You** to ALL of our summer staff for your hard work and dedication to our community!



Enroll now: [www.pleasantonfun.com](http://www.pleasantonfun.com)

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## Access & Inclusion

In compliance with the Americans with Disabilities Act (ADA), the City of Pleasanton Community Services Department encourages those with disabilities to participate in its programs. If you have special needs, and require accommodation, please call us at 931-5340.



# Facilities & Community Services Staff

## City Council

Jerry Thorne, Mayor  
Jerry Pentin, Vice-Mayor  
Karla Brown • Cheryl Cook-Kallio  
Kathy Narum  
Nelson Fialho, City Manager  
7:00pm 1st & 3rd Tuesday

## Parks & Recreation Commission

Sophia Brown • Brad Hottle  
Ted Kinzer • David Lambert  
Joseph Streng • Deborah Wahl  
7:00pm 2nd Thursday

*Additional City Commissions  
listed on page 48*

## FALL/WINTER REGISTRATION

### Priority Registration

**Online (Residents only)**  
Beginning at 8:00am on  
**Wednesday, July 30, 2014**

### Mail-In (Residents only)

Beginning at 8:00am on  
**Wednesday, August 6, 2014**  
*See page 62 for details.*

### Open Registration

**Walk-in & Non-Resident**  
Beginning at 8:00am on  
**Wednesday, August 13, 2014**  
*See page 62 for details.*



## Community Services Facilities

### Community Services Main Office

200 Old Bernal Avenue, 931-5340

### Alviso Adobe Community Park

3465 Old Foothill Road, 931-3479

### Amador Recreation Center

4455 Black Avenue

### Amador Theater

1155 Santa Rita Road, 931-4850

### Century House

2401 Santa Rita Road

### Cultural Arts Center

4477 Black Avenue

### Dolores Bengtson Aquatic Center

4455 Black Avenue, 931-3420

### Firehouse Arts Center

4444 Railroad Avenue, 931-4850

### Gingerbread Preschool

4333 Black Avenue, 931-3430

### Ken Mercer Sports Park Office

5800 Parkside Drive, 931-3437

### Nature House

519 Kottinger Drive

### Senior Center

5353 Sunol Blvd, 931-5365

### Tennis & Community Park

5801 Valley Avenue, 931-3449

### Veterans Memorial Building

301 Main Street

## City/School Gymnasiums

### Pleasanton Middle School

5001 Case Avenue

### Harvest Park Middle School

4900 Valley Avenue

### Thomas A. Hart Middle School

4433 Willow Road

## Off-site Activity Locations

### Crispim BJJ Barra Brothers

6668 Owens Drive, 1st Floor, Pleasanton

### Earthly Delights Fitness

7063 Commerce Circle, Suite I, Pleasanton

### Jue's Taekwon-Do Studio

5460 Sunol Blvd., #8, Pleasanton

## Community Services Staff

### Administration

#### 200 Old Bernal, 931-5340

Susan Andrade-Wax, Community Services  
Director

Michele Crose, Community Services Manager

Becky Hopkins, Community Services Manager

Mark Spiller, Community Services Manager

Mike Patrick, Management Analyst

Dan Villaseñor, Recreation Supervisor

Terry Snyder, Administrative Assistant

### Ken Mercer Sports Park

#### 5800 Parkside Drive, 931-3437

Joelle Glushenko, Recreation Supervisor

Rachel Prater, Recreation Coordinator

Nilo Velazquez, Senior Recreation Program  
Specialist

### Dolores Bengtson Aquatic Center

#### 4455 Black Avenue, 931-3420

Michelle Dunaway, Recreation Supervisor

Kara Yost, Recreation Coordinator

### Senior Center

#### 5353 Sunol Blvd, 931-5365

Pam Deaton, Recreation Supervisor

Raymond Figueroa, Recreation Coordinator

Gloria Lewis, Senior Paratransit Driver

Michele Tonowski, Lead Dispatcher

### Gingerbread Preschool

#### 4333 Black Avenue, 931-3430

Samu Tiimalu, Recreation Supervisor

David Weisgerber, Recreation Coordinator

### Firehouse Arts Center

#### 4444 Railroad Avenue, 931-4848

Rob Vogt, Recreation Supervisor

Mark Duncanson, Recreation Coordinator

Bob Elliott, Theatre Technician

Mike Roberts, Theatre Assistant

Julie Finegan, Gallery Coordinator

### Alviso Adobe Community Park

#### 3465 Old Foothill Road, 931-3479

Eric Nicholas, City Naturalist

City registration website:

[www.pleasantonfun.com](http://www.pleasantonfun.com)



Like us on Facebook:  
Pleasanton Community  
Services

CIVIC ARTS STAGE COMPANY PRESENTS  
**2014-2015 SEASON**



**Doctor Dolittle Jr.**  
Firehouse Arts Center  
September 26–October 5  
Fridays 7:30pm • Saturdays 2:00pm & 7:30pm  
Sundays 2:00pm



**Disney's My Son Pinocchio Jr.**  
Amador Theater  
December 12–December 21  
Fridays 7:30pm • Saturdays 2:00pm & 7:30pm • Sundays 2:00pm



**The Lion, the Witch, and the Wardrobe**  
Firehouse Arts Center  
March 6–March 15  
Fridays 7:30pm • Saturdays 2:00pm & 7:30pm  
Sundays 2:00pm

For tickets and more visit [www.firehousearts.org](http://www.firehousearts.org)

**Auditions**



Toymaker Geppetto's little wooden puppet is given new life in this new musical, which retells the classic Disney story from Geppetto's perspective. It features the beloved classic songs "When You Wish Upon a Star" and "I've Got No Strings," alongside a host of new songs by Oscar- and Grammy Award-winner Stephen Schwartz, tackling timely issues about what it means to be "the perfect child" —and what it means to be "a real father."

Audition packet will be available online at [www.firehouse-arts.org/programs/ca-stage-co](http://www.firehouse-arts.org/programs/ca-stage-co) starting Friday 9/12. To sign-up to audition, please email [civicsarts@bactheatre.org](mailto:civicsarts@bactheatre.org).

**Auditions** Tu 10/7 & W 10/8 4:00-8:00pm  
**Call Backs** Th 10/9 | 4:00-8:00pm

**Rehearsals\*** Su, Tu, Th 10/14-12/4 | 4:30-7:30pm

Staging rehearsals will start the week of 12/1 including Wednesday 12/3 "Tech" rehearsals will run 4-9pm 12/8-12/11 including Monday 12/8

**Performances:** F, Sa, Su | 12/12-12/21

**HARRINGTON GALLERY FALL 2014–WINTER 2015**



Charlotte Severin,  
*Mendocino Natural Bridge*

September 27–October 25  
**Pleasanton Art League Members Exhibit**



Reception Monday, October 29,  
from 7:00 to 9:00 pm

PAL members will be back at the Harrington for the group's fifth annual exhibit here. This popular show will feature a variety of new work by local artists.

**HARRINGTON GALLERY**  
in the Firehouse Arts Center  
4444 Railroad Avenue

**HARRINGTON GALLERY HOURS:** Wednesday-Friday Noon-5:00pm,  
Saturday 11:00am-3:00pm. Open one hour before most theater performances and during Intermission. Website: [www.firehousearts.org](http://www.firehousearts.org) • (925) 931-4849

November 7–December 13  
**Interplay: Texture & Luminosity**  
An Exhibition of Mosaic Art  
Reception Thursday, November 6  
From 7:00 to 9:00 pm

We are pleased to host an invitational exhibit featuring some of the Bay Area and beyond's premier mosaic artists, including Wilma Weiss, Michael Kruzich, and Glynnis Kaye. Laurel True, co-founder of the Institute of Mosaic Art, will also be represented. Both 2- and 3-dimensional works will be on exhibit.

Wilma Weiss, *Egg*



January 15–February 21  
**Water+Color: California Watercolor Association's 45th National Exhibition**  
Reception Thursday, January 15  
From 6:00 to 8:00 pm

This national juried exhibition was a hit at the Harrington Gallery two years ago and will be back again with more amazing watercolor paintings by nationally recognized artists.



Eric Wiegardt, AWS, DF, NWS,  
Judge for 2015 Exhibit,  
*The Duck Hunter*

# The Arts

**Ages 3-4**

## Get Sm-ART!

Art teaches children many things including creativity, fine motor skills, problem solving and confidence as well as developing observational skills. This class will not only help children to see and appreciate art, but will help them understand different elements of art including composition, line, color, and more. They'll explore a variety of techniques and art media with fun and original projects.

**Location:** Firehouse Arts Center

**Instructor:** Debbie Wardrope

<b>4 classes   \$80R/\$88N</b>			
<b>58622</b>	W	9/10-10/1	1:30-2:30pm
<b>58623</b>	W	9/10-10/1	3:45-5:00pm

**Ages 4-6**

## Young Rembrandts



### Curious George Workshop

Children will be captivated by the world of H.A. and Margaret Rey as we read *Curious George* books then draw a Young Rembrandts lesson based on the themes in the books. We will learn to draw a monkey, a kite and even a hot air balloon!

**Location:** Nature House

**Instructor:** Sadhna Sharma

<b>3 classes   \$79R/\$87N</b>			
<b>58565</b>	M-W	12/29-12/31	10:00-11:30am

**Ages 4-5**

## Play 'N Clay

Fun, hands-on for the little ones! We will make pinch pots, coiled pots, and hands and feet prints! All pieces will be fired and glazed in colors your child chooses. *A \$25 supply fee is due at the time of registration.*

**Location:** Amador Rec Center

**Instructor:** Erin Davis

<b>6 classes   \$98R/\$108N</b>			
<b>58530</b>	W	9/17-10/22	10:15-11:15am
<b>58529</b>	W	9/17-10/22	12:30-1:30pm
<b>Location:</b> Cultural Arts Center			
<b>58531</b>	W	11/5-12/17	10:15-11:15am
<b>58532</b>	W	11/5-12/17	12:30-1:30pm

**Ages 5-6**

## Little Performers

Have you ever wanted to be on stage? Join Jack and Annie as they stumble upon a magical tree house that transports them into a world of singing and dancing Dinosaurs! Learn basic performance techniques with an emphasis on theater games and specific scene rehearsals for the musical, *Dinosaurs Before Dark*, and then join the Young Performers on stage for the final performance.

**Location:** Veterans Memorial Building

**Instructor:** Bay Area Children's Theatre Staff

<b>16 classes   \$160R/\$176NR</b>			
<b>58334</b>	Tu	10/7-1/20	3:30pm-4:15pm
<i>No class 11/11, 11/25, 12/23, 12/30</i>			

**Final Performance:** 1/22

<b>16 classes   \$160R/\$176NR</b>			
<b>58337</b>	Th	10/9-1/22	3:30pm-4:15pm
<i>No class: 11/27, 12/25, 1/1</i>			

**Auditions**  
See page 5 for details.

LOOK FOR THESE ICONS FOR FALL AND WINTER BREAK CAMPS:

FALL CAMP

WINTER CAMP

# Exercise & Wellness



**Ages 3-5**

## Taekwon-Do—Little Ninjas

Taekwon-Do is a Korean style of martial art, utilizing hand and foot techniques. The objective of the class is to promote health, fitness and fundamental self-defense. The class will teach discipline, self-control, and self-confidence in a fun and stimulating environment.

**Location:** Jue's Taekwon-Do Studio

**Instructor:** Gordon Jue

<b>18 classes   \$180R/\$198N</b>			
<b>58427</b>	Tu	9/2-1/27	10:30-11:00am
<b>19 classes   \$180R/\$198N</b>			
<b>58428</b>	W	9/3-1/28*	1:30-2:00pm

*\*No class 12/24, 12/30*

**Ages 3-5**

## Bumper Bowling

Guaranteed success for all bowlers. Weekly awards and lots of fun. Learn the basics about bowling. Every bowler earns a trophy at the end of session party. One game per week. Parent supervision is required. *A \$10 supply fee is due at the time of registration.*

**Location:** Dublin Bowl

**Instructor:** Dublin Bowl Staff

<b>8 classes   \$85R/\$94N</b>			
<b>58425</b>	Th	9/4-10/23	11:30am-12:30pm
<b>58426</b>	Th	9/4-10/23	1:30-2:30pm



# Sports



Ages 2-3.5

## KIDZ LOVE SOCCER

All kids receive a KLS jersey. Rainout hotline: (888) 372-5803.

### Mommy/Daddy & Me Soccer

The fun happens on the field, so don't just watch from the sidelines! Join in as we introduce your toddler to the world's most popular sport. You'll participate in fun, age-appropriate activities, and help your child to develop their motor and socialization skills.

**Location:** Ken Mercer Sports Park Skate Park Turf

**Instructor:** Kidz Love Soccer Staff

9 classes   \$119R/\$131N			
58241	Tu	9/16-11/18*	9:30-10:00am
58242	Sa	9/20-11/15	10:30-11:00am
58243	Sa	9/20-11/15	11:05-11:35am

\*No class 11/11

8 classes   \$109R/\$120N			
58244	Tu	1/20-3/10	9:30-10:00am
58245	Sa	1/24-3/14	10:30-11:00am
58246	Sa	1/24-3/14	11:05-11:35am

Ages 3.5-4

## Tot Soccer

Little tykes enjoy running and kicking just like the big kids! Encourages large motor skill development through fun soccer games and introduces small children to the group setting. All participants receive a KLS jersey. Shin guards are required after the first meeting.

**Location:** Ken Mercer Sports Park Skate Park Turf

**Instructor:** Kidz Love Soccer Staff

9 classes   \$119R/\$131N			
58249	F	9/19-11/14	9:30-10:00am
58251	Sa	9/20-11/15	9:00-9:30am
58247	Tu	9/16-11/18*	10:10-10:40am

\*No class 11/11/14

5 classes   \$75R/\$83N			
58248	Tu	9/16-10/14	5:15-5:45pm
58250	F	9/19-10/17	5:45-6:15pm

8 classes   \$109R/\$120N			
58252	Tu	1/20-3/10	10:10-10:40am
58253	Tu	1/20-3/10	4:30-5:00pm
58254	F	1/23-3/13	9:30-10:00am
58255	F	1/23-3/13	5:00-5:35pm
58256	Sa	1/24-3/14	9:00-9:30am

LOOK FOR THESE ICONS FOR FALL AND WINTER BREAK CAMPS:



FALL CAMP



WINTER CAMP

Ages 4-5

## Pre Soccer

Teaches the basic techniques of the game and builds self-esteem through participation and fun soccer activities. Children learn to follow instructions in a nurturing, age appropriate environment. All participants receive a KLS jersey. Shin guards are required after the first meeting.

**Location:** Ken Mercer Sports Park Skate Park Turf

**Instructor:** Kidz Love Soccer Staff

9 classes   \$119R/\$131N			
58257	Tu	9/16-11/18*	10:40-11:15am
58258	Tu	9/16-11/18*	3:10-3:45pm
58260	F	9/19-11/14	10:00-10:35am
58262	Sa	9/20-11/15	9:30-10:05am
58263	Sa	9/20-11/15	10:05-10:40am

\*No class 11/11/14

5 classes   \$75R/\$83N			
58259	Tu	9/16-10/14	5:45-6:20pm
58261	F	9/19-10/17	5:10-5:45pm

8 classes   \$109R/\$120N			
58264	Tu	1/20-3/10	10:40-11:15am
58265	Tu	1/20-3/10	5:00-5:35pm
58266	F	1/23-3/13	10:00-10:35am
58267	F	1/23-3/13	5:00-5:35pm
58268	Sa	1/24-3/14	9:30-10:05am

Ages 5-6

## Soccer 1: Techniques & Teamwork

Players will learn dribbling, passing, receiving, shooting, age-specific defense, etc. Fun skill games are played at every session, and every participant will have a ball at his or her feet. Small sided soccer matches will be introduced gradually. All participants receive a KLS jersey. Shin guards are required after the first meeting.

**Location:** Ken Mercer Sports Park Skate Park Turf

**Instructor:** Kidz Love Soccer Staff

9 classes   \$119R/\$131N			
58270	Tu	9/16-11/18*	3:45-4:30pm
58271	F	9/19-11/14	3:40-4:25pm
58272	Sa	9/20-11/15	10:40-11:25am

\*No class 11/11/14

8 classes   \$109R/\$120N			
58273	Tu	1/20-3/10	3:45-4:30pm
58275	F	1/23-3/13	3:30-4:15pm
58276	Sa	1/24-3/14	10:05-10:50am

Ages 4-6

## Skyhawks Mini Hawk Multi Sport

This baseball, basketball, and soccer program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace.

**Location:** Harvest Park Middle School Field (Northway & Valley Avenue)

**Instructor:** Skyhawks Sports Staff

9 classes   \$98R/\$108N			
58305	Sa	9/20-11/15	9:00-9:50am
58306	Sa	9/20-11/15	10:00-10:50am
58307	Sa	9/20-11/15	11:00-11:50am

Ages 4-6

## Skyhawks Mini Hawk Camp



This baseball, basketball, and soccer program gives children a fun and positive first step into athletics. Through games and activities, campers explore balance, hand/eye coordination, and skill development at their own pace. This multi-sport camp is designed to give children a positive first step into the essentials of soccer, basketball, and baseball.

**Location:** Thomas Hart Middle School Fields

**Instructor:** Skyhawks Sports Staff

3 classes   \$102R/\$113N			
58600	M-W	11/24-11/26	9:00am-Noon
58601	M-W	12/29-12/31	9:00am-Noon



# Sports

## Ages 1.5-3

### Wee Hoop Hoopsters

This parent interactive class develops motor skills and coordination. Repetition enables children to build confidence. Organized games develop skills for listening and following directions. Participants are required to bring a size 3 ball.

**Location:** Ken Mercer Sports Park Basketball Courts  
**Instructor:** Wee Hoop Staff

9 classes   \$108R/\$119N			
58227	Th	9/11-11/6	9:30-10:05am
7 classes   \$84R/\$93N			
58229	Th	1/8-2/19	9:30-10:05am
<b>Location:</b> Harvest Park Middle School Gym			
<b>Instructor:</b> Wee Hoop Staff			
9 classes   \$108R/\$119N			
58228	Sa	9/20-11/15	9:00-9:35am



## Ages 3-4

### Wee Hoop Jump Shooters

Children will develop physical skills such as balancing on one foot and hopping. The class introduces basketball skills based upon increased coordination. Parents are encouraged to take a supportive role from the sideline. Participants are required to bring a size 3 ball.

**Location:** Ken Mercer Sports Park Basketball Courts  
**Instructor:** Wee Hoop Staff

9 classes   \$108R/\$119N			
58230	Th	9/11-11/6	10:10-10:50am
7 classes   \$84R/\$93N			
58232	Th	1/8-2/19	10:10-10:50am
<b>Location:</b> Harvest Park Middle School Gym			
<b>Instructor:</b> Wee Hoop Staff			
9 classes   \$108R/\$119N			
58231	Sa	9/20-11/15	9:40-10:20am

## Ages 4-5

### Wee Hoop Hot Shots

Emphasis is placed on developing basketball skills and learning basic rules of the game. Activities will encourage teamwork and meeting new friends. Participants are required to bring a size 3 ball.

**Location:** Ken Mercer Sports Park Basketball Courts  
**Instructor:** Wee Hoop Staff

9 classes   \$108R/\$119N			
58233	Th	9/11-11/6	10:55-11:40am
7 classes   \$84R/\$93N			
58235	Th	1/8-2/19	10:55-11:40am
<b>Location:</b> Harvest Park Middle School Gym			
<b>Instructor:</b> Wee Hoop Staff			
9 classes   \$108R/\$119N			
58234	Sa	9/20-11/15	10:25-11:10am

## Ages 5-6

### Wee Hoop Ballers

This class introduces team dynamics and incorporates game play in a fun, learning environment. Participants are required to bring a 27.5 ball.

**Location:** Harvest Park Middle School Gym  
**Instructor:** Wee Hoop Staff

9 classes   \$110R/\$121N			
58236	Sa	9/20-11/15	11:15am-12:15pm



## Ages 3-5

### Lil Baseball

Participants will learn elementary skills and the direction of the game in this exciting new program. Each class emphasizes building skills in throwing, hitting, fielding, and base running. We ensure safety with age appropriate equipment designed for your child's motor skills.

**Location:** Harvest Park Middle School T-Ball Field (Northway & Valley Avenue)

**Instructor:** Pitching Center Staff

8 classes   \$136R/\$150N			
58237	Tu	9/9-10/28	4:00-4:50pm
58238	Tu	9/9-10/28	5:00-5:50pm
58239	Th	9/11-10/30	4:00-4:50pm
58240	Th	9/11-10/30	5:00-5:50pm

# Special Interest

## Ages 3.5 to 5.5

### Jr. Earth Explorers

Join us as we learn about the amazing animals we share the planet with. We'll get down and dirty with worms, take flight with our feathered friends, and go on fossil digs to learn more about dinosaurs! Take home project or item will be included each day.

**Location:** Nature House  
**Instructor:** Kate Merlone

6 classes   \$77R/\$85N			
58586	Tu	10/7-11/11	10:00-10:45am

# Gingerbread Preschool

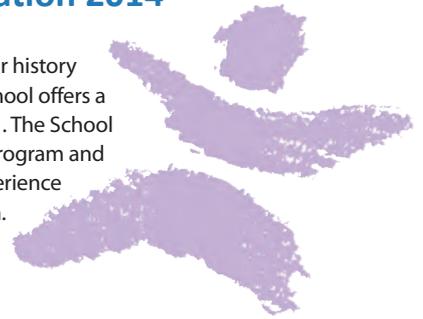
## The Gingerbread Way is PLAY!

For more detailed information about our program, or to check a class for availability, please call 925-931-3430, visit our website at [www.gingerbreadpreschool.org](http://www.gingerbreadpreschool.org) or email [gingerbread@cityofpleasantonca.gov](mailto:gingerbread@cityofpleasantonca.gov).

## School Year Fall Registration 2014

### Ages 2-5

Gingerbread Preschool has over a 40-year history in the Pleasanton community. The Preschool offers a variety of programs for children ages 2-6. The School Year program is a part-time, recreation program and provides children an opportunity to experience a classroom setting prior to kindergarten.



4333 Black Avenue • [www.gingerbreadpreschool.org](http://www.gingerbreadpreschool.org) • (925) 931-3430

### Gingersnaps Class

Gingersnaps classes are full for the Fall 2014 session.



### 3-year old Class

Requirements: All new students must be 3 years of age on or before December 2, 2014.

**Child must be toilet proficient.**

The 3-year old class presents a warm and loving learning environment designed to help facilitate your child's growth and development. The class presents fun hands-on learning experiences and supports each child in building competency in social-emotional skills, self help skills and learning skills.

21 classes | \$394R/\$433N

58094	Tu/Th	9/9-11/20	8:40-11:10am
58095	Tu/Th	9/9-11/20	8:50-11:20am
58096	Tu/Th	9/9-11/20	11:50am-2:20pm
58097	Tu/Th	9/9-11/20	12:00-2:30pm
58098	Tu/Th	9/9-11/20	12:10-2:40pm

22 classes | \$394R/\$433N

58093	Tu/Th	9/9-11/20	8:30-11:00am
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24 classes | \$450R/\$495N

58110	Tu/Th	12/2-3/12	8:30-11:00am
58111	Tu/Th	12/2-3/12	8:40-11:10am
58112	Tu/Th	12/2-3/12	8:50-11:20am
58113	Tu/Th	12/2-3/12	11:50am-2:20pm
58114	Tu/Th	12/2-3/12	12:00-2:30pm
58115	Tu/Th	12/2-3/12	12:10-2:40pm

### 4-year old Class

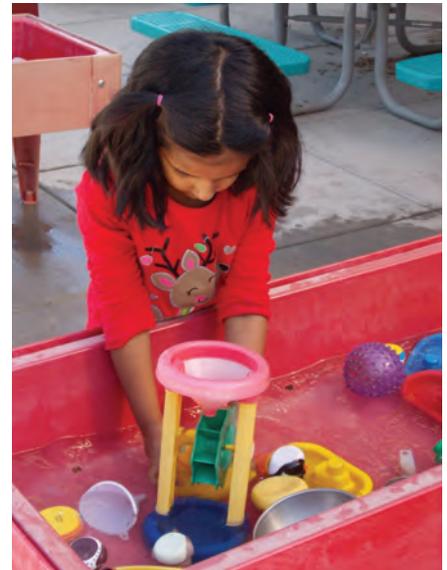
Requirements: All students must be 4 years of age on or before December 2, 2014.

**Child must be toilet trained.**

The four-year-old class imparts the love of learning. Routines and activities are presented that will provide a strong foundation to build upon. Class focus is on developing positive communication skills, social-emotional skills, peer relationships, and self regulation skills through the daily classroom routine and activities. Also introduced are a variety of skills and concepts such as: problem solving, letter and number recognition, cutting, gluing, coloring, pre-writing skills and writing skills.

33 classes | \$619R/\$681N

58099	M/W/F	9/8-11/21	8:30-11:00am
58100	M/W/F	9/8-11/21	8:40-11:10am
58101	M/W/F	9/8-11/21	8:50-11:20am
58102	M/W/F	9/8-11/21	11:50am-2:20pm
58103	M/W/F	9/8-11/21	12:00-2:30pm
58104	M/W/F	9/8-11/21	12:10-2:40pm
58116	M/W/F	12/1-3/13	8:30-11:00am
58118	M/W/F	12/1-3/13	8:50-11:20am
58119	M/W/F	12/1-3/13	11:50am-2:20pm
58120	M/W/F	12/1-3/13	12:00-2:30pm
58121	M/W/F	12/1-3/13	12:10-2:40pm
58117	M/W/F	12/3-3/13	8:40-11:10am



### Kinderpal Class

Requirements: All students must be 5 years of age on or before December 2, 2014.

