



PRESS RELEASE

FOR IMMEDIATE RELEASE

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PLEASANTON SENIOR CENTER CELEBRATES 25-YEAR ANNIVERSARY

Everyone Invited to Open House Event on Saturday, May 5

PLEASANTON, Calif. — The Pleasanton Senior Center celebrates its 25-year anniversary with an Open House on Saturday, May 5, from 10 a.m. to 2 p.m., at the Senior Center, 5353 Sunol Blvd.

The festivities kick off at 10 a.m. with class demonstrations and information booth about services offered at the Center. The annual *Art Made Easy* watercolor exhibit will also adorn the front lobby. Opening remarks with local dignitaries will be delivered at 11 a.m. with light refreshments courtesy of *The Parkview*. At 1 p.m., festivities will conclude with the rich sounds of the East Bay Jazz High School All-Stars Big Band.

Since opening in March 1993, the Senior Center has served as a gateway to important programs, services and resources for the community. Today, more than 1,500 patrons a week pass through the Center's doors to access a robust schedule of health and wellness classes including *Zumba Gold*, *Fit for Fifty*, *Walking*, *Tai-Chi*, *Yoga*, *Bicycling*, *Core*, *Stretch and Toning* and *Sittercise*, to name a few.

Other popular offerings include book, computer and photo clubs, computer tutoring, knitting, brain fitness, community lectures and writing classes. In addition, the Senior Center offers a unique woodshop, with numerous opportunities for wood working, wood carving and wood turning. The Center also houses Pleasanton Paratransit Services, Recreation for Adults with Developmental Disabilities (RADD) and the offices of the independent non-profit Senior Support Program of the Tri-Valley.

For more information, please contact the Pleasanton Senior Center at 925-931-5365 or email Raymond Figueroa at rfigueroa@cityofpleasantonca.gov

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