

# Recreational Swim



Day	Date (2018)	Time
Sa/Su	5/26-9/9	1:00pm-5:00pm
M-F	6/8-8/10	1:30pm-4:45pm
Holidays	5/28, 7/4, 9/3	1:00pm-5:00pm
Closed	7/21	Closed

- M-F half of the 25 meter pool will be closed for swim team practice from 3-4:45pm. Pool space may also be limited due to other programs

**No Recreational Swim: 7/21**



Fees	Single   Passes (15)
Adult (18+)	\$4.00   \$52R/\$57N
Youth (-17)/Senior (60+)	\$3.50   \$46R/\$51N
Spectator	\$3.00   _____

## DBAC Family Pass

DBAC Family Pass allows six immediate, registered family members living in the same household use of the recreational pools during scheduled recreational swimming sessions. This pass is not available to special groups or day cares.

DBAC Family Pass | \$180R/\$198N

## **GENERAL SAFETY RULES**

No one is allowed in the pool area unless a lifeguard is on duty.

No diving in the shallow pools. Diving permitted only in diving well; only from the boards.

No running. No shoving, pushing or general horseplay on decks.

No jumping backwards into any pools.

No water wings/arm floats allowed. Life jackets are offered for day-use.

Do not call for help unless it's necessary.

No hyperventilating or prolonged underwater breath holding permitted.

Children under 8 years must be accompanied and closely supervised by a responsible adult (16 years or older) while in the Aquatic Center. Only 3 children under 6 years allowed per adult.

Be aware of pool depths at all times. Stay in water depth appropriate to your ability.

A swim diaper is required for all incontinent individuals, or those who are not toilet trained.

The City of Pleasanton is not responsible for lost or stolen items. Do not bring valuables to the facility.

No cell phones, Go Pros, or any other cameras allowed in the water and locker room.

No person shall possess a weapon, air gun, bow and arrows, firecrackers, bombs, torpedoes, rockets or any other type of fireworks or pyrotechnics. (Ord. 1428 & 4, 1989)

## **WATERSLIDE RULES**

Rider must be 48 inches tall, and able to ride the slide by themselves without assistance.

Riders must have beginner level swimming skills.

Pregnant women and persons with heart conditions or back trouble should not ride the slide.

Food or beverages are not allowed on the slide tower.

Eyeglasses must be securely fixed to the rider with a head strap.

Swimwear with exposed zippers, buckles, rivets or metal ornamentation is not permitted.

Riders must wait for the lifeguard's start signal before beginning the ride.

Only 1 rider permitted on slide flume at a time.

Do not run, dive, stand, kneel, rotate or stop on the slide. Never form chains.

Slide must be ridden feet first; lying on your back to go faster, sitting position to go slower.

Keep arms and hands inside the flume at all times.

At the end of the slide, obey the lifeguard and exit quickly. Do not block the end of the slide.

No swimming or flotation devices are allowed in the splash-down area.

Rider's weight must not exceed 300 pounds.

## **DIVING SAFETY RULES**

No double bouncing on the diving boards.

Swimmers of questionable ability or under age 6 must pass a swim test; jump into 5 feet of water, level off, and swim the width of the 25 Meter pool with steady forward progress.

One person at a time on diving boards; one person at a time on ladders.

Do not dive until diving area is clear and all persons have reached the side.

Swim to the nearest ladder at completion of dive; never swim under a board.

Dives/divers determined by staff to be unsafe may be denied use of the diving well.

## **GENERAL HEALTH RULES**

Patrons are encouraged to shower before entering pools. No playing in showers.

Proper bathing attire is required, street clothes in place of a swimsuit is prohibited.

No spitting on the decks, in the water, or in the restrooms. Do not drink the pool water!

Patrons with bandages, open wounds, sores or infections will not be allowed entry to the pools.

No glass, alcoholic beverages, drugs or persons under the influence allowed in aquatic facility.