**Child must be toilet trained.** *This class must meet the minimum enrollment of 7 children for the class to be offered.*

The Kinderpals class provides an extra year of preschool for social/emotional maturation. This class presents a fun and hands-on learning experience and supports each child in building competency in social and learning skills. The class is instructed using a modified emergent curriculum approach in which staff (through observation), tailor the curriculum based on the needs of each student while incorporating children's interests in a play-based, developmentally-appropriate format.

55 classes | \$1,031R/\$1,134N

58105	M-F	9/8-11/21	12:45-3:15pm
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57 classes | \$1,069R/\$1,176N

58122	M-F	12/1-3/13	12:45-3:15pm
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# The Arts

## About Debbie Wardrope

Debbie Wardrope is a Pleasanton resident who has a passion for art and painting. Her art has been recognized with many awards and she is a signature member of the Pastel Society of the West Coast. Debbie's primary medium is pastel, but she also paints in oils and acrylics. A \$20 supply fee is due at the time of registration for each course.

**Ages 5-10**

### ART ATTACK

**Location:** Firehouse Arts Center

**Instructor:** Debbie Wardrope

### Color Attack

In this art class, we'll explore color mixing, warm and cool colors, how to create tints and shades and using color to create depth in our artwork. Kids will have an in-depth experience using color while having a great time making some awesome art. Come and have a colorful art attack with us!

4 classes | \$80R/\$88N

58606 W 10/8-10/29 3:45-5:00pm

### Drawing Attack

This class makes drawing easy! Kids will discover line, shape, form, space, perspective, and shading while drawing things that are fun and creative. They'll try blind contour and upside down drawing as well as other exercises designed to build their observational skills.

4 classes | \$80R/\$88N

58605 Tu 9/9-9/30 3:45-5:00pm

### Mix It Up Attack!

Mixing media is loads of fun and so is this class, where we do all kinds of wild and crazy things with different art materials to create some great original art.

4 classes | \$80R/\$88N

58608 W 1/7-1/28 1:30-2:30pm

58609 W 1/7-1/28 3:45-5:00pm

### Paint Attack

Learn all about paint and how to use it in a variety of ways—both experimental and technical. From watercolor to acrylics and pastel, we'll learn the basics of different painting mediums and use them to paint creative and cool works of art. Come have a paint attack with us!

4 classes | \$80R/\$88N

58607 Tu 11/4-12/2 3:45-5:00pm



**Ages 6-10**

### Blast from the Past

Come and create some super cool objects from the past including retro rockets, robots, candy machines, old toys and vintage Ford and Chevy trucks. We'll be sculpting, drawing, and painting 2-D and 3-D art projects that are not only a blast to make but also give kids a glimpse into styles and design from the past.

**Location:** Firehouse Arts Center

**Instructor:** Debbie Wardrope

4 classes | \$80R/\$88N

58625 M 10/6-10/27 3:45-5:00pm

58626 Tu 10/7-10/28 3:45-5:00pm

**Ages 6-10**

### Designing Divas

If you love flowers, fashion, doodles, rainbows, kittens and all things girly, this class is for you! We'll be designing and creating all kinds of cute art projects that will dazzle your friends. From acrylic paintings on canvas to cool collage art, you'll love making and displaying all your beautiful art projects.

**Location:** Firehouse Arts Center

**Instructor:** Debbie Wardrope

4 classes | \$80R/\$88N

58627 Tu 11/11-12/2 1:30-2:30pm

58628 Tu 11/11-12/2 3:45-5:00pm

**Ages 5-10**

### Winter Art Wonderland

Love all things winter? Come join the fun as we create art all based on your favorite season. We'll be making 3-D snow-skiers, a catching snowflakes selfie, an ice skating rink with a skater that really skates, a snowman on canvas and much more! Loads of wintery fun!

**Location:** Firehouse Arts Center

**Instructor:** Debbie Wardrope

4 classes | \$80R/\$88N

58624 Tu 1/6-1/27 3:45-5:00pm

**Ages 5-10**

### FRIDAY FUN WITH ART

**Location:** Firehouse Arts Center

**Instructor:** Debbie Wardrope

### Spook-tacular Halloween Art

Want to make some haunting fun Halloween decorations? We'll be making a 4-piece pumpkin, ghost, Frankenstein and spider door hanger, a frameable collage and a lantern to light up your All Hallow's Eve using paint, cut paper and more. Lots of spooky fun!

1 class | \$25R/\$28N

58618 F 10/10 3:45-5:30pm

### Fall into Art

If you love fall, come make some great art projects using scarecrows, pumpkins and fall colors as inspiration. From a painted pumpkin canvas to a 3-D scarecrow creation, you'll have a great afternoon falling into art!

1 class | \$25R/\$28N

58619 F 11/7 3:45-5:30pm

### Christmas Creations

Make your holiday merry by creating some cool Christmas decor! From a Santa's reindeer collage to big colorfully painted Christmas trees and glowing lights pastel, we'll be making awesome art projects you'll love displaying this Christmas season.

1 class | \$25R/\$28N

58620 F 12/5 3:45-5:30pm



### Create with He-ART!

Valentine's Day is almost here and we'll be making some cute and creative painted cards, a beautiful mixed media collage with a heart theme and more. Come and create some art with heart!

1 class | \$25R/\$28N

58621 F 2/6 3:45-5:30pm

# The Arts

Ages 5-11

## YOUNG @ ART

Students visit the Harrington Gallery to learn about each exhibit, then create their own art.

**Location:** Firehouse Arts Center

**Instructor:** Debbie Wardrope and Julie Finegan



## Big and Small

Kids will visit the annual Fresh Works! juried exhibit, do a bit of judging on their own, then create a large and small artwork to reflect the variation in sizes of art in the gallery.

1 class | \$15R/\$20N

58292 Th 10/7 4:30-5:45pm

## Halloween Change-up

Kids will visit the gallery to see a large local art exhibit, select a piece that inspires them, then re-create it themselves with a seasonal or Halloween twist.

1 class | \$15R/\$20N

58287 Th 10/9 4:30-5:45pm

## A Picture's Worth...

Kids will visit the Narrative Art Exhibit "1,000 Words" and imagine the stories the artists are telling. They will then create artwork that tells a story themselves.

1 class | \$15R/\$20N

58295 Th 10/14 4:30-5:45pm

## Marvelous Mosaics

Participants will visit a beautiful mosaic exhibit in the gallery, then create a mosaic themselves upstairs in the studio.

1 class | \$15R/\$20N

58293 Th 11/13 4:30-5:45pm

## Birds of a Feather

We'll visit the Harrington Gallery to see an exhibit all about birds. In the studio, kids will create artwork with a bird theme.

1 class | \$15R/\$20N

58294 Th 2/18 4:30-5:45pm

Ages 7-12

## YOUNG REMBRANDTS

**Location:** Nature House

**Instructor:** Sadhna Sharma

## Holiday Card Making

Create your own greeting cards while learning to draw a wonderful variety of still life drawings the YR way. Highlights and shading will enhance each drawing. Join us for 3 days of challenging lessons as we refine our drawing skills and create cards.

3 classes | \$79R/\$87N

58566 M-W 11/24-11/26 10:00am-Noon



## Loveable Pets

Our students will be elated as we celebrate our cuddly freinds. We'll learn to draw a stylized aquarium graphic, detailed birdcage, and cartooning with animal friends! We will also see more realistic renderings of various household pets and we will create a wonderful pet-inspired, pastel illustration.

3 classes | \$99R/\$109N

58567 M-W 12/29-12/31 12:30-3:30pm

Ages 8-12

## Beginning Guitar

Learn cool songs by using chords, tablature and notes to get you on your way to having fun and enriching your life and the world with music! A \$5.00 supply fee is due at the time of registration.

**Location:** Nature House

**Instructor:** Debra Knox

8 classes | \$189R/\$208N

58460 M 9/8-10/27 6:00-6:55pm

58461 M 11/10-1/5\* 6:00-6:55pm

\*No class 12/22

LOOK FOR THESE ICONS FOR FALL AND WINTER BREAK CAMPS:



FALL CAMP



WINTER CAMP

Ages 6-12

## Monster Houses

Design and construct your very own monster house for your garden. Sign up for one 2-day workshop or all three! Create different style houses each time. Instructor demonstration and help offered during the class. Lots of ideas, tools and colors to choose from. First Saturday will be construction and the second Saturday will be glazing. A separate pick up date will be given on the last class meeting. A \$20 supply fee is due at the time of registration.

**Location:** Cultural Arts Center

**Instructor:** Erin Davis

2 classes | \$48R/\$53N

58542 Sa 9/20-9/27 12:30-2:00pm

58544 Sa 11/8-11/15 12:30-2:00pm

**Location:** Amador Recreation Center

58543 Sa 10/18-10/25 12:30-2:00pm

Ages 5-8

## Play 'N Clay Youth

Students will make pinch pots, coil pots, and hands and feet prints! All pieces will be fired and glazed in the colors your child chooses! A \$25 supply fee is due at the time of registration.

**Location:** Amador Recreation Center

**Instructor:** Erin Davis

6 classes | \$98R/\$108N

58533 W 9/17-10/22 4:00-5:00pm

58535 W 9/17-10/22 5:30-6:30pm

**Location:** Cultural Arts Center

58534 W 11/5-12/17 4:00-5:00pm

58536 W 11/5-12/17 5:30-6:30pm

Ages 6-11

## Young Performers

Join Jack and Annie as they stumble upon a magical tree house that transports them into a world of singing and dancing Dinosaurs! The possibilities are endless if they don't get eaten by the T-Rex first! Learn basic performance techniques, singing, dancing and acting as we bring this Magic Tree House book to life in a new musical, *Dinosaurs Before Dark!* Skill building, stage confidence and focus on the ensemble will be emphasized. Final performances: Tuesday class 1/20, Thursday class 1/22.

**Location:** Veterans Memorial Building

**Instructor:** Bay Area Children's Theatre Staff

16 classes | \$250R/\$275NR

58335 Tu 10/7-1/20\* 4:30pm-6:00pm

\*No class 11/11, 11/25, 12/23, 12/30

58338 Th 10/9-1/22\* 4:30pm-6:00pm

\*No class 11/27, 12/25, 1/1

# Special Interest

Ages 6-12

## Game Design for Advanced Developers

Students learn new game design techniques, including multiple character animations and movement options, platform-style games, and multiple game genres. Students will animate their characters and lead them through multiple-level platform games, based on an original game concept designed by the students.

**Location:** Nature House

**Instructor:** Freshi Media Staff

8 classes   \$135R/\$149N			
58588	Th	10/2-11/20	3:30-4:45pm

Ages 8-12

## Game Design: Beginning to Advanced

Improve your skills and impress friends and family with your unique video game!

Advanced gamers learn new game design techniques including multiple character animations, movement options, platform-style games & multiple game genres. Beginners work in pairs and are introduced to fundamental game design elements, including character creation, background design & building a complete video game level. All students will have a completed game by the end of class.

**Location:** Nature House

**Instructor:** Freshi Media Staff

8 classes   \$140R/\$154N			
58590	W	10/15-12/3	3:30-4:45pm

Ages 6-16

## Hip Hop/Break Dance Class

This class is designed for dancers with no prior experience and it includes a warm-up, hip hop and break-dance progressions, and a short routine. The focus is placed mostly on style and loosely on technique. This class also helps build self-esteem and confidence. Wear sweat pants/shorts/jeans and comfortable athletic shoes.

**Location:** Amador Recreation Center

**Instructor:** Ali Kenyatta

14 Classes   \$188R/\$207N			
58662	F	9/12-1/30	4:00-5:00pm
58663	F	9/12-1/30	5:00-6:00pm

Ages 6-12

## Introduction to Video Game Design

Learn to create a unique and interactive video game! Beginning game developers work in pairs to conceive, design and build their own original computer game. Everything game created is original to the team, and students use creative and critical thinking to complete their games.

**Location:** Nature House

**Instructor:** Freshi Media Staff

8 classes   \$135R/\$149N			
58589	M	9/29-11/17	3:30-4:45pm



Ages 6-12

## Berkeley Chess School

Chess is fun and easy to learn! If you are new to chess or polishing your skills, come develop your understanding and enjoyment of the king of games! Lessons and play combine the skills of thinking with the thrill of sport. Berkeley Chess School has been teaching State Chess Champions since 1982.

**Location:** Amador Recreation Center

**Instructor:** Berkeley Chess School

10 classes   \$180R/\$198N			
58472	W	9/3-11/5	3:30-4:30pm

Ages 6-10

## Secret Agent Lab

Step into the shoes of a detective, of a spy, of a sleuth to uncover the science involved in these professions. Create, collect and analyze evidence and discover what skills are necessary as a crime scene lab technician. Take home a spy tool each day!

**Location:** Pleasanton Senior Center

**Instructor:** Kate Merlone

8 classes   \$99R/\$109N			
58585	W	10/1-11/19	4:00-5:00pm

Ages 6-14

## Public Speaking and Debates

This is a combo class of Public Speaking with Confidence and Essentials of Debating. It focuses not only on delivery and presentation skills but also provides foundation of critical thinking and the essentials of debating.

**Location:** Nature House

**Instructor:** Bay Area Debate Club Staff

8 classes   \$160R/\$176N			
58580	W	9/10-10/29	4:30-6:30pm
58581	W	11/12-1/21*	4:30-6:30pm

\*No class 12/24, 12/31

Ages 7-12

## Young Creators: Filmmaking

Learn the secrets of filmmaking in an engaging atmosphere! Using handheld video cameras and editing software, students produce an original film. Students learn skills in production, directing, story development, acting and more! Films can be uploaded on a flash drive and shared with friends and family

**Location:** Amador Recreation Center

**Instructor:** Freshi Media Staff

8 classes   \$135R/\$149N			
58584	Tu	9/30-11/18	3:30-4:45pm

Ages 9-16

## Kurukula Girls Empowerment

Kurukula is a dynamic empowerment program in which girls will develop healthy body image, inner strength, self-esteem and the tools to build healthy peer relationships. Classes incorporate fun assertiveness games and creative self-defense role plays to build these essential skills. All participants get a Kurukula T-shirt.

**Location:** Amador Recreation Center

**Instructor:** Kurukula Staff

9 classes   \$99R/\$109N			
58559	Th	9/4-10/30	3:45-4:30pm
<b>Location:</b> Cultural Arts Center			
58560	Th	11/6-1/29	3:45-4:30pm

\*No class 12/25, 1/1



# Sports

Ages 6-13

## Championship Basketball Camp



This camp is for players of all skill levels and emphasizes fundamental skills such as ball handling, passing, dribbling, footwork, shooting, rebounding, and defense. Importance is placed on teamwork, discipline, sportsmanship, and enjoyment of the game. Instruction is provided by Dougherty Valley High School's boys varsity basketball coach, Mike Hansen.

**Location:** Pleasanton Middle School Gym

**Instructor:** Mike Hansen

3 classes   \$135R/\$149N			
58598	M-W	11/24-11/26	9:00am-2:00pm

Ages 8-11

## Club VIP Youth Volleyball Camp



The intent of this camp is to expand on basic skills. They will go beyond how to pass, set, serve and spike in a fun atmosphere. Everyone in the camp will receive a camp t-shirt.

**Location:** Pleasanton Middle School Gym

**Instructor:** Ted Babu

3 classes   \$90R/\$99N			
58285	M-W	12/29-12/31	1:00-4:00pm

Ages 8-11

## Club VIP Youth Volleyball

The intent of this class is to work with interested players and teach them the basics of volleyball. Participants will learn how to pass, set, serve and spike in a fun atmosphere.

**Location:** Pleasanton Middle School Gym

**Instructor:** Ted Babu

4 classes   \$55R/\$61N			
58281	M	9/8-9/29	5:30-6:30pm
58282	M	10/6-10/27	5:30-6:30pm
58283	M	11/10-12/8*	5:30-6:30pm
58284	M	1/5-1/26	5:30-6:30pm

\*No class 11/24



Ages 7-10

## Kidz Love Soccer

### Soccer 2: Skillz & Scrimmages

Kidz will enjoy advanced skill building: dribbling, passing and shooting in a team play format. Each class will focus on scrimmages that emphasize application of finer technical points. All levels are welcome to come enjoy the world's most popular game! All participants receive a KLS jersey! Shin guards are required after the first meeting.

**Location:** Ken Mercer Sports Park Skate Park Turf

**Instructor:** Kidz Love Soccer Staff

9 classes   \$119R/\$131N			
58274	Tu	9/16-11/18*	4:30-5:15pm
58277	F	9/19-11/14	4:25-5:10pm
58278	Sa	9/20-11/15	11:25am-12:10pm

\*No class 11/11/14

8 classes   \$109R/\$120N			
58279	F	1/23-3/13	4:15-5:00pm
58280	Sa	1/24-3/14	10:50-11:35am

Ages 10-13

## Soccer Rec League

Get your kicks in during non-competitive match play. New teams are formed weekly to encourage individual player development, variety and the opportunity to work with different players. All levels are welcome to come enjoy the world's most popular game! All participants receive a KLS Jersey! Shin guards required.

**Location:** Ken Mercer Sports Park Adult Softball Complex

**Instructor:** Kidz Love Soccer Staff

6 classes   \$88R/\$97N			
58269	Tu	9/9-10/14	5:15-6:15pm

Ages 7-12

## Skyhawks Flag Football Camp



Through our skill of the day, campers will learn skills on both sides of the ball including the core components of passing, catching, and de-flagging of defensive positioning. Camp ends with the Skyhawks Turkey Bowl.

**Location:** Thomas Hart Middle School Field

**Instructor:** Skyhawks Sports Staff

3 classes   \$102R/\$113N			
58602	M-W	11/24-11/26	9:00am-Noon

Ages 7-12

## Skyhawks



### Multi-Sport Camp

These camps are tailored to each camper's age and skill level while teaching life lessons such as respect and teamwork. Athletes will learn the rules and essential skills of each sport (soccer, baseball, and basketball).

**Location:** Thomas Hart Middle School Field

**Instructor:** Skyhawks Sports Staff

3 classes   \$102R/\$113N			
58603	M-W	11/24-11/26	9:00am-Noon
58604	M-W	12/29-12/31	9:00am-Noon

Ages 7-12

## Skyhawks Basketball

This fun, skill-intensive program is designed for beginning to intermediate athletes. Participants will focus on passing, shooting, dribbling, and rebounding.

**Location:** Harvest Park Middle School Gym

**Instructor:** Skyhawks Staff

7-9 yrs

9 classes   \$139R/\$153N			
58701	Sa	9/20-11/15	9:00-10:20am

9-12 yrs

9 classes   \$139R/\$153N			
58702	Sa	9/20-11/15	10:30-11:50am

LOOK FOR THESE ICONS FOR FALL AND WINTER BREAK CAMPS:



FALL CAMP



WINTER CAMP

Disney  
**MY SON PINOCCHIO JR**

**Auditions**

See page 5 for details.

# Exercise & Wellness

**Ages 6-12**

## Taekwon-Do

Taekwon-Do is a Korean style of martial art, utilizing hand and foot techniques. The objective of the class is to promote health, fitness, and fundamental self-defense. The class will teach discipline, self-control, and self-confidence in a fun and stimulating environment.

**Location:** Jue's Taekwon-Do Studio

**Instructor:** Gordon Jue

18 classes | \$270R/\$297N

58429 Tu 9/2-1/27\* 5:00-6:00pm

\*No class 12/23, 12/30

**Ages 8-18**

## Archery

This camp is designed for any level of archer looking to shoot bow & arrows at international targets. Shooting game, target archery, proper technique, and safety will be embedded within the course. Equipment is provided.

**Location:** Valley View Elementary School Multi-Purpose Room

**Instructor:** Brent Miller

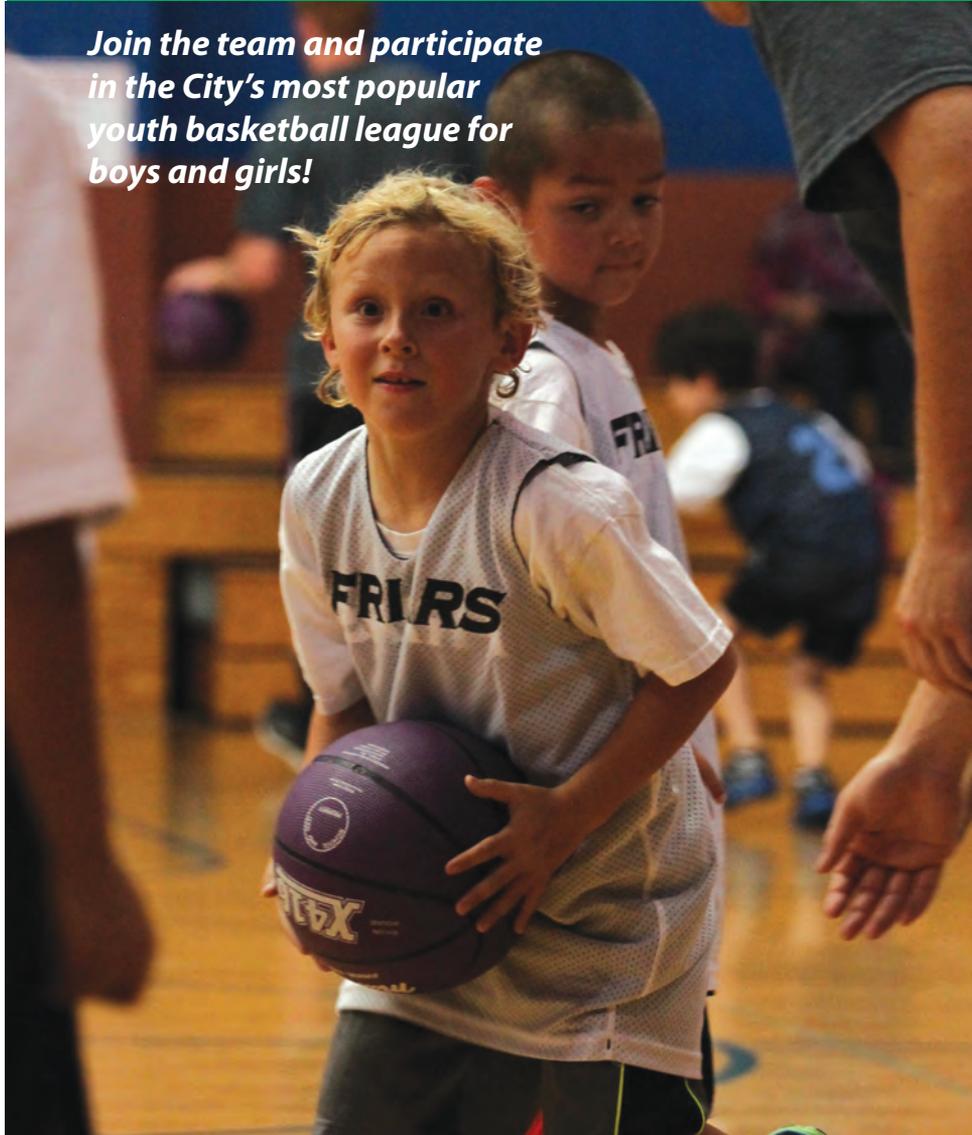
3 classes | \$120R/\$132N

58311 Tu-Th 10/14-10/16 4:00-6:00pm



# Pleasanton

Join the team and participate in the City's most popular youth basketball league for boys and girls!



The Pleasanton Youth Basketball (PYB) League is a recreational league for youth, grades 1-12 (as of Fall 2014). Participants will learn and improve their basketball skills, make new friends, and learn what it means to be part of a team. All skill levels welcomed!

- Pleasanton residents only
- Registration fee is \$125, which includes a jersey, practice time and league participation
- Leagues are separated by grade and gender
- Practices will be once a week (days and times are based on volunteer coach's availability) beginning the week of 11/17
- Games are held on Saturdays at the three Middle School Gyms in Pleasanton.
- Games begin December 6
- Space is limited—early registration is encourage!

# Youth Basketball (PYB)

## Registration—Open to Pleasanton Residents Only

There are 3 ways you can register:

**Online registration begins 7/30/14:** Visit

www.pleasantonfun.com. You may pay online with credit card.

**Mail-in registration begins 8/6/14:** Mail your completed registration form and check for \$125 (payable to the City of Pleasanton) to: City of Pleasanton, P.O. Box 520, Pleasanton, CA 94566.

**Walk-in registration begins 8/16/14:** Go to the Community Services Department at 200 Old Bernal Avenue with a completed registration form and pay by cash, check or credit card.

