

## **YOUTH COMMISSION AGENDA**

**Wednesday, May 9, 2018  
7:00 P.M.**

***Operations Service Center – 3333 Busch Road***

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### **CALL TO ORDER**

- Pledge of Allegiance
- Roll Call

### **AGENDA AMENDMENTS**

### **MINUTES**

1. Approve regular meeting minutes of April 11, 2018

### **MEETING OPEN TO THE PUBLIC**

2. Introductions/Awards/Recognitions/Presentations
3. Public Comment from the audience regarding items not listed on the agenda. *Speakers are encouraged to limit comments to 3 minutes.*

### **MATTERS BEFORE THE COMMISSION**

If necessary to assure completion of the following items, the Chairperson may establish time limits for the presentations by individual speakers.

4. Selection of Youth Commission Representatives to a Community Grant Program Review Subcommittee
5. Discuss “A Brighter Day” Event

### **COMMUNICATIONS**

### **COMMISSION REPORTS**

6. Bicycle, Pedestrian, and Trails Committee
7. PTownlife Web Team Sub Committee
8. Youth in Government Day Sub Committee
9. Public Policy Sub Committee
10. PTownlife Resource Network
11. Brief reports on any meetings, conferences, and/or seminars attended by the Commission members.

### **COMMISSION COMMENTS**

## **STAFF COMMENTS**

12. Community Services Update

13. Library Liaison Update

14. Police Liaison Update

## **FUTURE AGENDA TOPICS**

## **ADJOURNMENT**

**NEXT MEETING:** September 12, 2018

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### **Notice**

Under Government Code §54957.5, any writings/documents regarding an open session item on this agenda provided to a majority of the Commission after distribution of the agenda packet are available for public inspection at the Community Services Department, 200 Old Bernal Avenue, Pleasanton.

### **Accessible Public Meetings**

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## Youth Commission Minutes

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**Operations Service Center – 3333 Busch Road, Pleasanton, CA  
April 11, 2018 - 7:00 p.m.**

### **CALL TO ORDER**

The meeting was called to order at 7:01 p.m. by Commissioner Patel.

### Pledge of Allegiance

The Pledge of Allegiance to the flag was recited.

### Roll Call

Commissioners Present: Russell Ambrosiewicz, Arushi Avachat, Lauren Brown, Lori Franklin, Ajay Immadi, Kate Inman, Nishant Jain, Tess Shotland, Taylor Sowers, and Chairperson Avni Patel.

Commissioners Absent: Commissioners Elise Allari, Calli Li, and Jonathan Pearce.

Staff Present: Nicole Thomas, Recreation Supervisor, Jay Ingram, Human Services Manager; Ania Pawlak, Senior Office Assistant; and Edith Caponigro, Recording Secretary.

Representatives: None

### **AGENDA AMENDMENTS**

None.

### **MINUTES**

1. Approve regular meeting minutes of March 14, 2018.

Correction: Commissioners Present: Add Kimberly Chew

A motion was made by Commissioner Jain, seconded by Commissioner Inman, to approve the regular meeting minutes of March 14, 2018 as corrected. **The motion was approved unanimously.**

## **MEETING OPEN TO THE PUBLIC**

### **2. Introductions/Awards/Recognitions/Presentations**

Elliott Kallen, A Brighter Day

Mr. Kallen provided information about the loss of his son and how he put together the Brighter Day Charity to provide help to provide depression and stress resources for teenagers suffering from depression.

Mr. Kallen advised that he was looking for locations where music charity teen bands can perform. He provided information about an upcoming Rock Band Showcase being provided free for middle and high school students on April 27th at the Lafayette Community Center. He noted that information about Brighter Day Charity will be provided at this event and future events, as a way of promoting information about resources and services available to teenagers about Depression and Related issues.

Commissioners were informed that over 4 concerts have been provided to date with over 500 teenagers being reached and provided information about depression. Mr. Kallen asked the Commission to consider the possibility of holding a music concert in Pleasanton to help with the goal of providing teenagers with helpful information about depression and available resources.

Chairperson Patel thanked Mr. Kallen for his presentation.

Commissioner Ambrosiewicz felt he might be able to promote Mr. Kallen's request at Foothill High School, because so many students suffer with stress issues.

Commissioner Inman commented on a lip sync battle at Amador Valley High School and the possibility of promoting a partnership with Foothill High School.

