



## **PRESS RELEASE**

**FOR IMMEDIATE RELEASE**

**March 29, 2017**

**Contact:** Lisa Adamos  
925.931.5039  
[ladamos@cityofpleasantonca.gov](mailto:ladamos@cityofpleasantonca.gov)

### **CITY OF PLEASANTON PARTNERS WITH BIKE EAST BAY TO HOLD FREE BICYCLE SAFETY WORKSHOPS**

PLEASANTON, Calif. — The city of Pleasanton is partnering with Bike East Bay to provide free Bicycle Safety workshops to help cyclists learn about road safety to gear up for bike to school and work day in May. Bike commuters can learn how to improve road skills and how to bike confidently on any street. Parents and school-age children are also given the opportunity to learn about basic bike riding skills at a Family Cycling workshop.

“We want to engage the community to learn how to ride a bicycle safely when traveling throughout the city, whether it’s on the way to school or work or on a recreational ride,” said Lisa Adamos, Economic Development Specialist in the Economic Development Department.

Workshops are listed on the city’s website at [www.cityofpleasantonca.gov/bikeevents](http://www.cityofpleasantonca.gov/bikeevents) under Bike Safety & Education link. Upcoming sessions begin Saturday, April 1 at the Pleasanton Library with a classroom workshop about basic rules of the road, how to equip your bike, fit your helmet and other important safety skills. Instruction is provided by League of American Bicyclist-certified instructors. Registration for free workshops are required at [www.bikeeastbay.org/education](http://www.bikeeastbay.org/education).

Follow us on Twitter @pleasantonca and Facebook [www.facebook.com/CityofPleasanton](http://www.facebook.com/CityofPleasanton)