**Registration Deadline is  
Wednesday, September 17, 5:00pm**

## PYB Course Codes

Boys—Grade	Code	Girls—Grade	Code
Grade 1	<b>58313</b>	Grade 1	<b>58322</b>
Grade 2	<b>58314</b>	Grade 2	<b>58323</b>
Grade 3	<b>58315</b>	Grade 3	<b>58324</b>
Grade 4	<b>58316</b>	Grade 4	<b>58325</b>
Grade 5	<b>58317</b>	Grade 5	<b>58326</b>
Grade 6	<b>58318</b>	Grade 6	<b>58327</b>
Grade 7	<b>58319</b>	Grade 7	<b>58328</b>
Grade 8	<b>58320</b>	Grade 8	<b>58329</b>
Grade 9-12	<b>58321</b>	Grade 9-12	<b>58330</b>

## PYB Mail-in Registration Form Only

Course Code (see table above): \_\_\_\_\_

Last Name \_\_\_\_\_ First Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Age \_\_\_\_\_ DOB \_\_\_\_\_ Height \_\_\_\_\_ Weight \_\_\_\_\_ Sex \_\_\_\_\_ Grade (Fall 2014) \_\_\_\_\_  
Feet Inches

School Attending \_\_\_\_\_ Parent's Phone \_\_\_\_\_

(Check one) Jersey Size: YS \_\_\_\_\_ YM \_\_\_\_\_ YL \_\_\_\_\_ AS \_\_\_\_\_ AM \_\_\_\_\_ AL \_\_\_\_\_ AXL \_\_\_\_\_

Describe any prior basketball experience (i.e. played PYB, CYO and/or on a school team): \_\_\_\_\_

## Interest In Coaching

Volunteer coaches are critical to the success of the PYB program. The commitment is 2-hours per week. Please indicate below if you're interested in coaching a team and helping youth in our community. Your child will be placed on your team.

Name \_\_\_\_\_ Email \_\_\_\_\_

Phone: \_\_\_\_\_

Practices are held one night a week in addition to Saturday games.

## Special Friend Requests

Only one (1) request will be considered. Friend request **MUST** be mutual. Requesting a coach or coach requesting a player(s) is not allowed unless a head coach is requesting the assistant coach's child. City staff will make every attempt to honor requests that are appropriate, but there are no guarantees. 1) \_\_\_\_\_

I, (we) parent(s) or legal guardian(s) of the above named child do hereby agree and consent to his/her participation on the City of Pleasanton's Youth Basketball (PYB) League.

Parent/Guardian Signature \_\_\_\_\_ Date Signed \_\_\_\_\_

**Mail this form to: Community Services Department: PYB, P.O. Box 520, Pleasanton, CA 94566**



# Events • The Arts

## 2nd Annual Holiday Youth MUSIC FESTIVAL

### All Ages

Enjoy musical performances and a storyline inspired by everyone's favorite holiday "scrooge". A variety of songs and music will help color the youth and teen version of this timeless tale.

**SATURDAY, NOVEMBER 29th  
at 2:00pm**

FIREHOUSE ARTS CENTER | DIRECTOR: MARK DUNCANSON

**Tickets: go to [www.FirehouseArts.org](http://www.FirehouseArts.org)  
or call 925-931-4848**



### Youth Music Festival Holiday Variety Show Auditions! Ages 10-18

Youth and teen musicians, vocalists, bands, and actors are encouraged to audition for this teen-scrooge-themed holiday youth music festival.

**Online Audition Submissions: Wednesday 8/6 to Wednesday 8/27**

**For more information on how to submit your web-based audition, visit <http://www.firehousearts.org/programs/teen-programs>.**

## 90s YOUTH MUSIC FESTIVAL

Scheduled to perform Saturday, March 21, 2015, 2:00pm & 7:00pm

### Auditions

**Youth and Teens Ages 10-18**

Time to tell the story of the 90's through music and an insane amount of pop culture references. Youth and teen musicians, vocalists, and bands are encouraged to audition online or live. Selected bands will be asked to act as the Festival's house band, learning songs to back up other selected performers.



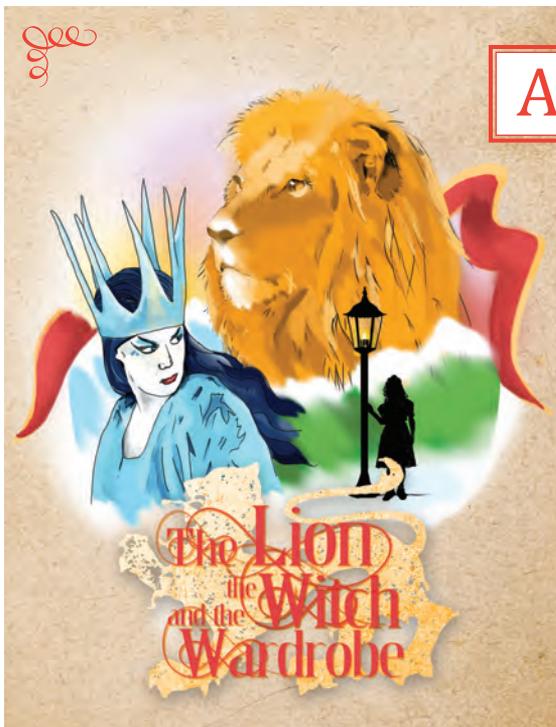
**Online Submit Auditions:** Wed., 11/5 to Wed., 12/3

**Live Auditions\*:** Sat., 11/5

Bands 10:00am-2:00pm | Vocalists & Soloists 2:40-3:55pm

*\*All performers must be assigned an audition slot, no walk-up please*

**For complete audition, volunteer details and more information visit [www.firehousearts.org/programs/teen-programs](http://www.firehousearts.org/programs/teen-programs)**



## AUDITIONS

Coming to the  
Firehouse Arts Center  
Friday, Saturday,  
and Sunday  
March 6-March 15

This story of love, faith, courage and giving, with its triumph of good over evil, is a true celebration of life. All the memorable episodes from the story are represented in this intense action performance featuring chases, duels and escapes. The supporting characters are also here: the unicorn, the centaur and other forest animals, along with Father Christmas, Mr. and Mrs. Beaver and Tumnus the Faun.

Audition packet will be available online at [www.firehousearts.org/programs/ca-stage-co](http://www.firehousearts.org/programs/ca-stage-co) starting Friday 12/5. To sign-up to audition, please email [civicarts@bactheatre.org](mailto:civicarts@bactheatre.org).

<b>Auditions</b>	<b>Call Backs</b>	<b>Rehearsals*</b>
Tu 1/6 & W 1/7 4:00-8:00pm	Th 1/8   4:00-8:00pm	Su, Tu, Th 1/13-3/5   4:30-7:30pm

Staging rehearsals will start the week of 2/23 including Wednesday 2/25  
"Tech" rehearsals will run 4-9pm 3/1-3/5 including Monday 3/2



# Events • The Arts

Ages 12-17

## Youth Wheel Throwing

All levels welcome, no experience required. Class will cover basic throwing skills. A \$45 supply fee is due at the time of registration.

**Location:** Cultural Arts Center

**Instructor:** Erin Davis

6 classes   \$136R/\$150N				
58521	M	9/15-10/20	5:00-7:00pm	
58522	M	11/3-12/15	5:00-7:00pm	

Ages 13-17

## Beginning Guitar for Teens

Learn cool songs by using chords, tablature and notes to get you on your way to having fun and being the life of the party with music! Visit [www.debraknox.com](http://www.debraknox.com) for more information. A \$5 supply fee is due at the time of registration.

**Location:** Nature House

**Instructor:** Debra Knox

8 classes   \$189R/\$208N				
58462	M	9/8-10/27	7:00-7:55pm	
58463	M	11/10-1/5*	7:00-7:55pm	

\*No class 12/22

## Creatures of Impulse Teen Improv Troupe

### AN INTERACTIVE HOLIDAY IMPROV SHOW!

Director: Mark Duncanson

HOLIDAY  
SHORTS:

## A Long Winters' Tale

A Firehouse Arts Center Holiday Tradition!  
Audience participation will inspire holiday-themed games, scenes, and improv fun in the first act and an entire improvised "play" in the second act.

**Thursday, 12/4 &**

**Friday 12/5**

**7:30pm**

For tickets, visit

[www.firehousearts.org](http://www.firehousearts.org)

or (925) 931-4848



# 6TH GRADE ONLY— HALLOWEEN DANCE!





**Mark your Calendar!  
Costume Contest, Prizes,  
Games and More!**

Refreshments will be served  
Friday, October 24, 2014 • 6:30–9:30pm  
Amador Recreation Center  
Must Preregister—\$10.00 | Code 58454  
Info: (925) 931-3434

Register online or at Gingerbread Preschool, 4333 Black Ave, only until 6:30pm day of the dance. No tickets will be sold at the door. Pleasanton residents only. Must bring student ID to enter the dance. Pleasanton Unified School District Dress Code enforced.  
Sponsored in partnership with the City of Pleasanton and the YMCA



Ages 11-14



## Middle School Night Out UGLY SWEATER PARTY

Gather your friends and head over to the Amador Rec Center for some holiday fun! Wear your ugliest holiday sweater for a chance to win a prize!  
Must pre-register. Spaces Limited!  
For info, please contact the Youth & Teen Staff—925.931.3434  
Code 58455

### December 5 • 6:30-9:00pm

# Creatures of Impulse



**Creatures of Impulse Improv Troupe Wins Award of Excellence**  
Join the award-winning Creatures of Impulse (COI) Teen Improv Program for another award-winning season of shows, classes, and workshops!



## IMPROV FOR TEENS

Creatures of Impulse's Teen Improv Classes are designed to give participants a fun, age-appropriate, and professional experience in theatrical improvisation.

**Ages 10-14**

### COI Middle School Phase I

Students in COI Phase I will learn the basics of improv including the Yes, and . . . principle, making their fellow improviser look good, building on the ideas of others, and letting go of one's own ego. Learning through scene work and improv games is the focus of this session.

**Location:** Firehouse Arts Center

**Instructor:** Jeff Zavattero

3 classes   \$74R/\$82N			
58339	F	10/31-11/14	4:00-6:00pm



**Ages 10-14**

### COI Middle School Phase II

**Prerequisites:** COI Middle School Phase I, Pleasanton Teen Improv Camp  
Students in Phase II will build in principles in Phase I and enhance their performance skills by adding space object work and using your "where"; both aspects help actors create places and things on stage without props and sets on stage. A short culminating in-class performance is scheduled for the last class.

**Location:** Firehouse Arts Center

**Instructor:** Jeff Zavattero

4 classes   \$99R/\$109N			
58342	W	1/14-2/4	4:00-6:00pm

**Ages 14-18**

### Improv Games Intensive

Performing great improv isn't about trying to be funny; it's great scene work, great hosting, and connecting with your cast mates. Learn new improv games, new ways to play games, and the essentials of great scene work that leads to excellent game play. Great for high school improv teams, team captains, and teens interested and starting their own improv troupe.

**Location:** Firehouse Arts Center

**Instructor:** Mark Duncanson

1 class   \$40R/\$47N			
58341	Sa	1/17	1:00-5:00pm

**Ages 14-18**

### Improv Horror Workshop

Learn what goes into performing an improvised horror show like Creatures of Impulse. Space object work, improvised narrative long-form, and horror genre work will be the focus of this workshop.

**Location:** Firehouse Arts Center

**Instructor:** Mark Duncanson

1 class   \$30R/\$37N			
58340	Sa	10/11	10:00am-1:00pm

Teens

**Auditions**

See page 5 for details.

## "Nightmare"

**A live improvised horror show!**

## Creatures of Impulse, Teen Improv Troupe

Best for audiences age 14 and up

It's *Nightmare's* 5th season at the Firehouse Arts Center! Celebrate the opening of the Creatures of Impulse season by seeing all three nights of the only improvised teen horror show in the Bay Area. Audiences 14 and older can join us for a special 9:00pm performance of *Nightmare* on Halloween night!

Director: Mark Duncanson

**Thursday, 10/30 at 7:30pm**  
**Saturday, 11/1 at 7:30pm**

*Special late night anniversary performance—14 and up only*

**Friday, 10/31 at 9:00pm**  
**Firehouse Arts Center**



For tickets, visit  
[www.firehousearts.org](http://www.firehousearts.org)  
or (925) 931-4848

# Special Interest • Sports

**Ages 11-14**

## Maximizing Your Strength as a Leader

Gain the skills and capabilities to become an effective leader—immediately! Learn about leadership styles, communication, managing conflict, people-reading and group culture. Master a quantitative, immediately applicable framework to build peer relationships, create positive connections with adults, increase your personal power and open new doors to opportunities. For more information, visit [www.triplepointadvisors.com](http://www.triplepointadvisors.com). A \$10 supply fee due at time of registration.

**Location:** Nature House

**Instructor:** Gauri Reyes

<b>1 class   \$145R/\$160N</b>			
58568	Sa	9/20	9:00am-3:00pm
<b>2 classes   \$145R/\$160N</b>			
58569	Tu/Th	11/4-11/6	4:00-7:00pm

**Ages 11-18**

## Essential Communication Skills

How many times has someone gotten upset with you because they misunderstood your intentions or misread your tone, mood, or approach? Prevent confusion by sharpening your communication skills and get results with friends, family, teachers—everyone in your life. Move beyond simple talking and listening, and learn the art of negotiation and persuasion. For more information, visit [www.triplepointadvisors.com](http://www.triplepointadvisors.com). A \$10 supply fee due at time of registration.

**Location:** Nature House

**Instructor:** Gauri Reyes

**Ages 11-14**

<b>1 class   \$145R/\$160N</b>			
58572	Sa	10/4	9:00am-3:00pm
<b>2 classes   \$145R/\$160N</b>			
58573	Tu/Th	12/2-12/4	4:00-7:00pm

**Ages 14-18**

<b>1 class   \$145R/\$160N</b>			
58570	Sa	10/18	9:00am-3:00pm
<b>2 classes   \$145R/\$160N</b>			
58571	Tu/Th	12/9-12/11	4:00-7:00pm

LOOK FOR THESE ICONS FOR FALL AND WINTER BREAK CAMPS:



FALL CAMP



WINTER CAMP

**Ages 10-14**

## Babysitting for Beginners

Learn the skills needed to be a trusted and responsible babysitter. Learn all about child development, bedtime strategies, discipline, how to get jobs, and ways to make babysitting fun for you and the kids. Basic first aid, general safety and what to do in an emergency will also be covered. Participants are encouraged to bring a snack.

**Location:** Nature House

**Instructor:** Debra Knox

<b>1 class   \$48R/\$53N</b>			
58466	Su	11/16	9:00am-2:30pm
58467	Su	1/18	9:00am-2:30pm



**Ages 12-14**

## CLUB VIP VOLLEYBALL

**Location:** Pleasanton Middle School Gym

**Instructor:** Ted Babu

### Club VIP Beginner Volleyball

The intent of this class is to teach participants the basics of volleyball. Focus will be on passing, setting, serving, and spiking in a fun atmosphere.

<b>4 classes   \$55R/\$60N</b>			
58288	M	9/8-9/29	5:30-6:30pm
58289	M	10/6-10/27	5:30-6:30pm
58290	M	11/10-12/8*	5:30-6:30pm
58291	M	1/5-1/26	5:30-6:30pm

\*No class 11/24

### Club VIP Intermediate Volleyball

The intent of this class is to fine-tune the basic volleyball techniques and to help build confidence for young athletes. Participants will have the opportunity to develop basic skills and know how to apply them in real scrimmaging situations.

<b>4 classes   \$55R/\$60N</b>			
58296	M	9/8-9/29	6:30-7:30pm
58297	M	10/6-10/27	6:30-7:30pm
58298	M	11/10-12/8*	6:30-7:30pm
58299	M	1/5-1/26	6:30-7:30pm

\*No class 11/24

## Club VIP Teen



### Volleyball Camp

The intent of this camp is to expand on players volleyball fundamental skills. Participants will learn team concepts in a fun atmosphere. All campers receive a t-shirt.

<b>3 classes   \$90R/\$99N</b>			
58304	M-W	12/29-12/31	1:00-4:00pm

### Club VIP Teen Volleyball Training

Our program will be structured for volleyball players that want a better understanding of court orientation and teamwork.

<b>4 classes   \$55R/\$60N</b>			
58300	M	9/8-9/29	7:30-9:00pm
58301	M	10/6-10/27	7:30-9:00pm
58302	M	11/10-12/8*	7:30-9:00pm
58303	M	1/5-1/26	7:30-9:00pm

\*No class 11/24

**Ages 14-16**

## Kidz Love Soccer Rec League

This league features non-competitive match play. New teams are formed weekly to encourage individual player development, variety and the opportunity to work with different players. All levels are welcome. Participants receive a KLS Jersey! Shin guards are required.

**Location:** Ken Mercer Sports Park Adult Softball Complex

**Instructor:** Kidz Love Soccer Staff

<b>6 classes   \$88R/\$97N</b>			
58286	F	9/12-10/17	5:15-6:15pm



All Ages  
**Alviso Adobe Community  
Park Tour**

Have you ever wondered what's going on at the Alviso Adobe Community Park? Now is your chance to find out! Join us for a docent-led historical tour of the park in which you will explore the buildings and grounds.

**Location:** Alviso Adobe Community Park  
**Instructor:** Environmental Ed. Staff

**1 class | \$2 donation requested**

First Sunday of each month      11:00am-Noon

**CONTACT US**

**Eric Nicholas, Naturalist**  
enicholas@cityofpleasantonca.gov

**Megan Kummer, Assistant Naturalist**  
mkummer@cityofpleasantonca.gov  
Office Line: 931-3479

Visit our website:  
[www.pleasantonadobe.com](http://www.pleasantonadobe.com)



Like us on Facebook:  
Fiona Pleasanton

**Natural World Programs**

Natural World programs include offerings for all age groups. Classes noted **Family Fun** are intended for the entire family and the parents are FREE. Pre-registration is required for all programs.

# Farm Life

Explore Pleasanton's rich agricultural past! Classes provide numerous hands-on opportunities to explore the rich traditions of farmers past and present.

**Ages 5-12**

**Abbey 4-H Presents—Rabbits!**

They're little, fuzzy and warm . . . and oh, so cute! Learn about the life of rabbits and their care from members of the Abbie 4-H Rabbit Group—and come face-to-face with some of these furry friends!



**Location:** Alviso Adobe Community Park  
**Instructor:** Abbey 4-H

**1 class | Free**

**58490**    Sa    9/13    11:00am-12:00pm

**Ages 4-12**

**Butter Making**

Where does butter come from? Our friend the dairy cow, of course! In this program, we'll trace a day in the life of a cow at the Meadowlark Dairy and make some butter to enjoy.

**Location:** Alviso Adobe Community Park

**Instructor:** Eric Nicholas

**1 class | \$3R/\$6N**

**58491**    Sa    11/22    11:00am-Noon

# Nature Day Camp



**Ages 6-12**

**Winter Ramblers Nature Day Camp**

Come out to the Alviso Adobe Community Park for some winter fun! The ramblers

learn all about nature with some very cool history added. This camp is going to be the place to chill without the brrr of winter. Crafts, skills and games will keep you warm and toasty! Bring a lunch.

**Nature Day Camp at Alviso Adobe  
Community Park**

**Instructor:** Eric Nicholas

**3 classes | \$116R/\$128N**

**58496**    M-W    12/29-12/31    9:00am-3:00pm



**New!**



# EXPLORATION BACKPACKS

Discover the Alviso Adobe in new ways with Exploration Backpacks! Each backpack has a different theme and includes games, activities, and fun information about the park and its past inhabitants. Backpack themes include the Rancho period, the Meadowlark Dairy period, and animal tracking and birding. Backpacks are **free** to use and available in the AACP Milking Barn. What will you find when you explore the Alviso Adobe Community Park?

# Special Events

Ages 6 and up **Family Fun**

## Alviso Adobe Winter Faire

Celebrate Winter and the holiday season at the Alviso Adobe Winter Faire! Create natural holiday wreaths and old-fashioned ornaments, make holiday gifts for family and friends, and decorate the park with winter treats for the animals. There will also be an opportunity to have your picture taken with SANTA! Light refreshments will be provided.

**Location:** Alviso Adobe Community Park

**Instructor:** Eric Nicholas

1 class | \$15R/\$18N

58501	Sa	12/20	10:00am-Noon
58502	Sa	12/20	2:00-4:00pm

Ages 5-11

## National Audubon Society's Winter Bird Count

Join us as we get a beak-full of information about our fine feathered friends. We will gain knowledge of the tools and skills needed to view our local feathered residents as we participate in the Audubon's winter bird count. Dress with the weather in mind.

**Location:** Alviso Adobe Community Park

**Instructor:** Eric Nicholas

1 class | \$3R/\$6N

58493	Sa	12/6	11:00am-Noon
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Ages 5-11

## Worm Farm

Worms are a very important part of the ecosystem. They break down dead matter and aerate our soil. Explore the world of worms as you create a worm farm to take home.

**Location:** Alviso Adobe Community Park

**Instructor:** Megan Kummer

1 class | \$3R/\$6N

58494	Sa	1/24	11:00am-Noon
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Ages 8 and up

## 4-H Archery Presentation

**New!**

Trace the origins of the bow and arrow back tens of thousands of years—and find out about this popular sport today! Learn about the history, equipment and technique from Abbie 4-H Archery Group members – and try your hand at stringing a bow!

**Location:** Alviso Adobe Community Park

**Instructor:** Abbie 4-H Archery Group

1 class | Free

58671	Su	9/21	2:00-3:00pm
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Ages 4 and up

## California Newt Festival

**Family Fun**

Who newt they were here in Pleasanton? Come explore the forest with our naturalist and discover the life of these wonderful amphibians; learn about their habits, what they eat and who is trying to eat them. Dress with the weather in mind; boots and rain gear might be wise.

**Location:** Augustin Bernal Park

**Instructor:** Eric Nicholas

1 class | \$5R/\$8N

58495	Sa	1/10	2:00-5:00pm
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# Fall Festival



Our 5 year anniversary celebration last year was so much fun, we thought we'd celebrate again this year!



**Saturday, October 11, 2014**  
**11:00am-3:00pm**

Join us for our first annual  
Fall Festival featuring activity  
stations, live music, and entertainment!  
at Alviso Adobe Community Park



## Pleasanton Trails

Get outside and explore one of Pleasanton's picturesque trails or parks. Here is a little information about a few of the trails in the city of Pleasanton!

### Marilyn Murphy Kane

The Marilyn Kane Trail lies within the City owned 318-acre Bernal property. The 1.4-mile long trail follows the Arroyo de la Laguna from the trail staging area, southward to Bernal Canal, then northeast along the Bernal Canal to Valley Avenue. Marilyn Murphy Kane trail features stunning views of the Ohlone Wilderness to the south, Mt. Diablo to the north and Pleasanton Ridge to the west. Benches are placed along the trail at view sites. Prominent features in the southwest corner of the trail and in the southeast corner of Lagoon Drive and Valley Avenue are large man-made retention basins which are homes to ducks, geese and many other birds.



### Augustin Bernal

The Augustin Bernal Community Park is a 237-acre open space community park in the City of Pleasanton offering outdoor recreation and educational opportunities for visitors of all ages and abilities. Located on the top and east face of the Pleasanton Ridge, the park provides hiking, biking and equestrian trails with spectacular views, plus opportunities to explore a vestigial landscape that is disappearing in California.

### Callippe Preserve

Callippe Preserve Trail is a 3.75-mile long trail which loops around the Callippe Preserve Municipal Golf Course in the City of Pleasanton. Surrounding the golf course are 280-acres of permanent open space. Public access through the City-owned open space is provided by the Callippe Preserve Trail which offers spectacular views to the golf course and the outlying Tri-Valley area.

For more information about the trails in Pleasanton, visit the P-Town Life website at <http://ptownlife.org/play/trails>.

### Megan Kummer, Asst. Naturalist:

"My favorite park to visit in the winter is Augustin Bernal. During January and February, California newts can be seen on the trails as they migrate to their breeding grounds. Keep an eye out for these amphibians; they are not very fast movers! This park is especially fun to visit in the morning because there are more opportunities to see the wildlife that calls Augustin Bernal home."

# Recreation for Adults with Developmental Disabilities

Men & Women 15 years & Older



## Registration Form—Fall 2014/Winter 2015

Instructions: To register, put an "X" in the box next to the activity then add up all the fee amounts for a total fee. Write a check to the "City of Pleasanton" or pay by VISA or MASTERCARD. You will receive a receipt in the mail confirming that you have been registered for the activities you selected.

- Preregistration is required for all activities—"drop-ins" are not allowed.
- If you cannot pay all of the activity fees at one time, please contact the Front Office at 931-5368 to discuss a payment plan with Julie or Debbie.
- You MUST fill out a RADD Code of Conduct Sheet and Participant Information Packet. You can access these online at [www.cityofpleasantonca.gov](http://www.cityofpleasantonca.gov), click on "Community Services" under "Services," then click on the "RADD" link on the left side of the page; or call the front office.

**Mail** Registration Form to: RADD, C/O  
Pleasanton Senior Center, 5353  
Sunol Blvd., Pleasanton, CA 94566

**Fax** Registration Form to:  
(925) 485-3685

- 1** = low, i.e. walking 1 block
- 2** = low/moderate, i.e. walking 4 blocks
- 3** = moderate, i.e. combination of low and high impact activities
- 4** = moderate/high, i.e. walking 7 blocks
- 5** = moderate/high, i.e. walking 10+ blocks

### Agess 15 and up

### R.A.D.D. Tennis

Recreational tennis for the developmentally disabled, training balls will be used and rules modified to adapt to skill level.