Commissioner Chew questioned whether the Commission wanted to consider sponsoring something like had been presented by Mr. Kallen. Ms. Thomas suggested this was something that the Public Policy Subcommittee should discuss and something that could be included on the agenda for the next meeting if the Commission wished to discuss. Commissioners agreed that this item should be added to the agenda, so they could further discuss.

### **3. Public Comment from the audience regarding items not listed on the agenda.**

None

## **MATTERS BEFORE THE COMMISSION**

### **4. Community Education Series Review and Recommendations for 2018-19**

Ms. Thomas provided information about the Community Education Series in which eight to ten workshops are hosted for students and parents each year in partnership with the Pleasanton Unified School District and the Pleasanton PTA. She advised that these workshops are a direct outcome of the Youth Master Plan and it is recommended that the Youth Commission support the staff proposal to continue workshops for the 2018-19 school year and provide feedback and/or additional recommendations on the proposed topics.

Commissioner Chew discussed with Ms. Thomas series topic that had been popular in the past.

Commissioners Franklin and Chew suggested adding a topic that would help students understand how to manage finances. They also felt this would be helpful for parents of students.

Commissioner Ambrosiewicz suggested including topics that pertain to college and how students have been involved in the community would also be helpful. Also, he didn't think enough was being done pertaining for drug and alcohol problems, especially for middle school students. Ms. Thomas advised that PUSD and the Police Department would be doing something on drug and alcohol.

Commissioner Ambrosiewicz commented on social and peer pressure being big issues that could be included with drug and alcohol. Commissioner Franklin felt parents believed these were topics that should be handled by the school district.

Ms. Thomas advised that parents had suggested that students attend an Open Forum session and wondered whether the Commission felt this would be appealing to students. Chairperson Patel felt this was something that could be with parents and students at the same time.

## **COMMUNICATIONS**

None.

## **COMMISSION REPORTS**

### **5. Bicycle, Pedestrian and Trails Committee**

No report.

### **6. Ptownlife Web Tea, Sub Committee**

No report.

7. **Youth in Government Day Subcommittee** – Chairperson Patel advised that the event had gone well, but some participants had dropped out at the last minute, including Kathryn Baker, who will be asked to come again.
8. **Public Policy Subcommittee** – Commissioner Jain advised that the Subcommittee had discussed Bill ACA10 being on the ballot to reduce the voting age to sixteen. Commissioner Inman advised that the Bill did not come through the assembly but will be further discussed later in the year.
9. **Ptownlife Resource Network** – No meeting.
10. **Brief reports on any meetings, conferences, and/or seminars attended by the Commission members** – none.

### **COMMUNICATIONS**

None.

### **COMMISSION COMMENTS**

None.

### **STAFF COMMENTS**

#### **11. Community Services Update –**

Ms. Thomas advised that: 1) volunteers are needed for the Community Education series. She advised that students will be taken into a separate area, so they have a better chance to talk away from parents. High School students are needed to work with elementary and middle school students; 2) a Senior Center Recognition Event needs volunteers for an April 19<sup>th</sup> event; 3) a member of the community has sent a message to the Mayor regarding May being “Mental Health Month” and a May 1<sup>st</sup> activity at which Commissioners should attend, if possible; and 4) Ptownlife Web News Team is taking applications if anyone is interested – the focus is to be on a weekly newsletter that will be emailed out to everyone.

#### **8. Library Liaison Update –**

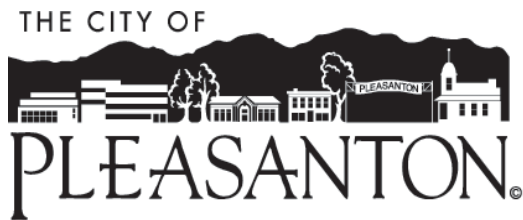
None.

#### **11. Police Liaison Update –**

None.

## **ADJOURNMENT**

There being no further business a motion was made and seconded to adjourn the meeting at 7:38 p.m.



## Youth Commission Agenda Report

May 9, 2018  
Item 4

**SUBJECT: SELECTION OF YOUTH COMMISSION REPRESENTATIVES TO A  
COMMUNITY GRANT PROGRAM REVIEW SUBCOMMITTEE**

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### **SUMMARY**

The Community Grant Program was last revised by a subcommittee of Youth and Civic Arts Commissioners in 2012. In recent years, there has been Civic Arts Commission interest to review the Community Grant Program. Since this program is a focus of the Civic Arts and Youth Commissions, any changes to the grant program must be discussed and agreed upon by each Commission.