**Location:** Pleasanton Tennis Park

**Instructor:** Lifetime Tennis Staff | 4:1 ratio

**13 classes | \$119R/\$131N**

**58666** Th 9/18-12/18 3:30-4:15pm

\*No class 11/27

**12 classes | \$110R/\$121N**

**58667** Th 1/8-3/26 3:30-4:15pm

## R.A.D.D. Registration Form



Please include both pages! Total Fee Amount \$ \_\_\_\_\_

Name of RADD Participant \_\_\_\_\_ Address \_\_\_\_\_

City \_\_\_\_\_ Zip \_\_\_\_\_ Ph. (home) \_\_\_\_\_ Ph. (business) \_\_\_\_\_

Check #: \_\_\_\_\_ Amount \$ \_\_\_\_\_

Credit Card # \_\_\_\_\_ VISA / MASTERCARD Expiration Date \_\_\_\_\_ Amount \$ \_\_\_\_\_

Signature: \_\_\_\_\_

Waiver: My (My child's) participation in this activity is voluntary. I am (My child is) physically fit to participate in this activity. I understand that this activity involves risks and that serious injuries could occur while I am (my child is) participating in this activity. In addition, if transportation is provided by City during the activity, serious injuries could occur. Knowing these risks, I want (my child) to participate in this activity. I (on behalf of my child) hereby assume the risk, and hereby waive, release and discharge the City of Pleasanton, its Council, officials, employees, volunteers, instructors, agents, sponsors and promoters of this activity, from any and all claims for damages for personal injuries or death, or claims for damages to property, which I (my child) or my (child's) heirs, assigns, executors or administrators may have or which may accrue to my (child's) participation in this activity, including transportation provided during the activity as applicable. I have read the above and understand that important legal rights are being waived.

I consent to the City's use of any photographs that are taken of me (my child) while participating in the City's programs for use in the City's promotions and publications in print and on the World Wide Web (Internet). No payment will be made for use of these photographs.

If you do not want you or your child(ren) photographed or videotaped while participating in a City recreation class or activity for the use in City publications, please contact the Community Services office at (925) 931-5340, to request an "Opt Out of Photo" form to be completed at least two weeks prior to the start of you or your child(s) class.

Person Responsible for the Account \_\_\_\_\_

Participant/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_  
(Signature required to participate)

# R.A.D.D. Activities

Ages 15 and up

## RADD—Activities/Trips

A variety of activities and trips are planned each quarter including local excursions such as pizza and bowling and dinner and a movie as well as excursions to destinations such as the Aquarium of the Bay and the Oakland Coliseum. To register, mark an "X" in

the box next to each activity; then, add up all the fee amounts for a total fee. Fill out the registration form on the reverse side and mail or fax this page to the address or fax number provided.

Level	Code	Activity	Date/Time/Notes	Meeting Location	Fee	
<input type="checkbox"/>	2	58198	Dinner and a Movie	F, 9/12, 4:00-8:00pm. Includes movie ticket, entrée, beverage, tip and tax. Will receive call Wednesday prior to event regarding exact movie time.	Drop off: Regal Cinemas; Pick up: On the Border, 4940 Dublin Blvd., Dublin	\$36
<input type="checkbox"/>	5	58160	A's Game	Sa, 9/20, 10:30am-5:30pm. Includes game ticket, transportation, lunch, and beverage. Bring extra money for snack.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$32
<input type="checkbox"/>	1	58153	Western Dance	F, 9/26, 7:00-10:00pm. Includes DJ, dancing, and a light snack.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16
<input type="checkbox"/>	3	58213	Lunch at Sycamore Grove	Sa, 10/4, 11:30am-2:30pm Includes a fun day in the outdoors, nature bingo, lunch, and a beverage.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16
<input type="checkbox"/>	1	58167	Halloween Movie and Pumpkin Carving	F, 10/17, 5:30-8:30pm. Includes dinner, pumpkin, and movie.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16
<input type="checkbox"/>	1	58172	Color Me Mine	F, 10/24, 6:00-8:00pm. Includes one item to paint and light snack.	Drop Off/Pick Up: 310 Main St., Ste. B, Pleasanton	\$20
<input type="checkbox"/>	1	58154	Halloween Dance	F, 10/31, 7:00-10:00pm. Includes DJ, dancing, and a light snack.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16
<input type="checkbox"/>	5	58161	Exploratorium and Lunch	Sa, 11/8, 10:00am-4:00pm. Includes ticket, transportation, lunch and beverage. Bring extra money for snack.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$45
<input type="checkbox"/>	1	58168	Karaoke Night	F, 11/14, 6:30-9:30pm. Includes beverages, desserts and karaoke.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$12
<input type="checkbox"/>	3	58163	Target Holiday Shopping Day	Sa, 11/22, 10:00am-3:30pm. Includes lunch, beverage, craft, and transportation to Target. Bring your holiday shopping list and money.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16
<input type="checkbox"/>	1	58164	Hometown Holiday Parade	Sa, 12/6, 3:00-6:30pm. Includes pizza, beverage, decorations, and bus ride.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16
<input type="checkbox"/>	1	58155	Winter Ball	F, 12/12, 6:00-10:00pm. Includes catered dinner, DJ, dancing, and dessert. (Sponsored by REACH)	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16
<input type="checkbox"/>	1	58183	Light Tour and Holiday Karaoke	F, 12/19, 6:00-9:00pm. Includes pizza and a beverage.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16
<input type="checkbox"/>	2	58157	Breakfast Club	Sa, 1/10, 8:30-10:30am. Includes entree, beverage, tip and tax.	Zorn's Restaurant, 3015 Hopyard Rd, Ste. A, Pleasanton	\$16
<input type="checkbox"/>	3	56045	Bowling and Dinner	Sa, 1/17, 5:30-9:30pm. Includes bowling, shoe rental, dinner, and a beverage.	Drop Off/Pick Up: Earl Anthony's Dublin Bowl, 6750 Regional St., Dublin	\$25
<input type="checkbox"/>	1	58162	Movie Night	F, 1/23, 5:00-9:00pm. Includes dinner and a movie.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16
<input type="checkbox"/>	1	58185	Casino Night	F, 1/30, 6:00-8:30pm. Includes bingo, games, mocktails, and light snack.	Pleasanton Senior Center, 5353 Sunol Blvd., Pleasanton	\$16

Thank You!



Special thanks to the **East Bay Community Foundation** for making a donation for the expansion of RADD programming!

# Aquatics



4455 Black Avenue, Pleasanton | 931-3420  
[www.PleasantonAquaticCenter.com](http://www.PleasantonAquaticCenter.com)

## Office Hours

M/W/F 6:00am-1:00pm  
 Tu/Th 11:30am-1:00pm  
 M-Th 5:30-8:00pm  
 Sa/Su/Holidays 8:00-11:00am  
**Holiday Hours:** 9/1, 11/11, 11/27, 11/28, 12/24, 12/31, 1/1, 1/19  
**Office Closed:** 11/21, 11/22, 11/23, 12/25

## Aquatics Registration Information

- Please save your receipt! Receipt should be brought to the first 3 classes and saved for transfers or additional registration.
- Parents/Siblings/Guests: We request that you wait outside the Aquatic Center or in the spectator area during all lessons.
- Incorrect Class Registration: It is the patron/parents' responsibility to transfer their self/child into the correct class if the individual is registered for an incorrect class after passing or not passing a level.
- Registration or transfers will not be accepted by telephone.

## Fall Recreational Swim

Sa/Su 9/6-9/28 2:00pm – 6:00pm  
 M-F 9/2-9/26\* 3:30pm – 5:30pm  
 Holiday 9/1 2:00pm – 6:00pm  
 \*Pool space and amenities may be restricted due to swim team practices.

Fees	Single	Punch Pass (15)
Adult (18+)	\$4	\$52R/\$57N
Youth (-17)/Senior (60+)	\$3.50	\$46R/\$51N
Spectator/Preschool	\$3	\$36R/\$39N

## Lap Swimming for Fitness

Experience the amazing health benefits of lap swimming in our 50-meter pool (heated, year round). All ages are welcome; however, swimmers must be able to swim the width of the pool without stopping. Lanes may be assigned, and space sharing is required. Spectator fees apply to all who plan to watch from within the aquatic facility. Personal coaching is prohibited.

Morning M/W/F 6:00-10:00am  
 Mid-day M-F 11:30am-1:00pm  
 Evening M-Th 5:30-8:00pm  
 Weekends Sa/Su 8:00-11:00am  
 Holidays\* 8:00-11:00am

**\*Holiday Hours:** 9/1, 11/11, 11/27, 11/28, 12/24, 12/31, 1/1, 1/19

**No Lap Swim:** 11/21, 11/22, 11/23, 12/25

Fees	Single	Punch Pass (15)
Adult (18+)	\$4	\$52R/\$57N
Youth (-17)/Senior (60+)	\$3.50	\$46R/\$51N
Spectator/Preschool	\$3	\$36R/\$39N



**Ages 16 and up**

## Fitness Water Exercise

Water exercise classes support the body and reduce risk of muscle or joint injury through the buoyancy of water and mitigation of gravity.

**Location:** Dolores Bengtson Aquatic Center

**No Class:** 9/1, 11/11, 11/21, 11/26, 11/27, 11/28, 12/22, 12/23, 12/24, 12/25, 12/26, 12/31, 1/1, 1/19

**Single Visit** \$7  
**Punch Pass (15)** \$93R/\$102N

## Shallow Water Workout

A high intensity shallow-water aerobics class designed to strengthen and tone muscles and improve cardiovascular fitness. Includes interval, circuit and resistance training using hand buoys, elastic tubing and water woggles. Designed for intermediate and advanced exercisers.

M/W/F 9:15-10:10am

## Deep Water Workout

A challenging aerobic workout in deep water utilizing interval and resistance training to develop cardiovascular fitness, muscle, strength, endurance and flexibility. Note: this class is held in deep water and although buoyancy equipment is worn, participants should feel comfortable in deep water.

M/W/F 6:00-6:55am

M/W/F 7:45-8:40am

M-Th 5:30-6:30pm



# Learn to Swim

## About Learn to Swim

The American Red Cross Learn-to-Swim Program offers swimming lessons for youth ages 4 and up. Weekday lessons are organized into four (4), two (2) week sessions with classes available in both the morning and evening. The descriptions below can be used to determine the most appropriate level for your child. Session dates and times can be found in the preceding pages. You may register for one session or all four (4). Saturday and private/semi-private lessons are also available.

### Ages 3.5–5

#### Preschool

Throughout the three levels, preschool-age children are taught basic aquatic safety and swimming skills, all the while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis. Certified Water Safety Instructors will assess your child's skill level on the first day of class and will determine the most appropriate level placement at that time.

### Ages 6 and up

#### Beginner (Level 1–3)

Instructors will determine child's level (1-3) on the first day of class.

**Beginner (Level 1):** This level is to help students feel comfortable in the water and begin the steps needed to swim.

**Beginner (Level 2):** Students will continue to learn to float on their front and back; will begin to explore forward movement and the foundations of additional strokes.

**Beginner (Level 3):** Students will build on skills learned previously and will be introduced to skills needed to take more advanced courses. Headfirst entries and rotary breathing are introduced.

### Ages 8 and up

#### Stroke Improvement (Level 4)

In this class, students develop confidence in the strokes already learned while they improve upon other aquatic skills such as diving, turns and feet-first surface dives; as well as learn new strokes (breast-stroke, back crawl, sidestroke, and butterfly).

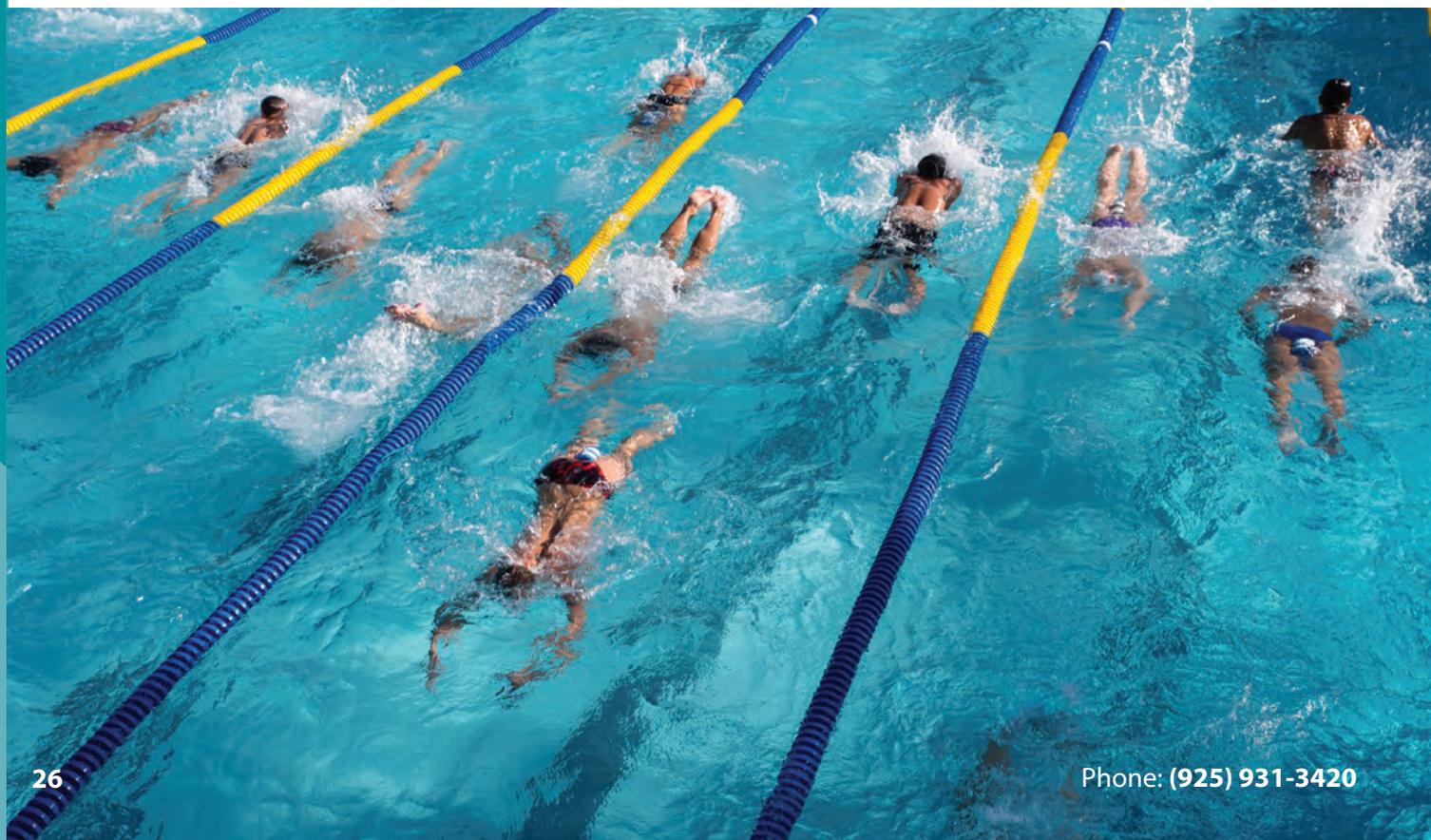
### Ages 8 and up

#### Stroke Refinement (Level 5)

Students will refine their coordination and performance of all strokes and increase endurance and distance. Flip turns are introduced. To pass, students must perform a shallow dive into deep water, swim front crawl for 50 yards, maintain position on back for 2 minutes in deep water by floating or sculling, and then swim elementary back-stroke for 25 yards. In addition, they must also swim breaststroke for 25 yards, tread water for 2 minutes and swim back crawl for 50 yards.

#### Important notes regarding Learn to Swim Lessons

It is essential that each lesson is attended to receive the full benefit of the class. There are no make-up lessons or credits for missed classes. If the Community Services Department cancels a class or session, a credit will be issued to your account. All Learn to Swim classes are held at the Dolores Bengtson Aquatic Center and are taught by American Red Cross Certified Water Safety Instructors.



# Learn to Swim

Ages 3.5-5

## Preschool

Throughout the three levels, preschool-age children are taught basic aquatic safety and swimming skills, all the while increasing their comfort level in and around the water. Skills are age-appropriate, helping children achieve success on a regular basis. Certified Water Safety Instructors will assess your child's skill level on the first day of class and will determine the most appropriate placement at that time.

**Location:** Dolores Bengtson Aquatic Center

9 classes   \$59R/\$65N				
58383	Tu/Th	9/2-9/30	5:00-5:30pm	
58384	Tu/Th	9/2-9/30	6:00-6:30pm	
58387	M/W	10/1-10/29	1:10-1:40pm	
58388	M/W	10/1-10/29	1:40-2:10pm	
58389	M/W	10/1-10/29	4:00-4:30pm	
58390	M/W	10/1-10/29	5:30-6:00pm	
58391	Tu/Th	10/2-10/30	5:00-5:30pm	
58392	Tu/Th	10/2-10/30	6:00-6:30pm	
8 classes   \$52R/\$57N				
58379	M/W	9/3-9/29	1:10-1:40pm	
58380	M/W	9/3-9/29	1:40-2:10pm	
58381	M/W	9/3-9/29	4:00-4:30pm	
58382	M/W	9/3-9/29	5:30-6:00pm	
4 classes   \$39R/\$43N				
58385	Sa	9/6-9/27	9:00-9:30am	
58386	Sa	9/6-9/27	10:30-11:00am	
58393	Sa	10/4-10/25	9:00-9:30am	
58394	Sa	10/4-10/25	10:30-11:00am	



Ages 6-12

## Beginner

Instructors will determine child's level (1-3) on the first day of class. Level 1-Beginner: This level is to help students feel comfortable in the water and begin the steps needed to swim. Level 2-Beginner: Students will continue to learn to float on their front and back, will begin to explore forward movement and the foundations of additional strokes. Level 3-Beginner: Students will build on skills learned previously and will be introduced to skills needed to take more advanced courses. Headfirst entries and rotary breathing are introduced.

**Location:** Dolores Bengtson Aquatic Center

9 classes   \$59R/\$65N				
58401	Tu/Th	9/2-9/30	4:00-4:30pm	
58402	Tu/Th	9/2-9/30	5:30-6:00pm	
58408	M/W	10/1-10/29	5:00-5:30pm	
58404	M/W	10/1-10/29	6:00-6:30pm	
58405	Th/Tu	10/2-10/30	4:00-4:30pm	
58406	Th/Tu	10/2-10/30	5:30-6:00pm	
8 classes   \$52R/\$57N				
58399	M/W	9/3-9/29	5:00-5:30pm	
58400	M/W	9/3-9/29	6:00-6:30pm	
4 classes   \$39R/\$43N				
58403	Sa	9/6-9/27	9:30-10:00am	
58407	Sa	9/6-9/27	11:00-11:30am	
58396	Sa	10/4-10/25	9:30-10:00am	
58395	Sa	10/4-10/25	11:00-11:30am	

Ages 6 and up

## Stroke Improvement

In this class, students develop confidence in the strokes already learned while they improve upon other aquatic skills such as diving, turns and feet-first surface dives; as well as learn new strokes (breaststroke, back crawl, sidestroke, and butterfly).

**Location:** Dolores Bengtson Aquatic Center

9 classes   \$59R/\$65N				
58410	Tu/Th	9/2-10/2	4:30-5:00pm	
58412	M/W	10/1-10/29	4:30-5:00pm	
58413	Tu/Th	10/2-10/30	4:30-5:00pm	
8 classes   \$52R/\$57N				
58409	M/W	9/3-9/29	4:30-5:00pm	
4 classes   \$39R/\$43N				
58411	Sa	9/6-9/27	10:00-10:30am	
58414	Sa	10/4-10/25	10:00-10:30am	



Ages 6 and up

## Stroke Refinement

Students will refine their coordination and performance of all strokes and increase endurance and distance. Flip turns are introduced. To pass, students must perform a shallow dive into deep water, swim front crawl for 50 yards, maintain position on back for 2 minutes in deep water by floating or sculling, and then swim elementary backstroke for 25 yards. In addition, they must also swim breaststroke for 25 yards, tread water for 2 minutes and swim back crawl for 50 yards.

**Location:** Dolores Bengtson Aquatic Center

9 classes   \$59R/\$65N				
58416	Tu/Th	9/2-9/30	4:30-5:00pm	
58418	M/W	10/1-10/29	4:30-5:00pm	
58419	Tu/Th	10/2-10/30	4:30-5:00pm	
8 classes   \$52R/\$57N				
58415	M/W	9/3-9/29	4:30-5:00pm	
4 classes   \$39R/\$43N				
58417	Sa	9/6-9/27	10:00-10:30am	
58420	Sa	10/4-10/25	10:00-10:30am	

Ages 6 and up

## Private/Semi-Private Swim Lessons

We are pleased to offer private and semi-private swim lessons! To make a private lesson a semi-private lesson simply have the first student pay full price and each additional student pay the discounted price. Semi-private lessons are limited to four students.

**Location:** Dolores Bengtson Aquatic Center

4 classes   \$120R/\$132N \$60R/\$66N for each additional student				
58421	M/W	9/3-9/15	6:30-7:00pm	
58422	M/W	9/17-9/29	6:30-7:00pm	
58423	M/W	10/1-10/13	6:30-7:00pm	
58424	M/W	10/20-10/29	6:30-7:00pm	

# Lessons

**Ages 13 and up**

## Adult/Teen Swim Lessons

It's never too late to learn how to swim. Whether your goal is to conquer a fear of the water, learn proper technique, prepare for lap swimming or even competitive events—we can help you get there! Course emphasis is on individual skill improvement and endurance. Students are allowed to progress at their own pace with hands-on instruction and support provided by the instructor in a safe environment.

**Location:** Dolores Bengtson Aquatic Center

<b>4 classes   \$28R/\$31N</b>				
<b>58376</b>	Sa	9/6-9/27	11:30am-12:15pm	
<b>58373</b>	Sa	10/4-10/25	11:30am-12:15pm	
<b>8 classes   \$56R/\$62N</b>				
<b>58374</b>	M/W	9/3-9/29	10:30-11:15am	
<b>9 classes   \$63R/\$69N</b>				
<b>58377</b>	Tu/Th	9/2-9/30	6:30-7:15pm	
<b>58375</b>	M/W	10/1-10/29	10:30-11:15am	
<b>58378</b>	Th/Tu	10/2-10/30	6:30-7:15pm	

**Ages 6-18**

## Competitive Stroke

This class is for swimmers interested in strengthening their competitive swim stroke. Swimmers must be able to swim each stroke (freestyle, breaststroke, butterfly, backstroke) correctly at least 50 yards. The focus of this class will be to refine existing swim skills.

**Location:** Dolores Bengtson Aquatic Center

**Ages 6-10**

<b>8 classes   \$64R/\$70N</b>				
<b>58363</b>	M/W	9/3-9/29	5:00-5:45pm	
<b>58367</b>	M/W	11/3-11/26	5:00-5:45pm	
<b>9 classes   \$72R/\$79N</b>				
<b>58365</b>	M/W	10/1-10/29	5:00-5:45pm	
<b>7 classes   \$56R/\$62N</b>				
<b>58369</b>	M/W	1/5-1/28	5:00-5:45pm	
<b>58370</b>	M/W	1/5-1/28	5:45-6:30pm	

**Ages 11-18**

<b>8 classes   \$64R/\$70N</b>				
<b>58364</b>	M/W	9/3-9/29	5:45-6:30pm	
<b>58368</b>	M/W	11/3-11/26	5:45-6:30pm	
<b>9 classes   \$72R/\$79N</b>				
<b>58366</b>	M/W	10/1-10/29	5:45-6:30pm	



Get even more out of swim lessons with the American Red Cross Swim App! Available on iTunes® app store or Google Play™

# Red Cross Certification

**Ages 10 and up**

## Basic Water Rescue

This class provides individuals with the information and skills necessary to prevent, recognize, and respond to aquatic emergencies. This course will also prepare individuals for aquatic emergencies by teaching them how to protect themselves when assisting others. This course is not a substitute for Lifeguarding Certification; however, this course is excellent for camp counselors, day care providers, health and fitness facility employees, and others who are around water on a regular basis. Prerequisites are Level V swim skills.

**Location:** Dolores Bengtson Aquatic Center

<b>1 class   \$75R/\$83N</b>			
<b>58361</b>	Sa	10/11	8:00am-Noon
<b>58362</b>	Sa	1/10	8:00am-Noon

**Ages 15 and up**

## Lifeguarding

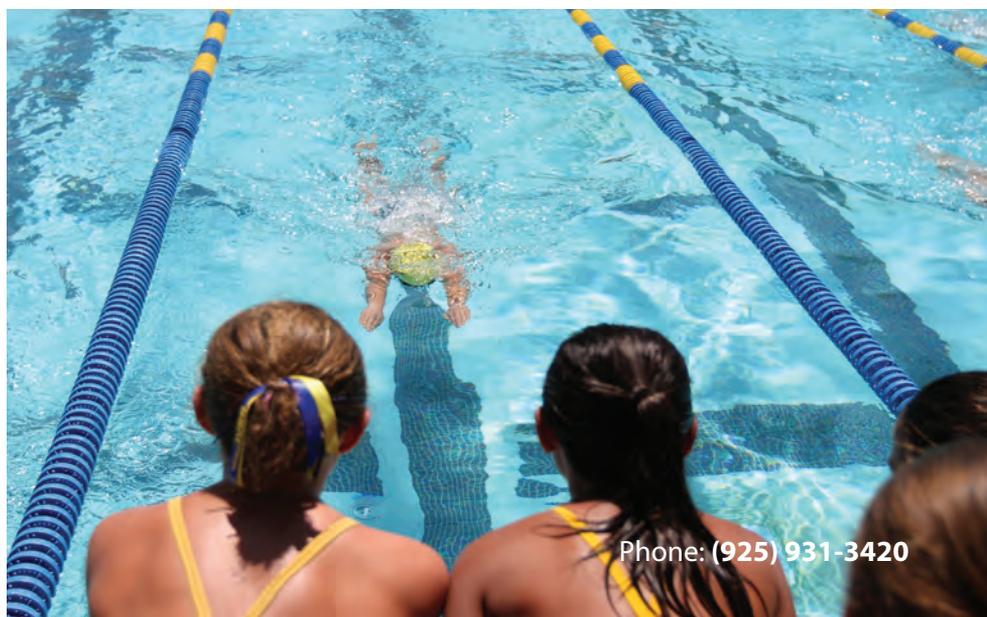
Get a jump start on your future by training to be a lifeguard! This course is a blended learning opportunity which allows students in-person water, first aid and CPR/AED skills training paired with online learning sessions. Note: Class times do not reflect online learning sessions. An additional \$35 non refundable fee, payable to the American Red Cross will be due following the first class session. For course prerequisites and more information on the blended learning course, visit [www.PleasantonAquaticCenter.com](http://www.PleasantonAquaticCenter.com).

**Location:** Dolores Bengtson Aquatic Center

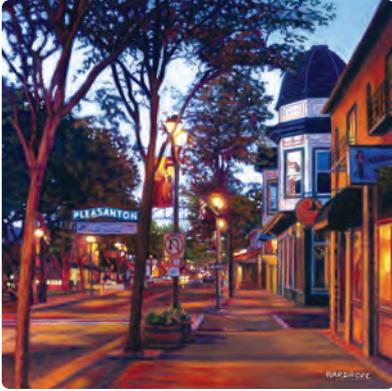
<b>5 classes   \$195R/\$215N</b>			
<b>58360</b>	Sa +	12/13	9:00-11:00am
	M-W & F	12/29-1/2	8:00am-2:00pm



## American Red Cross



# The Arts



## About Debbie Wardrobe

Debbie Wardrobe is a Pleasanton resident who has a passion for art and painting. Her art has been recognized with many awards, and she is a signature member of the Pastel Society of the West Coast. Debbie's primary medium is pastel, but she also paints in oils and acrylics.

**Ages 18 and up**

## PASTEL PAINTING DAYS

**Location:** Firehouse Arts Center

**Instructor:** Debbie Wardrobe

## Get Started in Pastel Painting Workshop

Have you always wanted learn about soft pastels but have never had the time or opportunity? Here's your chance! This intensive, one-day workshop is designed to help you get a jump start into the wonderful world of pastel painting. The instructor will demonstrate techniques, and students will explore pastel through a series of exercises designed to build your skills in a relaxed and supportive environment.

<b>1 class   \$85R/\$94N</b>			
<b>58615</b>	Sa	9/20	10:00am-4:00pm

## Painting Fall Vines in Pastel Workshop

Love the glow of fall colors on the vines? Pastels are the perfect medium for capturing that light. Come join us as the instructor demonstrates how to start and build a pastel painting of a local vineyard and coaches you through the process with one-on-one instruction. Some drawing experience is helpful. Other art mediums welcomed. Bring a lunch.

<b>1 class   \$85R/\$94N</b>			
<b>58616</b>	Sa	10/25	10:00am-4:00pm

## Painting the California Coast in Pastel Workshop

Love cypress trees, the beach and the ocean? Join our one-day workshop on how to paint the coast in soft pastel. Follow along with the instructor to get started, then learn how to layer and build a beautiful pastel painting. Some drawing experience is helpful. Bring a lunch.

<b>1 class   \$85R/\$94N</b>			
<b>58617</b>	Sa	1/17	10:00am-4:00pm



**Ages 18 and up**

## Pastel Painting Workshop

New students will be given basic instruction in the pastel medium while more advanced students can paint the subject of their choice with one-on-one help from the instructor. Students using other mediums are also welcome.

**Location:** Firehouse Arts Center

**Instructor:** Debbie Wardrobe

<b>4 classes   \$95R/\$105N</b>			
<b>58610</b>	W	9/10-10/1	9:30am-12:30pm
<b>58611</b>	W	10/8-10/29	9:30am-12:30pm
<b>58612</b>	W	11/5-11/26	9:30am-12:30pm
<b>58614</b>	W	1/7-1/28	9:30am-12:30pm

<b>3 classes   \$70R/\$77N</b>			
<b>58613</b>	W	12/3-12/17	9:30am-12:30pm

**Ages 18 and up**

## OPEN PAINTING NIGHT

**Location:** Firehouse Arts Center

**Instructor:** Debbie Wardrobe

## Fall Vineyards

Love the Livermore vineyards? Then bring your own supplies and paint along as artist Debbie Wardrobe shows you how to create your own fall vineyard piece. Any medium is welcome and the photo we'll be using will be provided by the instructor.

<b>1 class   \$25R/\$28N</b>			
<b>58629</b>	Th	9/18	7:00-9:00pm

## Coffee/Tea Still Life

Banish the winter blues with a fun night of painting a still life with a coffee or tea cup theme. Bring your own art supplies (any medium is welcome) and use the provided still life set up or photos to paint your own creative interpretation with one-on-one help from the instructor. No experience necessary.

<b>1 class   \$25R/\$28N</b>			
<b>58632</b>	Th	1/15	7:00-9:00pm

## Pumpkin Harvest

Tonight's theme is pumpkins and we'll be painting a Half Moon Bay pumpkin patch or a pumpkin still life, your choice. Bring your own art supplies and have a great evening painting with assistance from local artist Debbie Wardrobe. No experience necessary.

<b>1 class   \$25R/\$28N</b>			
<b>58630</b>	Th	10/16	7:00-9:00pm



## Wine Theme Still Life

Bring your own art supplies (any medium welcome) and paint from the provided still life set up and photos with help from local artist Debbie Wardrobe. This time around, we'll be creating a fun wine-themed art piece. Come join us in a night of painting at the Firehouse!

<b>1 class   \$25R/\$28N</b>			
<b>58631</b>	Th	11/20	7:00-9:00pm

# Specialty Arts

Ages 18 and up

## Hand Painting on Glass

Participants will learn to paint on clear and colored glass like candleholders, wine glasses, vases, and plates using different designs to change any ordinary glass to an artwork. Students will be guided throughout the class with a step by step demonstration. No experience is needed.

**Location:** Amador Recreation Center

**Instructor:** Zina Cassab

7 classes   \$153R / \$165N			
58664	Tu	9/2-10/14	12:15-2:15pm
58665	Tu	10/21-12/9	12:15-2:15pm

Ages 18 and up

## Mixing It Up with Art Quilts

You will learn fun techniques to create art quilts for the wall, including layering and pattern design. You will make a 12' square quilt mounted on a gallery wrapped canvas using media techniques. A sewing machine and quilting skills are required.

**Location:** Firehouse Arts Center, Classroom A

**Instructor:** Denise Oyama Miller

2 classes   \$110R / \$120N			
58672	Sa/Su	11/8-11/9	10:00am-4:00pm

Ages 18 and up

## Perspective for Painters

Classroom demonstrations, guided exercises and practical lessons designed for students to learn how to accurately observe and draw forms in perspective. Lessons include drawing the architecture and street scenes near the Firehouse Arts Center.

**Location:** Firehouse Arts Center, Classroom A

**Instructor:** Carolyn Lord

5 classes   \$125R / \$138N			
58678	M	9/15-10/13	10:00am-12:00pm
58679	M	10/27-11/24	10:00am-12:00pm

Ages 18 and up

## Realistic Portraiture in Colored Pencils

All skill levels accepted. In easy to understand steps, discover how small details and translucent color come together to create stunning realism. Working from provided photos, learn to "sculpt" a face with strong values and enhance delicate information with layers of color—achieving amazing results. *Materials can be provided for \$35.00.*

**Location:** Firehouse Arts Center, Classroom A

**Instructor:** Peggy Magovern

5 classes   \$125R / \$138N			
58674	Th	9/4-10/2	10:00am-12:00pm
58676	Th	10/9-11/6	10:00am-12:00pm

Ages 18 and up

## Realistic Life and Still-Life in Colored Pencil

All skill levels accepted. Choose your subject, and work from your personal photos or from Instructor provided photos. Botanicals, glassware, metal, cloth, even pets...you name it. You'll discover the versatility and depth of colored pencils while exploring ways to achieve multi-dimensional realism. *Materials can be provided for \$35.00.*

**Location:** Firehouse Arts Center, Classroom A

**Instructor:** Peggy Magovern

5 classes   \$125R / \$138N			
58675	Th	9/4-10/2	1:00pm-3:00pm
58677	Th	10/9-11/6	1:00pm-3:00pm

Ages 18 and up

## The Alla Prima Portrait

This portraiture painting class focuses on developing the students' observational skills, visual perceptions, understanding of materials, and paint handling in order to increase their ability to capture the essence of the model on canvas in one sitting. There will be a variety of models for each class and the instructor will begin each session with a demonstration. Lectures and individual critiques will be included. *Supply fee will be determined.*

**Location:** Firehouse Arts Center, Classroom A

**Instructor:** Lynn Sanguedolce

4 classes   \$184R / \$202N			
58680	Tu	9/23-10/14	9:30-12:30am
58681	Tu	11/18-12/9	9:30-12:30am



# The Arts • Special Interest

**Ages 13 and up**

## Art Made Easy II/III—Fun with Watercolor!

Painting in studio and on location. A different lesson each week. Experimenting with collage, different techniques and mixed media. Some experience required. Students can review *Art Made Easy* basic course on DVD at the Pleasanton Library.

**Location:** Pleasanton Senior Center

**Instructor:** Charlotte Severin

**6 classes | \$86R/\$95N**

58430	Th	9/11-10/30	1:00-4:00pm
58431	Th	1/8-2/19	1:00-4:00pm



**Ages 18 and up**

## Ceramics—Wheel Throwing

All levels welcome. No experience required. Class will cover basic throwing skills. A \$60 supply fee is due at the time of registration.

**Location:** Cultural Arts Center

**Instructor:** Erin Davis

**6 classes | \$136R/\$150N**

58525	M	9/15-10/20	10:30am-12:30pm
58527	M	9/15-10/20	7:30-9:30pm
58523	W	9/17-10/22	7:30-9:30pm
58526	M	11/3-12/15	10:30am-12:30pm
58528	M	11/3-12/15	7:30-9:30pm
58524	W	11/5-12/17	7:30-9:30pm

**Ages 18 and up**

## Porcelain Painting

Learn the basics of design, mixing, and powder paints with an open media. Different brush strokes will be used to achieve an effect. Loading of brushes will be demonstrated. Beginning students need no previous experience and will paint subject matter on a 6 x 6 tile. Supply list available upon registration. A \$30 kiln firing fee is due to instructor if you require firing.

**Location:** Pleasanton Senior Center

**Instructor:** Ann Apperson

**5 classes | \$106R/\$117N**

58468	W	10/1-10/29	12:15-3:45pm
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**Ages 18 and up**

## Ukulele

Students will learn chords and strums that will allow them to play many songs. Upon completion of both sessions, students will be invited to join the Pleasanton Ukulele Band.

**Location:** Pleasanton Senior Center

**Instructor:** Leonard Cooper

**5 classes | \$75R/\$83N**

58469	M	9/8-10/6	7:00-8:00pm
58470	M	10/20-11/17	7:00-8:00pm
58471	M	12/1-1/12*	7:00-8:00pm

\*No class 12/22, 12/29

**Ages 18 and up**

## Beginning Plus Guitar

Enhance your life by learning guitar! Fulfill your dreams by playing cool songs using chords, tabs, and notes. Have fun and do something you've always wanted to do! Bring your own guitar!

**Location:** Nature House

**Instructor:** Debra Knox

**8 classes | \$189R/\$208N**

58464	M	9/8-10/27	8:00-8:55pm
58465	M	11/10-1/5*	8:00-8:55pm

\*No class 12/22



**Ages 18 and up**

## Introduction to Balloon Twisting

Learn basic sculptures like flowers, hats and toys. Special sculptures will be taught to reflect any upcoming holidays. Participants must have at least moderate hand and finger dexterity to be able to manipulate balloons and air pump. \$10 materials fee is payable to instructor Keith Jackson.

**Location:** Pleasanton Senior Center

**Instructor:** Keith Jackson

**1 class | \$2R/\$3N**

58200	W	9/17	1:00-2:30pm
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**Ages 18 and up**

## Mindfulness Thinking

Parents will experience mindfulness and hear about the neuroscience behind it. Discover why pediatricians, educational therapists, psychologists, teachers, Bill Gates, and the Dalai Lama recommend it. Neuroscience reveals that mindfulness actually changes the structure of a brain for the better. It increases the ability to be effective and efficient as well as make and keep friends. Everyone, even kindergartners, can practice it. Visit [www.bellamenti.com](http://www.bellamenti.com) for more information.

**Location:** Veterans Memorial Building

**Instructor:** Kathryn Tournat

**Parents with Kids, Ages 6-12**

**6 classes | \$85R/\$94N**

58576	Sa	9/20-10/25	9:00-10:30am
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**Parents with Teens, Ages 13-17**

**6 classes | \$85R/\$94N**

58577	Sa	9/20-10/25	11:00am-12:30pm
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**Adults, Ages 18 and up**

**Location:** Amador Recreation Center

**1 class | \$25R/\$28N**

58574	Sa	9/13	10:00am-Noon
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**Location:** Nature House

58575	Sa	1/10	10:00am-Noon
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# Exercise & Wellness

*"[Terri] makes 'exercise' seem like FUN, and you get a good workout"*  
Diane

## EXERCITEMENT FITNESS

**Instructor:** Terri Gonzalez | **email:** thgexrct@aol.com  
**Info:** www.exercitementfitness.weebly.com

**Ages 13 and up**

### Exercitement—Get on the Ball!

The keys to a great posture and a healthy back are good balance and a strong core. This 6-week progressive class assists in strengthening the core muscles using a variety of techniques on the popular Stability Ball. Terri will guide participants through a mixture of exercises designed to train from shoulders to abdominals. This class is effectively designed for all levels of fitness. Please bring a ball, mat and light weights.

**Location:** Pleasanton Senior Center

**Instructor:** Terri Gonzalez

<b>6 classes   \$49R/\$54N</b>			
<b>58438</b>	Tu	1/6-2/10	6:15-7:15pm

**Ages 13 and up**

### Exercitement—Get Pumped!

Get toned and strong! This class is designed to condition and strengthen major muscle groups in both the upper and lower body. Terri will guide you through a total body workout (no cardio), using resistance tubes, body balls and free weights. Class ends with a relaxing stretch. This class is designed for all levels of fitness. Please bring a mat and 1-10 lb weights; instructor will provide other resistance equipment.

**Location:** Pleasanton Senior Center

**Instructor:** Terri Gonzalez

<b>3 classes   \$19R/\$21N</b>			
<b>58444</b>	Th	9/11-9/25	6:15-7:15pm
<b>58446</b>	Th	11/6-11/20	6:15-7:15pm
<b>58447</b>	Th	12/4-12/18	6:15-7:15pm
<b>4 classes   \$25R/\$28N</b>			
<b>58448</b>	Th	1/8-1/29	6:15-7:15pm
<b>5 classes   \$31R/\$34N</b>			
<b>58445</b>	Th	10/2-10/30	6:15-7:15pm

**Ages 13 and up**

### Exercitement—Getting to the CORE: Pilates/Yoga Fusion

A unique blend of basic Mat Pilates, Core Conditioning, and fundamental Yoga principles to achieve strength, balance, and flexibility through this 6-week progressive series. Breathing and stretching techniques will be incorporated to relax and rejuvenate the body and mind. This class is effectively designed for all levels of fitness (both male and female). Class may be practiced in bare feet, but a mat is required for everyone.

**Location:** Pleasanton Senior Center

**Instructor:** Terri Gonzalez

<b>Tuesday Evenings</b>			
<b>6 classes   \$49R/\$54N</b>			
<b>58437</b>	Tu	10/14-11/25	6:15-7:15pm

**Saturday Mornings**

<b>3 classes   \$29R/\$32N</b>			
<b>58449</b>	Sa	9/13-9/27	8:00-9:00am
<b>58452</b>	Sa	12/6-12/20	8:00-9:00am
<b>4 classes   \$38R/\$42N</b>			
<b>58450</b>	Sa	10/4-10/25	8:00-9:00am
<b>2 classes   \$38R/\$42N</b>			
<b>58451</b>	Sa	11/1-11/8	8:00-9:00am
<b>5 classes   \$46R/\$51N</b>			
<b>58453</b>	Sa	1/3-1/31	8:00-9:00am

**Ages 13 and up**

### Exercitement Fitness—Cardio Groove

Exercise can be fun! An hour of combined cardio, strength, and flexibility training. This workout is designed to burn calories, improve cardiovascular endurance, and strengthen muscles. Class will end with a relaxing stretch to calm the body and mind. This class is designed for all levels of fitness (male and female). Please bring a mat and 1-10 lb weights.

**Location:** Pleasanton Senior Center

**Instructor:** Terri Gonzalez

<b>3 classes   \$19R/\$21N</b>			
<b>58436</b>	M	1/5-1/19	6:30-7:30pm
<b>4 classes   \$25R/\$28N</b>			
<b>58432</b>	M	9/8-9/29	6:30-7:30pm
<b>58433</b>	M	10/6-10/27	6:30-7:30pm
<b>58434</b>	M	11/3-11/24	6:30-7:30pm
<b>58435</b>	M	12/1-12/22	6:30-7:30pm

**Ages 12 and up**

### Exercitement Fitness—Cardio Sculpt

Variety is the spice of life! This hour-long class varies from week to week, incorporating a different format each week. Cardio-based workout will include but not be limited to: 20/20/20 (20 min. each of cardio, strength, and flexibility), Interval Training, CardioBox, and Butts & Guts. This class is effectively designed for all levels. Please bring a mat and 1-10 lb weights.

**Location:** Pleasanton Senior Center

**Instructor:** Terri Gonzalez

<b>3 classes   \$19R/\$21N</b>			
<b>58439</b>	W	9/10-9/24	6:30-7:30pm
<b>58441</b>	W	11/5-11/19	6:30-7:30pm
<b>5 classes   \$19R/\$21N</b>			
<b>58440</b>	W	10/1-10/29	6:30-7:30pm
<b>3 classes   \$19R/\$21N</b>			
<b>58442</b>	W	12/3-12/17	6:30-7:30pm
<b>4 classes   \$25R/\$28N</b>			
<b>58443</b>	W	1/7-1/28	6:30-7:30pm

**Ages 16 and up**

### Belly Dance

Belly dance is a fun and glamorous way to get fit, tone up and make new friends. Suitable for men and women of all ages, fitness levels and body shapes, belly dance works with the body's natural movements to create flowing shapes, impressive shimmies and dramatic performances. *Optional coin belt can be purchased for \$35 from the instructor.*

**Location:** Nature House

**Instructor:** Sara Shrapnell

**Level 1**

<b>8 classes   \$90R/\$99N</b>			
<b>58545</b>	Tu	9/16-11/4	7:00-8:00pm
<b>58547</b>	Th	9/18-11/6	10:30-11:30am
<b>Location:</b> Cultural Arts Center			
<b>7 classes   \$80R/\$88N</b>			
<b>58546</b>	Tu	12/2-1/27*	7:00-8:00pm
<b>58548</b>	Th	12/4-1/29*	10:30-11:30am

\*No class 12/23, 12/25, 12/30, 1/1

**Level 2**

**Location:** Nature House

<b>8 classes   \$90R/\$99N</b>			
<b>58549</b>	Tu	9/16-11/4	8:00-9:00pm
<b>Location:</b> Cultural Arts Center			
<b>7 classes   \$80R/\$88N</b>			
<b>58550</b>	Tu	12/2-1/27*	8:00-9:00pm

\*No class 12/23, 12/30

# Exercise & Wellness



## Ages 16 and up Gentle Yoga

Enjoy a luxurious practice in a peaceful and supportive environment. Our practice will be devoted to floor postures, relaxation and meditation. Benefits of gentle yoga are to reduce stress, and enhance feelings of overall peacefulness including feeling centered, grounded and calm! Be ready to learn correct yoga alignment with hands-on assistance from your certified yoga instructor, Beth Fox.

**Location:** Amador Recreation Center

**Instructor:** Beth Fox

7 classes   \$102R/\$112N			
58555	Tu	9/2-10/14	9:00-10:15am

## Ages 18 and up Tai Chi for Health

Tai Chi for Health improves relaxation, balance, posture and immunity. The program has been proven by scientific studies to ease pain and increase overall wellness. It is taught in easily-learned steps that can be practiced at home, promoting mind and body intergration.

**Location:** Amador Recreation Center

**Instructor:** Kathy Lorenz

6 classes   \$50R/\$55N			
58578	Tu	9/9-10/14	6:00-7:00pm
58579	Tu	10/21-11/25	6:00-7:00pm

## Ages 18 and up Yoga Flow with Beth

Yoga Flow introduces fluidity in movement and breathing. Session begins with centering and warm ups, then moves to a soft Vinyasa (flowing sequence of movement with breath). Sun salutations are included. Sessions ends with a period of cooling and deep relaxation.

**Location:** Nature House

**Instructor:** Beth Fox

7 classes   \$105R/\$116N			
58551	Tu	9/2-10/14	8:30-9:30am
58553	F	9/5-10/17	8:30-9:30am

**Location:** Cultural Arts Center

5 classes   \$75R/\$83N			
58554	F	1/2-1/30	8:30-9:30am
58552	Tu	1/6-2/3	8:30-9:30am



## Ages 18 and up Yoga

Yoga creates a calm, clear mind while building strength, flexibility, balance and coordination. Therapeutic yoga promotes healing that relieves stress and fatigue, and assists in recovering from injury and illness. It releases stiffness, rejuvenates muscles and lubricates joints. It creates stillness of mind and body and allows relaxation. Please bring a thick blanket and a sticky mat to class.

**Location:** Amador Recreation Center

**Instructor:** Lorey Wallace

8 classes   \$120R/\$134N			
58458	M	9/8-10/27	6:00-7:15pm
58456	M	9/8-10/27	7:30-8:45pm
58459	M	11/3-12/22	6:00-7:15pm
58457	M	11/3-12/22	7:30-8:45pm

## Ages 13 and up Zumba

Are you ready to party yourself into shape? That's exactly what the Zumba program is all about. It's a high energy, easy-to-follow, Latin-inspired, calorie-burning dance-fitness party. No prior Zumba or dance experience is necessary. Come join the party!

**Location:** Veterans Memorial Building

**Instructor:** Diana Robinson

10 classes   \$100R/\$110N			
58563	Th	9/11-11/13	6:30-7:30pm
7 classes   \$70R/\$77N			
58564	Th	12/4-1/29*	6:30-7:30pm

\*No class 12/25, 1/1

## Ages 18 and up Tae Kwon Do & Self-Defense for Women

Ladies if you ever wanted to learn a Martial Art, but were too intimidated to walk into a studio . . . try this women-only class! No rigid instruction or formal uniforms, just a fun class to develop physical fitness, learn the beautiful art of TKD and everyday self-defense skills to keep you safe. This class is for beginner's only. Visit [www.Kurukula.org](http://www.Kurukula.org) for more information.

**Location:** Veterans Memorial Building

**Instructor:** Kurukula Staff

9 classes   \$135R/\$149N			
58561	Th	9/4-10/30	9:30-10:15am
Location: Cultural Arts Center			
58562	Th	11/6-1/29*	9:30-10:15am

\*No class 12/25, 1/1

## Ages 18 and up Sharecare

Help yourself, your family, friends and even pets with simple hands-on techniques to enhance self-healing. You will learn the techniques and the science behind them to provide gentle healing support for everyone. This one day workshop teaches the basics of CranioSacral therapy. Study guide provided.

**Location:** The Healing Journey, 3950 Valley Ave, Pleasanton

**Instructor:** Kathy Lorenz

1 class   \$120R/\$132N			
58691	Sa	10/4	9:00am-4:00pm



**Ages 18 and up**  
**Open Gym Programs**

Looking to try a new sport or practice one of your favorites? Lace up your tennis shoes and head over to one of our Open Gym Programs! All skill levels welcome! Equipment provided. Punch passes can be purchased online at [www.pleasantonfun.com](http://www.pleasantonfun.com) or in person at the Community Services Department; 200 Old Bernal Ave. Punch Passes have no expiration date. Single day admission passes must be purchased in advance at the Community Services Department Office. **No cash or checks will be accepted at the gyms.** For more information please contact Joelle Glushenko at 925-931-3480.

- HP** Harvest Park Middle School, 4900 Valley Avenue
- HMS** Hart Middle School, 4433 Willow Road
- PMS** Pleasanton Middle School, 5001 Case Avenue

**Open Gym Basketball**

Day	Time	Location
Sa	6:00-8:00am	HP (Pleasanton residents only)
M, W*	8:00-10:00pm	HMS
Holiday Hours: 6:00-8:00am on 9/1, 11/28		
Fees	Single	Punch Pass (15)
Resident	\$3.25	\$45
Non-resident	\$4.00	\$56
*No program on 12/24, 12/31		

**Open Gym Volleyball**

Day	Time	Location
Su	6:00-9:00pm	PMS
Fees	Single	Punch Pass (15)
Resident	\$4.75	\$67.50
Non-Resident	\$5.75	\$82.50

**Family Pickleball**

Day	Time	Location
Su	8:30-10:30am	PMS
Fees	Single	Punch Pass (6)
Resident	\$3.00	\$15.00
Non-Resident	\$3.50	\$18.00

# Open Gym • Leagues

**Ages 18 and up**  
**Adult Basketball League**

Show off your skills in one of our men's basketball leagues that provide the perfect combination of fun and competition. With two levels of play, there is a league for everyone. In order to register as a team, you must have a minimum of six (6) players on your roster. Fall Registration Deadline: August 22nd  
Winter Registration Deadline: November 20th

**Location:** Harvest Park Middle School Gym  
7:00-10:00pm

**Division 2-Intermediate**

8 classes   \$520R/\$550N			
58348	W	9/3-10/22	
8 classes   \$520R/\$550N			
58350	W	12/3-2/5*	
*No games on 12/24 & 12/31			

**Division 3-Novice**

8 classes   \$520R/\$550N			
58349	W	9/3-10/22	
8 classes   \$520R/\$550N			
58351	W	12/3-2/5*	
*No games on 12/24 & 12/31			

**Ages 18 and up**  
**Adult Bocce League**

Join the fun and register for one of our co-ed bocce leagues! New-to-the-sport participants are highly encouraged to try out this fun, 'low-key' league. In order to register as a team, you must have a minimum of four (4) players on your roster.

**Location:** Pleasanton Senior Center Bocce Courts  
**Registration Deadline:** August 15  
**Time:** 6:00-10:00pm

8 classes   \$99/\$115			
57494	Advanced	Tu	8/26-10/14
57495	Beginner	W	8/27-10/15



**Ages 18 and up**  
**Adult Volleyball League**

Join us for fast-paced, indoor fun! Whether you are new to the game or a volleyball enthusiast, we have the perfect league for you! In order to register as a team, you must have a minimum of six (6) players on your roster.

Fall Registration Deadline: August 28th  
Winter Registration Deadline: November 24th

**Location:** Pleasanton Middle School Gym  
7:00-10:00pm

**Advanced Division**

8 classes   \$320R/\$350N		
58356	M	9/8-10/27
58359	M	12/8-1/26*
*No games on 12/22 & 12/29		

**Intermediate Division**

8 classes   \$320R/\$350N		
58355	M	9/8-10/27
58358	M	12/8-1/26*
*No games on 12/22 & 12/29		

**Novice Division**

8 classes   \$320R/\$350N		
58354	M	9/8-10/27
58357	M	12/8-1/26*
*No games on 12/22 & 12/29		



# Pleasanton Senior Center

5353 Sunol Boulevard | 931-5365  
www.pleasantonseniorcenter.org  
Monday-Friday 8:30am-4:30pm



**Office/Information** ..... 8:30am to 4:30pm .....931-5365  
**Paratransit** ..... 9:00am to 3:00pm .....931-5376  
**Senior Meals** ..... 9:30am to 1:30pm .....931-5365  
**Senior Support, M-Th** ..... 8:30am to 4:00pm .....931-5379  
**VIP Senior Club & Travel**  
**Desk, M-Th** ..... 10:00am to 2:00pm .....931-5370  
**Peddler Shoppe** ..... 10:00am to 4:00pm .....931-5371  
**RADD** ..... 8:30am to 4:00pm .....931-5373

For information on Support Groups, Monthly Services and Senior Meals, please visit the website [www.pleasantonseniorcenter.org](http://www.pleasantonseniorcenter.org)

## Support Groups Offered at the Senior Center

### Caregiver's Support Groups

Open to all caregivers responsible for care of persons with Alzheimer's, dementia and other related illnesses. Meets in the Sun Room in the Senior Support office, second Monday of each month from 1:00-3:00pm. Please contact facilitator at 931-5379. Sponsored by the Senior Support Program of the Tri-Valley.

### Parkinson's Support Group

Offered on the second Saturday of each month, 10:00am-Noon at the Pleasanton Senior Center (Senior Support Area). Call 831-9940 for more information. Those with Parkinson's disease and their families are welcome to attend. Co-sponsored by the Parkinson's Network of Mt. Diablo.

### Senior Support Program of the Tri-Valley

Senior Support provides a variety of services to assist seniors in maintaining their health and independence. Services to those 60 and older, living in Pleasanton, Livermore, Dublin and Sunol, include: case management; an in-home registry; in-home counseling; health screening and friendly visiting.

The staff can be reached at 931-5379

## Monthly Services

- Refer to the Monthly Calendar for details:
- Caregivers Support Group (Senior Support Program)
  - Dental Consultations (off site)
  - Foot Care/Health Screening (sponsored by Senior Support Program)
  - Medicare & HMO Counseling (HICAP)
  - Parkinson's Support Group
  - Pharmacy Drop-In Q & A (Second Tuesday of the month)
  - Notary Public
  - Legal Assistance for Seniors (LAS)
  - Eye Glass Adjustments
  - Estate Planning Counseling (with Estate Planning lawyer)
  - Fraud Counselor (w/certified fraud counselor by appointment)
  - Hearing Aid Cleaning (second Tuesday of the month)

## Wiesner Senior Fund

Emergency one-time grants or loans, in nominal amounts, are available for adults aged 60 or older who are in immediate need of assistance. Applications for this valley-wide, non-profit emergency fund are available at the Senior Support Program. All requests and information are confidential. Call 931-5379 for information.



**Grand Opening: Monday, September 15, 11:30am-1:30pm**  
Festivities include music, door prizes and great food!

### Senior Meals • 931-5365 Lunch at the Sage Café Mon-Fri @ Noon

Sponsored by Open Heart Kitchen

- Seniors (60+) or disabled adults regardless of income
- \$3.00 donation

### Dinner at Ridgeview Commons • 484-5131

5200 Case Avenue  
Sponsored by Open Heart Kitchen

### Meals on Wheels

Sponsored by Spectrum Community Services

- For any adult, 60 and older, unable to shop or cook
- Nutritious, hot meals can be delivered M-F
- Frozen meals delivered, if needed, for weekends
- Special diets available
- \$3.75 donation

Information: 931-5385, 10:00am-1:00pm

# Weekly Schedule

## Fall 2014 • Winter 2015 | Pleasanton Senior Center

<b>Mondays</b>	9:00am-Noon	Drop-In Bocce\$	
	9:00am-Noon	Drop-In Woodshop\$	
	1:00-3:00pm	Bingo (1 <sup>st</sup> , 3 <sup>rd</sup> and 5 <sup>th</sup> Mondays)\$	
	1:00pm	Movie Madness (1 <sup>st</sup> , 3 <sup>rd</sup> and 5 <sup>th</sup> Mondays—Free)	
<b>Tuesdays</b>	9:00am-4:00pm	Woodcarvers\$	
	9:00-10:00am	ZUMBA Gold*	
	10:15-11:15am	Fit for Fifty*	
	11:45am-1:00pm	Tai Chi (Beginning)*	
	12:45-3:45pm	Drop-In Cards, Poker\$	
	1:00-4:30pm	American Style Mah Jong\$	
	1:10-2:25pm	Tai Chi (Intermediate)*	
	3:00-4:15pm	Beginning Yoga*	
	<b>Wednesdays</b>	9:00-10:00am	Strength & Tone*
9:00-10:30am		Walking Group (Free)	
9:00am-Noon		Drop-In Bocce\$	
9:00am-Noon		Drop-In Woodshop\$	
10:00am-Noon		Arts & Crafts\$	
10:15-11:10am		Fall Prevention Exercise Class*	
1:00-3:00pm		Bingo\$	
1:00-3:00pm		Book Club\$	
<b>Thursdays</b>		9:00am-Noon	Words in Bloom (1 <sup>st</sup> & 3 <sup>rd</sup> Thursdays)\$
		9:00am-Noon	Drop-In Woodshop\$
	9:30-11:30am	Pleasanton Peddlers Bicycle Group (Free)	
	10:00am-Noon	Senior Players (Free)	
	10:00-11:15am	Yoga (Intermediate)*	
	12:45-3:45pm	Drop-In Cards, Poker\$	
	1:00-4:30pm	Contract Bridge (reservation required)\$	
<b>Fridays</b>	9:00-10:00am	ZUMBA Gold*	
	9:00am-Noon	Drop-In Bocce\$	
	9:00am-Noon	Drop-In Woodshop\$	
	9:00-11:30am	Knitting\$	
	10:00-11:30am	Brain Matters\$ (1 <sup>st</sup> and 3 <sup>rd</sup> Fridays)	
	10:15-11:15am	Fit for Fifty*	
	1:00-3:00pm	Bingo\$	
	1:00-4:00pm	American Style Mah Jong\$	
	1:30-2:45pm	Line Dance—Beginning*	
3:00-4:15pm	Line Dance—Intermediate*		
<b>Weekdays</b>	8:00am-3:00pm	Paratransit Service	
	10:00am-4:00pm	Peddler Shoppe Open	

### Monthly Calendar

Drop by the Senior Center to obtain your copy of the Monthly Calendar which details services, activities, special events, and classes at the Center; or simply visit our website at [www.pleasantonseniorcenter.org](http://www.pleasantonseniorcenter.org).

### Activity Program Notes:

#### Pleasanton VIP Senior Club Luncheon

2nd & 4th Monday 11:00am-1:00pm

#### Coffee & Conversation with the Experts (FREE)

2nd Tuesday 10:30-11:30am

#### PC Users Group\$

4th Thursday 10:00am-Noon

#### Newcomers Welcome\* (FREE)

2nd Wednesday 10:30am-Noon

#### Photo Club\$

2nd Wednesday 1:30-3:00pm

#### Education and Enrichment Activities Key

- **Sponsored by the City of Pleasanton:**

Day, evening & weekend classes of interest to mature adults are listed throughout this Guide. Registration must be completed by the second class meeting. New opportunities begin quarterly.

#### \$ Drop-In Fees Apply:

\$1.75R/\$2.25N (except Woodshop)

- \* **Sponsored by the Senior Support Program of the Tri-Valley**

Proof of age may be required for some programs



# Drop-In Programs

Pleasanton Senior Center | \$1.75R/\$2.25N

## Coffee & Conversation

Free



### East Bay Regional Parks

**Presented by Ayn Wieskamp & Jim Townsend**

Join East Bay Regional Park District Board President Ayn Wieskamp and Trails Development Manager Jim Townsend as they share updates on new Regional Park and trail facilities currently under development in the Tri Valley area. They will also answer any questions regarding existing EBRPD parks, trails, and policies. Come learn more about the surrounding parks and programs within the Tri-Valley.

Tu 9/9 10:30-11:30am

### LegalShield—Legal & Identity Theft Protection

**Presented by Sheila Purcell**

Have you needed help with legal contracts or documents, wills, powers of attorney, identity theft protection, landlord issues or other legal needs? LegalShield gives you the ability to talk to an attorney without worrying about the high hourly costs and retainer fees of individual attorneys. For one low flat monthly fee, the whole family can have the legal and identity theft protection they need when situations arise. Attend this seminar to determine if LegalShield is right for you.

Tu 10/14 10:30-11:30am

### Advances of Total Hip Replacement

**Presented by Dr. Daljeet Sagoo, Orthopedic Surgeon**

This presentation will explore the advances not only in technology relating to hip replacement, but will also touch on patient experiences and the overall outcomes of total hip replacement. Bring your questions!

Tu 12/9 10:30-11:30am

### Pleasanton Pedalers

If you love cycling, making new friends, and want to have lots of fun, this group is for you! All skills levels are invited. Rides will be at an easy pace from 15 to 25 miles long. No riders left behind. Group meets at the Senior Center parking lot. A signed waiver is required of all riders. Inclement weather may result in cancellation of ride.

Log on to PleasantonPedalers@bikerider.com or call ride leader Steve McGinnis at (925) 200-9031 for more information. No drop in fee.

Th On-going 9:00am

### Brain Matters

Learn how to keep your brain active and your memory sharp. Bi-monthly meetings consist of word games, puzzles, challenging activities, reminiscing, socials and more. All geared to age proof your mind.

1st & 3rd F Ongoing 10:00-11:30am

### Knitting

Join the Center's knitting group and learn to knit, refresh your skills, pick up some new tips, share techniques you've learned, get help with that pesky "UFO", or just sit, knit and plan to laugh a lot.

**Instructor:** Stacy Dennig

F Ongoing 9:00-11:30am

### Photo Club

The Photo Club is open to any senior who enjoys the hobby of photography at any level. It is suggested that you have some form of a digital camera of any type—from a point and shoot to a single lens reflex camera. We share our photos and make suggestions how the photos might be improved. Meetings will also offer occasional speakers, field trips and themes.

2nd W Ongoing 2:00pm

### Computer Tutors at the Senior Center

Struggling with your PC? Can't figure out the Internet or just having trouble with your software? One-on-one tutoring is available at the Senior Center. For reservations, please call 931-5365.

### Words in Bloom

Words in Bloom, is a writers workshop for seniors. Everyone has a story, come and share yours. You have a legacy to share with your loved ones. Along the way you will learn to create a new story from your imagination.

1st & 3rd Th Ongoing 9:00am-12:00pm

### Chat with the Nat

Join the City Naturalist as he brings the wonder of the outside world to the Senior Center for an on-going lecture series on a wide array of topics that cover the local natural world and vicinity. Lectures will include slide shows, hands on materials, visits from a few of his special little furry and crawling friends, and plenty of time for Q&A. This is an easy way to explore the great outdoors, indoors!

Tu 9/16, 11/8, 1/20 1:00-2:00pm

### Movie Madness

Features large screen and theater-style sound, with movies that range from old classics to the more recent favorites (monthly movie schedule available at the Senior Center). Free of charge.

Show dates: Sept. 16th and 30th, October 7th and 21st, November 4th and 18th, December 2nd and 16th and January 6th and 20th

1st & 3rd M Ongoing 1:00pm



### The Peddler Shoppe

Discover the unique, hand-crafted treasures that await you at the Peddler Shoppe. You'll find great gift ideas for any holiday—jewelry, accessories, woodwork, linens and toys! And, we also have an amazing selection of colorfully knitted baby blankets, bonnets and booties.

**Location:** Pleasanton Senior Center

**Shop Hours:** Monday–Friday, 10:00am–4:00pm

# Enrichment • Special Interest



## Ages 50 and up Zumba Gold

Zumba Gold, designed for adults 50 years of age and older, is an exciting and high-energy aerobic exercise, using Latin rhythms with easy-to-follow moves to create a dynamic fitness program. Routines feature fast and slow rhythms and music that are combined for aerobic endurance, muscle tone and flexibility.

**Location:** Pleasanton Senior Center—† (see note below)  
**Instructor:** Jenny Underwood

8 classes   \$32R/\$35N			
58148	Tu/F	9/2-9/26†	9:00-10:00am
12 classes   \$48R/\$53N			
58149	Tu/F	10/10-11/21	9:00-10:00am
14 classes   \$56R/\$62N			
58150	Tu/F	12/2-1/30*	9:00-10:00am

\*No class on 12/23, 12/26, 12/30, 1/2

## Ages 18 and up Wooden Pen Turning Class

A fun and easy introduction to using a wood lathe. The techniques are easy to learn and each pen you create is unique and beautiful. In this class you will learn how to turn pens, finish the wood, and assemble the pen. Your hand-crafted pen will be a great gift for anyone.

**Location:** Pleasanton Senior Center  
**Instructor:** Larry Snyder

1 class   \$50R/\$55N			
58193	Th	9/11	9:00am-4:30pm
58194	Th	10/9	9:00am-4:30pm
58195	Th	11/13	9:00am-4:30pm
58196	Th	12/11	9:00am-4:30pm
58197	Th	1/8	9:00am-4:30pm

## Tea Time Social

An enchanting tea experience awaits you at our monthly Tea Time Social—beautiful vintage china cups filled with assorted teas in a festively decorated room, cookies for the sweet tooth, and the fine art of conversation. Come and enjoy a spot of tea! No cost.

Every 1st Thursday On-going 1:00-2:30pm

Ages 50 and up

## AARP Mature Drivers Program

**Traditional Class**

**Location:** Pleasanton Senior Center  
**Instructor:** AARP instructor

2 classes   \$15.00 (AARP)/\$20.00 (Non-AARP)		
W	9/17 & 9/24	8:30am-12:30pm

**Renewal Certificate**

Must have passed the original class in the last four years

**Location:** Pleasanton Senior Center  
**Instructor:** AARP instructor

1 class   \$15.00 (AARP)/\$20.00 (Non-AARP)		
W	11/12	8:00am-1:00pm

## The Senior Players Present Always a Bridesmaid

In this hilarious comedic romp, *Always a Bridesmaid*, four determined friends try to keep the promise they made at their Senior Prom to be in each other's weddings . . . no matter what! Hop on this marriage-go-round for a rib-tickling journey as the four navigate the choppy waters of love and matrimony. Tickets sold in advance at the Senior Center and Firehouse ticket office or online: [www.firehousearts.org](http://www.firehousearts.org)  
3 Shows/General Seating: \$10  
Group ticket pricing available  
Doors open ½ hour before the performance

F/Sa	10/24-10/25	7:30-9:30pm
Su	10/26	2:00-4:00pm

## Pleasanton VIP Travel Desk

The Pleasanton VIP Travel Desk offers day trips to various locations in the greater Bay Area, as well as one day casino trips in addition to extended trips outside California and the United States. Past trips included cruises, treks to Canada and Europe.

**Location:** Pleasanton Senior Center, (925) 931-5370  
**Website:** [www.VIPtravel5353weebly.com](http://www.VIPtravel5353weebly.com)

## Sharecare

Help yourself, your family, friends and even pets with simple hands-on techniques to enhance self-healing. You will learn the techniques and the science behind them to provide gentle healing support for everyone. This one day workshop teaches the basics of CranioSacral therapy. Study guide provided.

**Location:** The Healing Journey, 3950 Valley Ave, Pleasanton

**Instructor:** Kathy Lorenz

1 class   \$120R/\$132N		
58691	Sa	10/4 9:00am-4:00pm

## Pleasanton Paratransit Transportation Service\*

Available to persons 70+ years of age and ADA-qualified persons age 18 and above. No weekend service.

**Transportation Hours:** M-F, 8:00am-5:00pm  
**Registration required:** 931-5376  
**Reservations:** 9:00am-3:00pm, 3-14 days in advance

## Downtown Route (DTR)\*

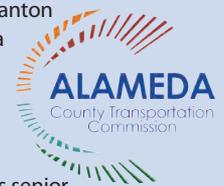
DTR, a service of Pleasanton Paratransit Service, is a same-day, fixed route transit service that operates throughout Pleasanton. This affordable service connects senior housing complexes to the downtown area and other popular destinations, including ValleyCare Medical Center, Safeway, Kaiser, Walmart, Trader Joe's and Stoneridge Mall. Tickets available at the Senior Center.

Fee: \$1.50 per day

For more information, call 931-5376

**Transportation Hours:** T, Th and F, 8:00am-4:00pm

\*Partially funded by Measure B Funds, Alameda County Transportation Commission



## Travel Ambassadors

City of Pleasanton Travel Ambassadors offer FREE individualized assistance to participants interested in learning how to use public transportation options including WHEELS, BART, Pleasanton Paratransit and Downtown Route. Call 931-5376 to make an appointment for this service

Ages 50 and up

## Pleasanton VIP Senior Club

The Pleasanton VIP Senior Club meets at lunch on the 2nd and 4th Monday of each month. There is a business meeting on the 2nd Monday and entertainment the 4th Monday. Benefits include entertainment, guest speakers, special events, and discounts on travel. Membership is open to anyone 50 years or older.

**Cost: \$10 (for first year), \$7 for succeeding years**

Lunch reservations must be made one day in advance for reservations call (925) 931-5385. Please visit the VIP Travel Desk at [VIPtravel5353weebly.com](http://VIPtravel5353weebly.com).

† 9/19 classes to be held at the Veterans Building

# Health & Fitness

Ages 50 and up

## Pleasanton Sole Mates

Do you love the outdoors and want a fun way to exercise? Walking is one of the easiest and most cost effective forms of exercise for mature adults. Join our weekly walking group on Wednesday mornings. We will trek to local venues while enjoying the great outdoors. Most walks will be suitable for all fitness levels. (Times vary)

W On-going 8:45-10:00am

Ages 18 and up

## Tai Chi

Beginners will establish a foundation in Tai Chi fundamentals by learning the early moves of a Tai Chi set. Intermediate and advanced students will build on the foundation learned in the beginners' class by exploring the depths of the fundamentals as well as learning additional moves. Students can expect to encounter challenges during their exploration, both mental and physical, as their practice leads to improved coordination, flexibility, strength, balance and equanimity.

**Location:** Pleasanton Senior Center

**Instructor:** Geoffrey Lee

### Beginning

15 classes | \$60R/\$66N

58143	Tu	8/26-12/16	11:45am-1:00pm
58145	Tu	1/6-4/14	11:45am-1:00pm

### Intermediate

15 classes | \$60R/\$66N

58146	Tu	8/26-12/16	1:10-2:25pm
58147	Tu	1/6-4/14	1:10-2:25pm

## Dessert Dance

Come and dance the night away at our Friday Night Dessert Dance with DJ Mike Quermous. Light refreshments will be served. Register online or at the Senior Center: 931-5365.

**Location:** Pleasanton Senior Center

1 class | \$7R/\$8N

58225	F	9/5	7:00-9:30pm
58226	F	10/10	7:00-9:30pm



Ages 50 and up

## Beginning Line Dance

Unwind, meet new friends, and exercise in this beginning Line Dance class! You will learn all the basic steps for each line dance. Steps are taught slowly and easily and dances will be repeated until you are comfortable moving on. Good exercise, good music and good fun! No partner necessary.

**Location:** Pleasanton Senior Center—† (see note below)

**Instructor:** Sue Kraft

3 classes | \$12R/\$15N

58134	F	9/12-9/26†	1:30-2:45pm
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8 classes | \$32R/\$35N

58135	F	10/3-11/21	1:30-2:45pm
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7 classes | \$28R/\$31N

58136	F	12/5-1/30*	1:30-2:45pm
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\*No class on 12/26, 1/2

Ages 50 and up

## Intermediate Line Dance

Learn classic Country Line Dancing as well as new line dances while having a great time. Each dance is repeated until everyone is comfortable and ready to move on. Previous dances will also be reviewed and practiced.

**Location:** Pleasanton Senior Center—† (see note below)

**Instructor:** Sue Kraft

3 classes | \$12R/\$15N

58137	F	9/12-9/26†	3:00-4:15pm
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8 classes | \$32R/\$35N

58138	F	10/3-11/21	3:00-4:15pm
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7 classes | \$28R/\$31N

58139	F	12/5-1/30*	3:00-4:15pm
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\*No class on 12/26, 1/2

Ages 50 and up

## Strength and Tone

We will work every major muscle group. This total body strengthening and toning class uses a variety of resistance options. Our Zumba Toning certified instructor uses dynamic resistance training resulting in increased muscle strength and bone density, improved mobility, posture and coordination.

**Location:** Pleasanton Senior Center—† (see note below)

**Instructor:** Jenny Underwood

4 classes | \$16R/\$19N

58140	W	9/3-9/24†	10:15-11:15am
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6 classes | \$24R/\$27N

58141	W	10/15-11/19	10:15-11:15am
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7 classes | \$28R/\$31N

58142	W	12/3-1/28*	10:15-11:15am
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\*No class on 12/24, 1/2

All Ages

## Yoga—All Levels

Focus the mind and strengthen the body. Using Yoga poses and awareness of breath, you will experience increased flexibility, strength and balance. Class incorporates balance postures, breathing techniques, mindful body movement and variations to suit student needs. Class closes with deep relaxation.

**Location:** Pleasanton Senior Center

**Instructor:** Roberta Wilson

4 classes | \$24R/\$27

58482	Th	9/4-9/25	10:00-11:15am
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8 classes | \$48R/\$53

58483	Th	10/2-11/20	10:00-11:15am
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7 classes | \$42R/\$46

58484	Th	12/4-1/29*	10:00-11:15am
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\*No class on 12/25, 1/1

Ages 50 and up

## Fit for Fifty Plus

A slower-paced exercise program geared for the mature adult/senior without the movement and mobility required in a more typical aerobic class. Designed to help those who want to be physically fit through easy movement, stretching, toning and balance.

**Location:** Pleasanton Senior Center† (see note below)

**Instructor:** Katherine Bene

9 classes | \$36R/\$40N

58131	Tu/F	9/2-9/30†	10:15-11:15am
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14 classes | \$56R/\$62N

58132	Tu/F	10/3-11/21	10:15-11:15am
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58133	Tu/F	12/2-1/30	10:15-11:15am
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All Ages

## Beginning Yoga—Level 1

This class introduces methods to integrate body, mind and breath for total performance and health. Class includes warm up, active work and a cool down phases. Each phase incorporates balance postures, breathing techniques, and moving the body mindfully. Class ends with deep relaxation.

**Location:** Pleasanton Senior Center

**Instructor:** Roberta Wilson

5 classes | \$30R/\$33N

58187	Tu	9/2-9/30	3:00-4:15pm
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6 classes | \$36R/\$40N

58188	Tu	10/7-11/18*	3:00-4:15pm
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7 classes | \$42R/\$46N

58189	Tu	12/2-1/27*	3:00-4:15pm
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\*No class on 11/11, 12/24

† 9/19 classes to be held at the Veterans Building

Enroll now: [www.pleasantonseniorcenter.org](http://www.pleasantonseniorcenter.org)

# Information • Youth Tennis

**Pleasanton Tennis Park**  
**5801 Valley Avenue**  
**(925) 931-3449**  
**Register: [www.lifetimetennis.com](http://www.lifetimetennis.com)**

The tennis courts at the Pleasanton Tennis park are available on a pay-as-you-play basis. The fee is based on the ability to reserve court use, provision of a multi-use facility and maintenance. Other public tennis courts located at community parks and schools in Pleasanton are available free of charge.



You can register in person at the Tennis Park or online. Please use a Lifetime Tennis registration form.

## Priority Registration

Resident registration begins Wed., July 30

## Open Registration:

Open registration begins Wed., August 13  
 Please see page 48 for the City Refund Policy.

## Services

Call us at the park or check out our website for the schedule, fees, and rules.

- Reserve Court Time
- Ball Machine Rental
- Ping Pong
- Tennis Birthday Parties
- Private Lessons

## Office & Court Hours

Mon-Fri 8:00am-10:00pm  
 Sa 8:00am-9:00pm  
 Su 8:00am-8:00pm

## Open Play Court Fees

per 45 minutes  
 Adult: \$6.50R/\$9N  
 Youth: \$5.50R/\$8N  
 Mid-Day Deal:  
 Monday thru Friday, noon-3:00 pm  
 \$5 per 45 minutes



## 4-6 years old Little Tennis and Sports Development

Improve your coordination and motor skills while learning basic tennis strokes and games. | 5:1 ratio

<b>12 classes \$174R/\$191N   13 classes \$189R/\$207N   14 classes \$203R/\$223N</b>			
Mon	3:30-4:15pm	9/15-12/15	1/5-3/23
Tue	10:15-11:00am	9/16-12/16	1/6-3/24
Tue	3:30-4:15pm	9/16-12/16	1/6-3/24
Wed	3:30-4:15pm	9/17-12/17	1/7-3/25
Thu	10:15-11:00am	9/18-12/18*	1/8-3/26
Fri	3:30-4:15pm	9/19-12/19*	1/9-3/27
Sat	9:30-10:15am	9/20-12/20	1/3-3/21
Sun	9:30-10:15am	9/21-12/14	1/4-3/22

\*No class 10/24, 11/27

## Ages 7-15 Green, Blue, Red (GBR) Program

Develop your rallying skills and stroke technique in this multi-level introductory program. You will be first grouped by age and then by ability level.

### 7-10 years old | 8:1 ratio

<b>12 classes \$216R/\$238N   13 classes \$234R/\$257N   14 classes \$252R/\$277N</b>			
Mon	4:15-5:45pm	9/15-12/15	1/5-3/23
Wed	6:30-8:00pm	9/17-12/17	1/7-3/25
Fri	4:15-5:45pm	9/19-12/19*	1/9-3/27
Sat	10:15-11:45am	9/20-12/20	1/3-3/21
Sun	11:00am-12:30pm	9/21-12/14	1/4-3/22

\*No class 10/24

### 11-15 years old | 8:1 ratio

<b>12 classes \$216R/\$238N   13 classes \$234R/\$257N   14 classes \$252R/\$277N</b>			
Tue	6:30-8:00pm	9/16-12/16	1/6-3/24
Thu	3:30-5:00pm	9/18-12/18*	1/8-3/26
Sat	11:45am-1:15pm	9/20-12/20	1/3-3/21
Sun	12:30pm-2:00pm	9/21-12/14	1/4-3/22

\*No class 11/27

### 7-10 years old | 4:1 Ratio

<b>12 classes \$402R/\$442N   13 classes \$436R/\$477N   14 classes \$469R/\$516N</b>			
Wed	4:15-5:45pm	9/17-12/17	1/7-3/25
Sat	11:45am-1:15pm	9/20-12/20	1/3-3/21
Sun	12:30-2:00pm	9/21-12/14	1/4-3/22

### 11-15 years old

<b>12 classes \$402R/\$442N   13 classes \$436R/\$477N   14 classes \$469R/\$516N</b>			
Sat	1:15-2:45pm	9/20-12/20	1/3-3/21
Sun	11:00am-12:30pm	9/21-12/14	1/4-3/22

## Ages 7-16 Junior Development Program

You must first get a coaches' recommendation to find the right level for you in this 4-tiered program.

### Intro to Bronze | 8:1 ratio

You've graduated the GBR Program, it's time to polish your technique and gain more full court experience.

<b>13 classes \$261R/\$287N   14 classes \$281R/\$309N   12 classes \$241R/\$265N   1.5 hrs</b>			
Thu	3:30-5:00pm	9/18-12/18*	1/8-3/26
Sat	2:45-4:15pm	9/20-12/20	1/3-3/21

<b>12 classes \$325R/\$358N   13 classes \$352R/\$387N   2.25 hrs</b>			
Fri	5:45-8:00pm	9/19-12/19*	1/9-3/27

\*No class 10/24, 11/27

### Bronze | 8:1 ratio

Your technique is starting to become more reliable but you need to keep working on your overall consistency.

<b>12 classes \$241R/\$265N   14 classes \$281R/\$309N   1.5 hrs</b>			
Sat	4:15-5:45 pm	9/20-12/20	1/3-3/21

<b>12 classes \$325R/\$358N   13 classes \$352R/\$387N   2.25 hrs</b>			
Fri	5:45-8:00pm	9/19-12/19*	1/9-3/27
Sun	4:15-6:30pm	9/21-12/14	1/4-3/22

\*No class 10/24, 11/27

### Silver | 8:1 ratio

You've started to become more successful in matches, now it's time to practice hitting your shots more aggressively and accurately

<b>12 classes \$325R/\$358N   14 classes \$379R/\$417N</b>			
Mon	3:30-5:45pm	9/15-12/15	1/5-3/23
Wed	5:45-8:00pm	9/17-12/17	1/7-3/25
Sat	5:45-8:00pm	9/20-12/20	1/3-3/21

(Youth Tennis continued on the next page)

# Youth Tennis

## Gold | 8:1 ratio

become a more complete player, get comfortable using the different spins, placing your shots, and adding more variety to your game.

12 classes \$325R/\$358N | 13 classes \$352R/\$388N | 14 classes \$379R/\$417N

Mon 5:45-8:00pm 9/15-12/15 | 1/5-3/23  
Sun 4:15-6:30pm 9/14-12/14 | 1/4-3/22

## Matchplay | 8:1 ratio

Apply proper tennis etiquette, develop good sportsmanship, and build up your match confidence. You must be enrolled in a Junior Development Program to participate.

12 classes \$127R/\$140N | 13 classes \$138R/\$152N

Sun 6:30-8:00pm 9/21-12/14 | 1/4-3/22

## Tournaments

For players in the Junior Development Program.

### Veteran's Day Tournament

Deadline to register is Sunday, Nov 9.

\$8R/\$10N

Tue 9:00am 11/11

## Invitational Training Programs

### Little Rallyers, Intro to Tournament Training, and Tournament Training

This year-round program is designed to prepare students for competitive tennis starting from an early age. For more information, contact our Tennis Director, Aaron Wong, at aaronw@lifetimetennis.com.



## Ages 4-16

### YOUTH TENNIS CAMPS



Players must wear athletic, non-marking soled shoes. Players are encouraged to put sunscreen on, bring a bottle of water and a snack, and wear comfortable clothes including a visor or cap.

## Ages 4-6 | 5:1 ratio

### Little Tennis Camps

(LT) Learn how to swing correctly and play games that test your coordination and motor skills. Refreshment breaks are part of this camp.

9:30-11:00am | 2 days | \$63R/\$69N

## Ages 7-15 | 8:1 ratio

### Youth Improvement Tennis Camps

(YI) Develop your rally skills, discover all the tennis strokes, and set yourself up for good fundamentals. This camp is great for beginning to intermediate level players. You will be first grouped by age, then by ability.

9:30am-12:30pm | 2 days | \$77R/\$85N

## Ages 7-15 | 8:1 ratio

### Junior Development Tennis Camps

(JD) Strengthen your technique, build up your fitness, and apply tennis strategy during the week. This camp is for players who demonstrate strong fundamentals and can put a match together. If you're new to the program, we recommend an evaluation before signing up.

9:30 am-12:30 pm | 2 days | \$77R/\$85N

## Ages 7-15 | 8:1 ratio

### Table Tennis Camps

(TT) Increase your coordination, speed up your reaction time, and strengthen your fundamentals. Beginning to intermediate level players are welcome.

1:00-3:00 pm | 2 days | \$51R/\$56N

LOOK FOR THESE ICONS FOR FALL AND WINTER BREAK CAMPS:



FALL CAMP



WINTER CAMP

## Ages 7-15 | 8:1 Ratio

### Sports and Activities Camps

(AC) Use the entire Tennis Park as your playground for the week. Participate in both indoor and outdoor sports and games. A team leader will help organize your fun, eclectic week.

3:30-5:00pm | 2 days | \$39R/\$43N

## Ages 7-15 | 8:1 Ratio

### All Day Camp Bundle

(AD) Spend your break at the Tennis Park. Play tennis in the morning, work on your table tennis skills in the afternoon, and finish the day with different sports and games around the park. *Bring snacks and lunch.*

**Schedule** 9:30am-12:30pm Tennis Camp  
12:30-1:00pm Lunch  
1:00-3:00pm Table Tennis Camp  
3:00-3:30pm Snack Break  
3:30-5:00pm Activities Camp

9:30am-5:00pm | 2 days | \$139R/\$153N

### Early Bird & Late Bird Care

For early drop off and/or late pick up.

Drop off 8:30am | Pick up 6:00pm

\$6 per child per day or \$22 per child per week

\$40 per child per week for early and late bird care if you're registered in the All-Day Bundle

### Tennis Camp Schedule

**Camp Code:** LT YI JD TT AC AD

12/22-12/23 ● ● ● ● ● ●

12/26-12/27 ● ● ● ● ● ●

12/29-12/30 ● ● ● ● ● ●

**Lifetime Tennis' Halloween Fun Night is back...**

See page 51 for all the spooky details!

# Tennis

Ages 16 and up | 8:1 ratio

## Adult Tennis Lessons

### Beginning

Learn the basic strokes and develop your rallying skills.

12 classes \$216R/\$238N | 13 classes \$234R/\$257N | 14 classes \$252R/\$277N

Mon	6:30-8:00pm	9/15-12/15	1/5-3/23
Wed	9:30-11:00am	9/17-12/17	1/7-3/25
Fri	8:45-10:15am	9/19-12/19*	1/9-3/27
Sun	8:00-9:30am	9/21-12/14	1/4-3/22

\*No class 10/24

12 classes \$161R/\$177N | 14 classes \$188R/\$207N

Mon	12:30-1:15pm	9/15-12/15	1/5-3/23
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### Advanced Beginning

Work on shot placement, improve your footwork, and strengthen your technique. At least 6 months of formal tennis instruction is recommended before signing up.

12 classes \$216/\$238N | 13 classes \$234R/\$257N | 14 classes \$252R/\$277N

Mon	8:45-10:15am	9/15-12/15	1/5-3/23
Thu	6:30-8:00pm	9/18-12/18*	1/8-3/26
Sun	8:00-9:30am	9/21-12/14	1/4-3/22

\*No class 11/27

12 classes \$161R/\$177N | 14 classes \$188R/\$207N

Mon	12:30-1:15pm	9/15-12/15	1/5-3/23
-----	--------------	------------	----------

### Intermediate

Train for your matches and drill basic match strategy. We recommend that you are able to sustain a full court rally before joining this level.

12 classes \$216/\$238N | 13 classes \$234R/\$257N | 14 classes \$252R/\$277N

Tue	8:45-10:15am	9/16-12/16	1/6-3/24
Wed	6:30-8:00pm	9/17-12/17	1/7-3/25
Fri	10:15-11:45am	9/19-12/19*	1/9-3/27
Sat	8:00-9:30am	9/20-12/20	1/3-3/21

\*No class 10/24

12 classes \$161R/\$177N | 14 classes \$188R/\$207N

Tue	11:45am-12:30pm	9/16-12/16	1/6-3/24
-----	-----------------	------------	----------

### Advanced

Strengthen your serve and net play, add pace to your shots, and develop tactics to use in your matches. An NTRP rating of at least 3.5 is recommended to join this level.

12 classes \$216R/\$238N | 13 classes \$234R/\$257N | 14 classes \$252R/\$277N

Tue	6:30-8:00pm	9/16-12/16	1/6-3/24
Thu	8:45-10:15am	9/18-12/18*	1/8-3/26
Sat	8:00-9:30am	9/20-12/20	1/3-3/21

\*No class 11/27

### Ages 16 and up

## Thursday Night Clinic

For Intermediate to Advanced players who can't commit to a full session, this clinic works on one specific topic each week. You can drop-in or pre-register but space is limited to the first 8 players.

Location: Pleasanton Tennis Park

\$15R/\$18N per clinic

Th	6:30-8:00pm	9/18-12/18*	1/8-3/26
----	-------------	-------------	----------

\*No class 11/27

### Ages 16 and up | 8:1 ratio

## Cardio Tennis

Get your heart rate up and stay fit through drills and footwork exercises. Open to all playing levels.

Location: Pleasanton Tennis Park

12 classes \$111R/\$122N | 13 classes \$120 R/\$132 N | 14 classes \$130R/\$143N

Mon	5:45-6:30pm	9/15-12/15	1/5-3/23
Tue	12:30-1:15pm	9/16-12/16	1/6-3/24
Wed	12:30-1:15pm	9/17-12/17	1/7-3/25
Thu	12:30-1:15pm	9/18-12/18*	1/8-3/26
Sat	9:30-10:15am	9/20-12/20	1/3-3/21

\*No class 11/27

### Ages 16 and up | 8:1 ratio

## Adult Tennis Camp

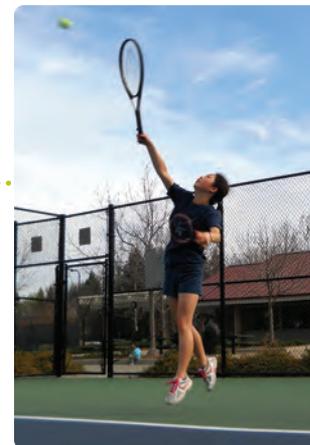
Train for your upcoming league season and competition. Recommended level: 3.0 and above.

3 days | \$50R/\$55N

Tu-Th	9:30-11:00am	12/16-12/18	3/17-3/19
Tu-Th	8:00-9:30pm	12/16-12/18	3/17-3/19

## RADD Tennis

See page 23 for class details



Ages 18 and up

## ADULT TENNIS LEAGUE

### Ladies Doubles—Rotating Partners

7 matches \$52R/\$57N | 9 matches \$67R/\$74N | 10 matches \$75R/\$83N

2.5	M	9/22-12/1*	1/5-3/9	9:00-11:00am
3.0	Th	9/25-12/4*	1/8-3/12	9:00-11:00am
3.5	Tu	9/23-12/2*	1/6-3/10	9:00-11:00am
3.5	F	9/26-12/5*	1/9-3/13	9:00-11:00am
3.7	W	9/24-12/3	1/7-3/11	9:30-11:45am

\*No league 11/10, 11/24-11/28, 1/19, 2/9, 2/16

### Men's Doubles—Rotating Partners

10 matches | \$75R/\$83N

3.0	Th	9/25-12/4	1/8-3/12*	8:00-10:00pm
3.5	W	9/24-12/3	1/7-3/11	8:00-10:00pm
4.0	Th	9/25-12/4	1/8-3/12*	8:00-10:00pm

\*No league 11/26, 11/27

### Mixed Doubles—Rotating Partners

#### Men

10 matches | \$75R/\$83N

3.0	Tu	9/23-12/2*	1/6-3/10	8:00-10:00pm
4.0	Tu	9/23-12/2*	1/6-3/10	8:00-10:00pm

#### Women

10 matches \$75R/\$83N

3.0	Tu	9/23-12/2*	1/6-3/10	8:00-10:00pm
4.0	Tu	9/23-12/2*	1/6-3/10	8:00-10:00pm

### Mixed Doubles-Permanent Partners\*\*

\*\*Permanent Partner League players must sign up as a team.

9 matches \$134R/\$141R&N/\$148N | 10 matches \$150R/\$158R&N/\$166N

3.5	M	9/29-12/1*	1/5-3/9*	8:00-10:00pm
4.0	M	9/29-12/1*	1/5-3/9*	8:00-10:00pm

\*No league 11/24, 11/25, 2/16



# CALLIPPE PRESERVE GOLF COURSE

8500 Clubhouse Drive • www.playcallippe.com • 925.426.6666

## Fall 2014 Golf Instruction Programs

**Note: Registration for all golf activities is conducted at the Golf Course.**

**Do not use the registration form in this Activities Guide.**



### Beginning Fundamentals

**Thursdays—Noon-1:00pm**

9/4-10/2    10/16-11/13

**Saturdays—Noon-1:00pm**

8/30-9/27    10/11-11/8

### Junior Intro to Fundamentals

**Thursdays—3:30-4:30pm**

9/4-10/2    10/16-11/13

**Saturdays—2:00-3:00pm**

8/30-9/27    10/11-11/8



### Beginning Fundamentals

#### Ages 16 and up

This class focuses on the basic fundamentals that players rely on for overall swing stability. Different basic shots needed to play a round of golf, from putting to driving, will be discussed. This is a good class, whether you've had no instruction, little instruction, or are fairly experienced.

### Junior Intro to Fundamentals

#### Ages 7-15

This class is for youngsters who have not had much golf instruction. Basic fundamentals are covered in a fun way for younger kids to understand. Through consistent repetition, students will receive a solid foundation for practicing and playing the game.

### About the Classes

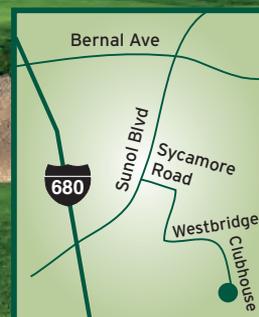
Each class consists of five 1-hour sessions taught by PGA Head Professional Doug Giannini and Assistant Golf Professional Jake Saito, and will have between 6 and 10 students. Practice balls and golf clubs are provided. Students should wear athletic shoes and appropriate attire for current weather conditions.

#### Program Prices

**Junior** \$90R/\$100N

**Adult** \$120R/\$150N

All lessons will take place at the Callippe Preserve Golf Course. Registrations and fees are processed at the Golf Course and must be submitted at least one week prior to the start of the session. Due to the 6-student minimum class size, some classes may be rescheduled at the discretion of the Golf Professional. Seasonally, some classes may be postponed due to inclement weather.



## Parks Amenities Guide

Legend: C–Community N–Neighborhood U–Undeveloped

Map	Location/Park Name	Address	Type	Acres	Bocce Ball	Barbeque Pit	Baseball Field	Basketball Court(s)	BMX Track	Dog Park	Exercise Course	Golf Course	Group Picnic	Horseshoes	Inline Skate Park	Picnic Tables	Public Art	Restroom(s)	Roller Hockey Rink	Skateboard Park	Soccer Field(s)	Softball Field(s)	Swimming Pool	Tennis Courts	Tot Play Area	Trails/Open Space	Volleyball/Sport Ct.	Waterplay Area	Youth Play Area
1.	Alviso Adobe Comm. Park	3465 Old Foothill Rd	C	7												●	●								●				
2.	Amador Valley Comm. Park	4301 Black Ave.	C	23.5	●								●	●		●	●	●			●	●	●		●			●	
3.	Amaral Park	3400 Dennis Dr.	N	5	●	●	●									●									●			●	
4.	Augustin Bernal Park	8200 Golden Eagle Way	C	237												●		●								●			
5.	Bernal Community Park	7001 Pleasanton Ave.	C	13	●	●										●		●							●			●	
6.	Bicentennial Park	2401 Santa Rita Rd.	N	2.6																									
7.	BMX Track	3320 Stanley Blvd.	N/A	3.65				●								●		●											
N.	Callippe Preserve Golf	8500 Clubhouse Dr.	N/A	425								●						●								●			
8.	Centennial Park	5353 Sunol Blvd.	C	5.7	●	●					●			●		●	●												
9.	Civic Park	100 Main St.	N	.7												●	●												
10.	Creekside Park	5601 W. Las Positas	N	6.6	●		●									●		●				●			●	●	●	●	
11.	Del Prado Park	6701 Hansen Drive	N	5			●									●									●			●	
12.	Delucchi Park	4501 First Street	N	.7	●											●		●											
13.	Fairlands Park	4100 Churchill Dr.	N	13.8												●								●	●				
14.	Fawn Hills Park	1510 West Lagoon Rd.	N	5	●		●									●									●				
15.	Hansen Park	5697 Black Ave.	N	6.2	●	●	●									●									●			●	
16.	Harvest Park	1401 Harvest Rd.	N	1.6												●												●	
17.	Heatherlark Park	5700 Northway Rd.	N	.8												●									●				
18.	Ken Mercer Sports Park	5800 Parkside Dr.	C	103			●	●	●				●			●	●	●	●	●	●	●	●		●	●	●	●	
19.	Kottinger Comm. Park	1000 Kottinger Rd.	C	14.5	●											●	●												
20.	Kottinger Village Park	4100 Vineyard Ave.	N	4.9			●									●									●			●	
21A.	Laurel Creek Park	5875 Laurel Creek Dr.	N	7.3												●		●								●			
21B.	The Preserve Staging Area	5800 Laurel Creek Dr.	N/A	.56														●								●			
22.	Lions Wayside Park	4401 First St.	N	.7	●											●													
23.	Main Street Green	890 Main St.	N	.73													●												
24.	McKinley Park	519 Kottinger Dr.	N	5.3												●													
25.	Meadowlark Park	8200 Regency Dr.	N	4.3	●		●									●									●	●	●	●	
26.	Meadows Park	3301 W. Las Positas	N	5	●		●									●									●	●	●	●	
27.	Mission Hills Park	600 Junipero	N	8.5	●		●			●						●									●	●	●	●	
28.	Moller Park	5500 Pleasant Hill Rd.	N	7.7	●											●									●			●	
29.	Muirwood Comm. Park	4701 Muirwood Dr.	C	13.9	●		●		●							●		●				●		●	●	●	●	●	
30.	Nielsen Park	3755 Stoneridge	N	5.7	●		●									●									●			●	
31.	Oakhill Park	4100 Muirwood Dr.	N	3.9												●									●			●	
32.	Orloff Park	1800 Santa Rita Rd.	N	8			●			●						●						●			●	●	●	●	
33.	Owens Plaza Park	5700 Owens Dr.	N	3	●											●									●			●	
34.	Stoneridge Creek Neighborhood Park	3200 Stoneridge Creek Wy.	N	5												●		●						●					
35.	Sutter Gate Park	4801 Sutter Gate Ave.	N	2.7												●									●			●	
36.	Tawny Park	400 Tawny Dr.	N	3.9			●									●						●			●			●	
37.	Tennis & Community Park	5801 Valley Ave.	C	15	●		●									●		●						●	●	●	●	●	
38.	Upper Pleasanton Field	4645 Bernal Ave.	N	3			●									●					●				●			●	
39.	Valley Trails Park	3400 National Park Rd.	N	6.1			●									●									●			●	
40.	Val Vista Community Park	7350 Johnson Dr.	C	24	●	●							●		●	●	●	●	●	●	●	●			●		●	●	
41.	Veterans Plaza	550 Peters Ave.	N	.5																					●				
42.	Vintage Hills Park	3301 Arbor Dr.	N	4	●											●									●			●	
43.	Walnut Grove Park	5150 Northway Rd.	N	3.5	●											●									●				
44.	Woodthrush Park	5099 Woodthrush Rd.	N	3.5																									

# Parks & Facilities Map



## Facilities

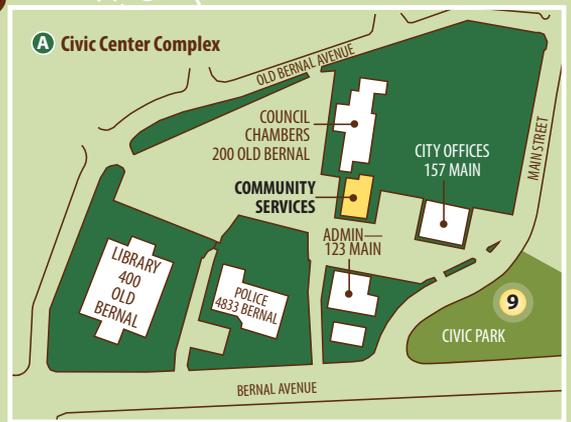
- A. Civic Center Complex:
  - Community Services** 200 Old Bernal Avenue
  - City Hall 157 Main Street
  - Library 400 Old Bernal Avenue
  - Police Department 4833 Bernal Avenue
- B. Amador Recreation Center 4455 Black Avenue
- C. Amador Theater 1155 Santa Rita Road
- D. Century House 2401 Santa Rita Road
- E. Cultural Arts Center 4477 Black Avenue
- F. Dolores Bengtson Aquatic Center 4455 Black Avenue
- G. Gingerbread Preschool 4433 Black Avenue
- H. Nature House 519 Kottlinger Drive
- I. Pleasanton Senior Center 5353 Sunol Boulevard
- J. Firehouse Arts Center 4444 Railroad Avenue
- K. Softball Fieldhouse 5800 Parkside Drive
- L. Tennis Complex 5801 Valley Avenue
- M. Veterans Memorial Building 301 Main Street
- N. Callippe Preserve Golf Course 8500 Clubhouse Drive
- O. Pleasanton Pioneer Cemetery 5780 Sunol Boulevard

## Trails

- T1. Alamo Trail 2.5 miles
- T2. Arroyo Del Valley Trail 1.7 miles
- T3. Arroyo Mocho Trail 2.9 miles
- T4. Augustin Bernal Trail 3.48 miles
- T5. Bernal Trail 1 mile
- T6. Callippe Preserve Trail 3.1 miles
- T7. Iron Horse Trail 2.7 miles
- T8. Marilyn Murphy Kane Trail 1.1 miles
- T9. Moller Trail 1.46 miles
- T10. The Preserve Area Trails 1.84 miles

## Gymnasiums

- G1 Harvest Park Middle School 4900 Valley Avenue
- G2 Pleasanton Middle School 5001 Case Avenue
- G3 Thomas A. Hart Middle School 4433 Willow Road



## Tennis Courts

- N1 Muirwood Park (4 courts)
- N2 Fairlands Park (2 courts)
- N3 Tennis & Community Park (10 lighted courts)
- N4 Pleasanton Middle School (2 lighted courts)

## Register Online: [www.pleasantonfun.com](http://www.pleasantonfun.com)

### Priority Registration

#### Online (Residents only)

Beginning at 8:00am on  
**Wednesday, July 30, 2014**

**First opportunity to register!**

Plan ahead and visit the City's registration website to request a customer log-in name and password, at least 72 hours prior to registration. Forgot your customer log-in name and password? Please contact the Community Services Department at 931-5340 for assistance.

#### Mail-In (Residents only)

Beginning at 8:00am on  
**Wednesday, August 6, 2014**

*(Faxes are NOT accepted)*

Make checks payable to:  
City of Pleasanton

Mail to: Registration  
City of Pleasanton  
P.O. Box 520  
Pleasanton, CA 94566  
Attn: Community Services

### Open Registration

#### Walk-in & Non-Resident

Beginning at 8:00am on  
**Wednesday, August 13, 2014**

*(Faxes are NOT accepted)*

#### Walk-in Registration

Available at the following locations during posted business hours:

- Community Services Administrative Office
- Dolores Bengtson Aquatic Center
- Gingerbread Preschool
- Pleasanton Senior Center

### General Information

- Registration for all tennis activities is conducted at the Pleasanton Tennis and Community Park, 5801 Valley Avenue, [www.lifetimetennis.com](http://www.lifetimetennis.com) or 931-3449.
- Registration for all golf activities is conducted at the Callippe Preserve Golf Course, 8500 Clubhouse Drive. For more information, 426-6666 or [www.playcallippe.com](http://www.playcallippe.com).
- Non-resident mail-in registrations sent before scheduled registration dates will be held and processed prior to the beginning of "Open Registration".
- It is the parent's/guardian's or the participant's responsibility to notify the City of Pleasanton in advance of any reasonable accommodations necessary to participate in the class(es) or program(s) described in this guide. Call 931-5340 for assistance.

### Refund Policy

- A full refund will be given when notice is received by the Community Services Department at least ten (10) days prior to the start of the class or program.
- Refund requests received at least five (5) days prior to the start of the class or program will be assessed a \$5 administrative fee, per class/program.
- No refunds will be issued for requests received less than five (5) days prior to the start of the class or program.
- Full refunds will be granted if the class or program is cancelled by the Department.
- No refunds given for non-attendance, one-day workshops or material/supply fees.

## Fee Assistance Program



## Did you know?

The Community Services Fee Assistance Program provides services and activities for low income families and seniors living in Pleasanton. Last year your generous donations helped make the following possible:

- 33 seniors received discounted rides on the Paratransit Bus for medical appointments, shopping and other activities in Pleasanton
- 44 families received discounts for swim lessons, exercise classes and other activities sponsored by the City of Pleasanton

For information about receiving fee assistance, go to the Community Services website at:

**[www.cityofpleasanton.com/services/recreation/rec-feeassistance.html](http://www.cityofpleasanton.com/services/recreation/rec-feeassistance.html)**

To donate to this vital program, simply include any donation amount on the Registration Form or add **Code 58692** (\$5 donation) when you checkout during online registration.

**For more information, call Community Services (925) 931-5340 or the Senior Center (925) 931-5365**

# How to Register

**City of Pleasanton  
Community Services  
P.O. Box 520  
Pleasanton, CA 94566  
Registration Form**

See previous page for Registration Information



Register with your Visa or MasterCard at [www.pleasantonfun.com](http://www.pleasantonfun.com)

**Please limit registration form to family members living in the same household only!**

**Refund Policy—Please read!**  
Withdrawals and Transfers: If you wish to drop a class or transfer to another session, call us at least *10 days* before the start date for a refund or credit. Choose your classes carefully. No refunds for non-attendance, one-day workshops or materials/supply fees.  
**NO FAXES ACCEPTED!**

Parent/Guardian \_\_\_\_\_  Resident\*  Nonresident \*Individuals residing within the City of Pleasanton property tax limits.

Home Address \_\_\_\_\_ City \_\_\_\_\_ Zip \_\_\_\_\_

Home Ph. \_\_\_\_\_ Cell Ph. \_\_\_\_\_ E-mail Address \_\_\_\_\_

Participant Name	Date of Birth (under 18)	Male/Female	Activity Code	Activity	Fee
<del>SAMPLE</del> Yash Gandhi	5/5/97	M	58462	Beginning Guitar	\$189-
<b>Yes, I'd like to donate to the Community Services Fee Assistance Program (See page 62 for details)</b>					<b>\$</b>
<b>Total</b>					<b>\$</b>

Waiver, Release and Assumption of Risk: The City of Pleasanton is sponsoring the following activity \_\_\_\_\_ . My (My child's) participation in this activity is voluntary. I am (My child is) physically fit to participate in this activity. I understand that this activity involves risks and that serious injuries could occur while I am (my child is) participating in this activity. In addition, if transportation is provided by City during the activity, serious injuries could occur. Knowing these risks, I want (my child) to participate in this activity. I (on behalf of my child) hereby assume the risk, and hereby waive, release and discharge the City of Pleasanton, its Council, officials, employees, volunteers, instructors, agents, sponsors and promoters of this activity, from any and all claims for damages for personal injuries or death, or claims for damages to property, which I (my child) or my (child's) heirs, assigns, executors or administrators may have or which may accrue to my (child's) participation in this activity, including transportation provided during the activity as applicable. I have read the above and understand that important legal rights are being waived.

I consent to the City's use of any photographs that are taken of me (my child) while participating in the City's programs for use in the City's promotions and publications in print and on the World Wide Web (Internet). No payment will be made for use of these photographs.

If you do not want you or your child(ren) photographed or videotaped while participating in a City recreation class or activity for the use in City publications, please contact the Community Services office at (925) 931-5340, to request an "Opt Out of Photo" form to be completed at least two weeks prior to the start of you or your child(s) class.

Name of Participant: \_\_\_\_\_ Signature Required: \_\_\_\_\_  
Parent/Guardian, if under 18: \_\_\_\_\_

Date: \_\_\_\_\_ Check Enclosed: Total Amount \$ \_\_\_\_\_ **Make Check Payable to: City of Pleasanton**

Visa  MasterCard Card Number \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ Exp \_\_\_\_\_ / \_\_\_\_\_

Total Amount \$ \_\_\_\_\_ Card Holder Signature \_\_\_\_\_

## City Commissions

Meet in City Council Chambers, 200 Old Bernal Avenue, or otherwise noted

### Civic Arts Commission

Sandra Jellison • John Loll • Heidi Massie  
Ray Helm • Sara Nealy • Olivia Scrivner  
John Steenman • Stephanie Wedge  
Judy Wheeler

7:00pm 1st Monday

### Housing Commission

John Casey • Colleen Lopez  
Daniel Mermelstein • Ann Welsh

7:00pm 3rd Thursday

### Human Services Commission

Joyce Berger • Varsha Clare • Susan Hayes  
Prashant Jhanwar • David Nagler  
Brock Roby • Theresa Rowland  
Rosiland Wright • Alison Boswell

7:00pm 1st Wednesday

### Library Commission

Valerie Arkin • Kelly Cousins • Gene Litvinoff  
Traci Cook • Corri Cooper • Joan Nibert  
Denise Fournier • Judith Matthew • Ria Vyas

7:00pm 2nd Thursday, Pleasanton Library

### Planning Commission

Nancy Allen • Greg O'Connor  
Arne Olson • Jennifer Pearce  
Mark Posson • Herb Ritter

7:00pm 2nd and 4th Wednesday

### Youth Commission

Elise Alari • Russell Ambrosiewicz  
Kimberly Chew • Louisa Du Bose  
Lori Franklin • Saira Grewal  
Adrin Lo • Neha Nirkondar

Avni Patel • Jonathan Pearce  
Alex Rigl • Meghna Sinha

7:00pm 2nd Wednesday, September–May  
3333 Busch Road, Operations Service Center



## Local Sports Groups

For information regarding registration, coaches, rain-outs or other pertinent information, please contact the organizations listed below or visit the City website at [www.pleasantonsports.org](http://www.pleasantonsports.org).

### Boys Soccer (BUSC)

[www.busc.org](http://www.busc.org)

### Girls Soccer (PGSA/RAGE)

[www.pleasantonrage.org](http://www.pleasantonrage.org)

### E-Soccer

[www.e-soccer.org](http://www.e-soccer.org)

### Adult Soccer (PASS)

[www.pleasantonadultsoccer.com](http://www.pleasantonadultsoccer.com)

### Pleasanton Junior Football (PJFL)

[www.pjfl.com](http://www.pjfl.com)

### Girls Softball (PGSL)

[www.pleasantonsoftball.org](http://www.pleasantonsoftball.org)

### American Little League (PALL)

[www.pleasantonamerican.com](http://www.pleasantonamerican.com)

### National Little League

[www.pleasantonnational.org](http://www.pleasantonnational.org)

### Foothill Little League (PFL)

[www.pflonline.org](http://www.pflonline.org)

### Girls Golf (LPGA-USGA)

[ptownputter@comcast.net](mailto:ptownputter@comcast.net)

### Pleasanton Lacrosse Club (PLC)

[www.pleasantonlacrosse.com](http://www.pleasantonlacrosse.com)

### Pleasanton Girls Lacrosse Club (PGLC)

[www.pleasantongirlslacrosse.com](http://www.pleasantongirlslacrosse.com)

### Radio Control Glider Club

846-8617

### Seahawks USS Swim Team

[www.pleasantonseahawks.org](http://www.pleasantonseahawks.org)

### Special Olympics Sports

[www.specialolympics.org](http://www.specialolympics.org)

### Tri Valley Masters Swim Team

[www.trivalleymasters.com](http://www.trivalleymasters.com)

### Youth Volleyball

[www.clubvipvbc.com](http://www.clubvipvbc.com)

### Sports Field Weather Line

931-5360 | [www.pleasantonsports.org](http://www.pleasantonsports.org)

### Callippe Preserve Golf Course

[www.playcallippe.com](http://www.playcallippe.com)

### Lifetime Tennis

931-3449 | [www.lifetimetennis.com](http://www.lifetimetennis.com)

## Local Arts Groups

### Amador Livermore Valley Historical Society and Museum on Main

462-2766 | [www.museumonmain.org](http://www.museumonmain.org)

### Amador Valley Quilters

[www.amadorvalleyquilters.org](http://www.amadorvalleyquilters.org)

### Bay Area Metro Chorus (Men)

443-SING

### Cantabella Children's Chorus

[www.cantabella.org](http://www.cantabella.org)

### CWC Tri-Valley Writers

[www.trivalleywriters.org](http://www.trivalleywriters.org)

### Harmony Fusion (Chorus)

846-1857 | [www.harmonyfusion.org](http://www.harmonyfusion.org)

### Livermore–Amador Genealogical Society

[www.L-AGS.org](http://www.L-AGS.org)

### Livermore Amador Symphony

[www.livamsymph.org](http://www.livamsymph.org)

### Livermore Valley Opera

[www.livermorevalleyopera.com](http://www.livermorevalleyopera.com)

### Pacific Chamber Symphony

484-0839 | email: [cponca@aol.com](mailto:cponca@aol.com)

### Pleasanton Art League

[www.pal-art.com](http://www.pal-art.com)

### Pleasanton Community Concert Band

[www.pleasantonband.org](http://www.pleasantonband.org)

### Pleasanton Cultural Arts Council

931-1111 | [www.pleasantonarts.org](http://www.pleasantonarts.org)

### Pleasanton Cultural Arts Foundation

846-1007 | [www.pleasantonartsfoundation.org](http://www.pleasantonartsfoundation.org)

### SF Shakespeare

[www.sfshakes.org](http://www.sfshakes.org)

### Tri-Valley Repertory Theater

[www.trivalleyrep.com](http://www.trivalleyrep.com)

### Tri-Valley Woodcarvers

846-5011

### Valley Concert Chorale

[www.valleyconcertchorale.org](http://www.valleyconcertchorale.org)

### Valley Dance Theatre

[www.valleydancetheatre.com](http://www.valleydancetheatre.com)

### Valley Shakespeare Festival

556-9624



City offices will be closed in observance of Labor Day, Monday, September 1

# Facility and Picnic Reservations

The City of Pleasanton offers several indoor and outdoor facilities to rent for your family, business, or group celebrations and meetings. Detailed rental information including rates and requirements can be found at [www.pleasantonfacilities.com](http://www.pleasantonfacilities.com).



Left to right: Veterans Memorial Building, Senior Center, Amador Recreation Center, Veterans Memorial Building

## LARGE EVENT SITES

- The Senior Center is the City's largest event hall with a capacity of 330. The facility offers a catering kitchen, outdoor patio area, and plenty of parking. The Centennial Community Park, the perfect site for an outdoor wedding ceremony, sits adjacent to the facility's main hall.
- The Veterans Memorial Building is a Spanish revival-style facility located in the heart of Downtown Pleasanton. Features include a catering kitchen and seating for 220.



Left to right: Amador Valley Picnic Area, Val Vista Picnic Area, Senior Center Meeting Room, Cultural Arts Center

## PICNIC AREAS

- Amador Valley Community Park (Capacity 200)
- Sports and Recreation Park (Capacity 200)
- Val Vista Community Park (Capacity 250)

Picnic sites can be reserved and are adjacent to youth play areas and restrooms.

## SMALL EVENT SITES

- The Amador Recreation Center has a capacity of 125 (about 75 inside and 50 outside). This facility consists of one large room, a small kitchen, fenced patio area with lawn and BBQ.

## MEETING ROOMS

- Cultural Arts Center (Capacity 49)
- Senior Center Classroom (Capacity 50)\*
- Senior Center Meeting Room (Capacity 25)\*

\*Senior Center Rooms are available evenings and weekends only.



Live. Work. Play.

[Ptownlife.org](http://Ptownlife.org)

## Your link to all things Pleasanton

**Ptownlife.org** is a new website that will provide youth and families information and resources about the Pleasanton community. You can search the Calendar for events and youth programs, get outdoors with our parks and recreation guide, find resources, and view youth jobs. Become a registered member to contribute, share, and become a part of the ptownlife community.



JOIN THE COMMUNITY AT [PTOWNLIFE.ORG](http://PTOWNLIFE.ORG) - LIKE US ON FACEBOOK - FOLLOW US ON TWITTER



JOIN US

Sage Cafe

## Savory ~ Healthy ~ Choices

*We are excited to introduce our new lunch program at the Pleasanton Senior Center. Your dining options will now include soup and salad with your choice of a sandwich or hot entrée.*

The cost is \$3.00 per meal.  
A meal pass (10 meals) can be purchased at the Senior Center Front Desk for \$30.00

**Reservations are recommended but not required. Call 931-5365**

We will see you in the Café!

Congregate meal program provided by Open Heart Kitchen and the City of Pleasanton

# Tennis

**Ages 16 and up | 8:1 ratio**

## Adult Tennis Lessons

### Beginning

Learn the basic strokes and develop your rallying skills.

**12 classes \$216R/\$238N | 13 classes \$234R/\$257N | 14 classes \$252R/\$277N**

Mon	6:30-8:00pm	9/15-12/15	1/5-3/23
Wed	9:30-11:00am	9/17-12/17	1/7-3/25
Fri	8:45-10:15am	9/19-12/19*	1/9-3/27
Sun	8:00-9:30am	9/21-12/14	1/4-3/22

\*No class 10/24

**12 classes \$161R/\$177N | 14 classes \$188R/\$207N**

Mon	12:30-1:15pm	9/15-12/15	1/5-3/23
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### Advanced Beginning

Work on shot placement, improve your footwork, and strengthen your technique. At least 6 months of formal tennis instruction is recommended before signing up.

**12 classes \$216/\$238N | 13 classes \$234R/\$257N | 14 classes \$252R/\$277N**

Mon	8:45-10:15am	9/15-12/15	1/5-3/23
Thu	6:30-8:00pm	9/18-12/18*	1/8-3/26
Sun	8:00-9:30am	9/21-12/14	1/4-3/22

\*No class 11/27

**12 classes \$161R/\$177N | 14 classes \$188R/\$207N**

Mon	12:30-1:15pm	9/15-12/15	1/5-3/23
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### Intermediate

Train for your matches and drill basic match strategy. We recommend that you are able to sustain a full court rally before joining this level.

**12 classes \$216/\$238N | 13 classes \$234R/\$257N | 14 classes \$252R/\$277N**

Tue	8:45-10:15am	9/16-12/16	1/6-3/24
Wed	6:30-8:00pm	9/17-12/17	1/7-3/25
Fri	10:15-11:45am	9/19-12/19*	1/9-3/27
Sat	8:00-9:30am	9/20-12/20	1/3-3/21

\*No class 10/24

**12 classes \$161R/\$177N | 14 classes \$188R/\$207N**

Tue	11:45am-12:30pm	9/16-12/16	1/6-3/24
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### Advanced

Strengthen your serve and net play, add pace to your shots, and develop tactics to use in your matches. An NTRP rating of at least 3.5 is recommended to join this level.

**12 classes \$216R/\$238N | 13 classes \$234R/\$257N | 14 classes \$252R/\$277N**

Tue	6:30-8:00pm	9/16-12/16	1/6-3/24
Thu	8:45-10:15am	9/18-12/18*	1/8-3/26
Sat	8:00-9:30am	9/20-12/20	1/3-3/21

\*No class 11/27

### Ages 16 and up

## Thursday Night Clinic

For Intermediate to Advanced players who can't commit to a full session, this clinic works on one specific topic each week. You can drop-in or pre-register but space is limited to the first 8 players.

**Location:** Pleasanton Tennis Park

**\$15R/\$18N per clinic**

Th	6:30-8:00pm	9/18-12/18*	1/8-3/26
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\*No class 11/27

### Ages 16 and up | 8:1 ratio

## Cardio Tennis

Get your heart rate up and stay fit through drills and footwork exercises. Open to all playing levels.

**Location:** Pleasanton Tennis Park

**12 classes \$111R/\$122N | 13 classes \$120 R/\$132 N | 14 classes \$130R/\$143N**

Mon	5:45-6:30pm	9/15-12/15	1/5-3/23
Tue	12:30-1:15pm	9/16-12/16	1/6-3/24
Wed	12:30-1:15pm	9/17-12/17	1/7-3/25
Thu	12:30-1:15pm	9/18-12/18*	1/8-3/26
Sat	9:30-10:15am	9/20-12/20	1/3-3/21

\*No class 11/27

### Ages 16 and up | 8:1 ratio

## Adult Tennis Camp

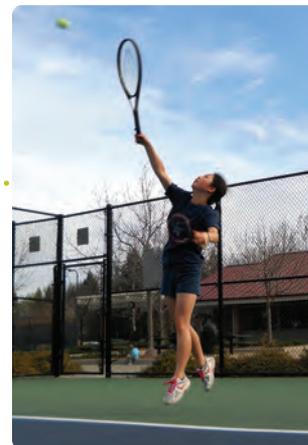
Train for your upcoming league season and competition. Recommended level: 3.0 and above.

**3 days | \$50R/\$55N**

Tu-Th	9:30-11:00am	12/16-12/18	3/17-3/19
Tu-Th	8:00-9:30pm	12/16-12/18	3/17-3/19

## RADD Tennis

See page 23 for class details



### Ages 18 and up

## ADULT TENNIS LEAGUE

### Ladies Doubles—Rotating Partners

**7 matches \$52R/\$57N | 9 matches \$67R/\$74N | 10 matches \$75R/\$83N**

2.5	M	9/22-12/1*	1/5-3/9	9:00-11:00am
3.0	Th	9/25-12/4*	1/8-3/12	9:00-11:00am
3.5	Tu	9/23-12/2*	1/6-3/10	9:00-11:00am
3.5	F	9/26-12/5*	1/9-3/13	9:00-11:00am
3.7	W	9/24-12/3	1/7-3/11	9:30-11:45am

\*No league 11/10, 11/24-11/28, 1/19, 2/9, 2/16

### Men's Doubles—Rotating Partners

**10 matches | \$75R/\$83N**

3.0	Th	9/25-12/4	1/8-3/12*	8:00-10:00pm
3.5	W	9/24-12/3	1/7-3/11	8:00-10:00pm
4.0	Th	9/25-12/4	1/8-3/12*	8:00-10:00pm

\*No league 11/26, 11/27

### Mixed Doubles—Rotating Partners

#### Men

**10 matches | \$75R/\$83N**

3.0	Tu	9/23-12/2*	1/6-3/10	8:00-10:00pm
4.0	Tu	9/23-12/2*	1/6-3/10	8:00-10:00pm

#### Women

**10 matches \$75R/\$83N**

3.0	Tu	9/23-12/2*	1/6-3/10	8:00-10:00pm
4.0	Tu	9/23-12/2*	1/6-3/10	8:00-10:00pm

### Mixed Doubles-Permanent Partners\*\*

\*\*Permanent Partner League players must sign up as a team.

**9 matches \$134R/\$141R&N/\$148N | 10 matches \$150R/\$158R&N/\$166N**

3.5	M	9/29-12/1*	1/5-3/9*	8:00-10:00pm
4.0	M	9/29-12/1*	1/5-3/9*	8:00-10:00pm

\*No league 11/24, 11/25, 2/16



LIFETIME TENNIS

# Halloween Fun Night

Join us in costume for our annual  
trick-or-treat evening!

*This free event features our...*

- Haunted Hallway of Horror
- Games and Activities for Kids and Adults
- Yummy Treats for All

**Come have a howling good time!**



**TENNIS & COMMUNITY PARK • Friday, October 24, 2014 6:30-8:30pm**

## Halloween Events at the Alviso Adobe Community Park

Join us at the Alviso Adobe Community Park for the spookiest time of year!

These Family Fun activities are intended for the entire family and parents are FREE! Pre-registration is required.

**Ages 4-12**

### Halloween at the Alviso Adobe

This is the place to be for Halloween! Environmental Ed. youth interns will provide guests with fun and informative animal encounters. Participants will also enjoy Halloween face painting, craft making, and a night tour of the park led by the Naturalist. Tours depart every 30 minutes. And, yes, there will be treats!

**1 class | \$5R/\$8N**

**Alviso Adobe Community Park | Instructor: Eric Nicholas, Megan Kummer**

**56326 F 10/24 6:00-7:00pm**

**56323 F 10/24 6:30-7:30pm**

**56324 F 10/24 7:00-8:00pm**

**Ages 5-12**

### Pumpkin Carving

Create a bit 'o Halloween chill or thrill at our 5th annual Pumpkin Carving Party. The pumpkins will be there, the tools will too; we've got some great ideas, how about you?

**1 class | \$5R/\$8N**

**Alviso Adobe Community Park | Instructor: Eric Nicholas, Megan Kummer**

**58497 Sa 10/25 11:00am-Noon**





P.O. Box 520  
Pleasanton, CA 94566-0802  
www.pleasantonfun.com

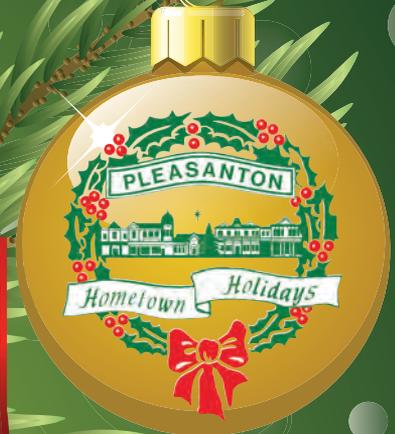
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# Hometown Holidays Celebration

2014



Saturday, December 6, 2014

• 5:00–7:00pm

Main Street, Downtown Pleasanton

Parade at 5:00pm

Marching Bands, Community Organizations,

Scout Troops, Hot Rods & Floats Galore!

Tree Lighting Ceremony to follow

in front of Museum on Main,

under the Pleasanton Arch

*Visit the website for the Hometown Holiday  
Rainout Protocol on the day of the event.*

For more information, visit [www.hometownholiday.com](http://www.hometownholiday.com) • (925) 931-5352