Staff is requesting three Youth Commission representatives to work with a subcommittee of Civic Arts Commissioners to review the Community Grant Program. It is recommended that the subcommittee begin meeting as soon as possible so any changes to the grant program can be incorporated into the FY 2019/20 grant application packet for its release this December.

### **RECOMMENDATION**

It is recommended that the Youth Commission select three commissioners to serve on the Community Grant Program review subcommittee.

### **FINANCIAL STATEMENT**

None



## **BACKGROUND**

In 1992, the City initiated a formal funding application process for community-based organizations providing human services and cultural/arts programs promoting the City. These grant requests were reviewed annually by the Human Services Commission, with funding recommendations forwarded to the City Council for approval and inclusion in the annual Operating Budget. Beginning in FY 1995/96, the application process was extended to include youth services/needs.

In September 1998, the Civic Arts, Human Services and Youth Commissions appointed representatives to a subcommittee to review and prepare the City Grant Program application/funding process. The subcommittee developed a single application process for cultural/arts, human services, and youth non-profit agencies/organizations.

In March 2006, the Civic Arts, Human Services, and Youth Commissions appointed representatives to a subcommittee to explore opportunities to modify the grant application packet to better identify program protocols, address project guidelines, and simplify the application.

In April 2008, the City Council approved the formation of an Ad Hoc Council/Commission Grants Working Group to carry out a City Council priority to review the City's existing grant programs. Councilmembers Sullivan and Cook-Kallio represented the Council, and two commissioners each from the Human Services, Housing, Civic Arts, and Youth were on the working group.

The working group met four times from June through October 2008, developing recommendations for the Council's consideration regarding opportunities to streamline and enhance the City's grant process. The outcome was the development of the current Housing and Human Services Grant Program and the Community Grant Program (Civic Arts and Youth).

In 2012, a subcommittee consisting of two Civic Arts Commissioners and two Youth Commissioners was appointed by each commission to review and propose changes to the grant process. The subcommittee recommended the following changes which were ultimately approved by City Council and implemented:

- Remove the mandatory presentation requirement for the agencies;
- Provide an opportunity for potential grant applicants to have a workshop/meeting with the commission and other grant applicants to discuss and encourage collaborative projects;
- Shorten and simplify the application;
- Include more information in the application packet that will be helpful to clarify how application questions should be answered; and
- Simplify the mid-term reporting process.

## **DISCUSSION**

No additional reviews or changes have been made to the Community Grant Program since 2012. Over the past few grant cycles questions such as the ones listed below have been raised by Civic Arts Commissioners about the process.

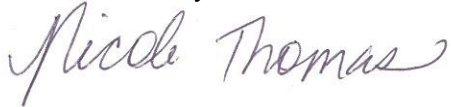
1. What amount of money has been allocated annually?
2. What amount of money has been requested by potential grantee annually?
3. What could a penalty process look like for grantees that do not attend mandatory meetings and/or turn in mandatory grant reports late?

Due to questions such as these, it is recommended that a subcommittee of Civic Arts and Youth Commissioners review the current Community Grant Program and explore opportunities to further amend and improve the grant application process.

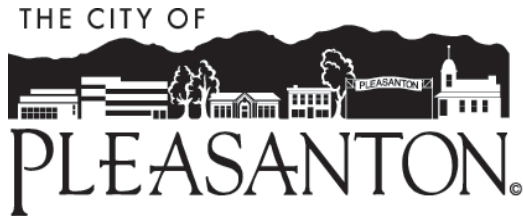
**ALTERNATIVE ACTION**

Any other action as determined by the Youth Commission.

Submitted by:

A handwritten signature in cursive script that reads "Nicole Thomas".

Nicole Thomas  
Recreation Supervisor



## Youth Commission Agenda Report

April 11, 2018  
Item 5

**SUBJECT: DISCUSS “A BRIGHTER DAY” EVENT**

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### **SUMMARY**

At the April 12, 2017 and April 11, 2018 Youth Commission meetings, the commission heard presentations from Elliot Kallen, President of A Brighter Day. The mission of A Brighter Day “is to unite depression and related issues resources with teenagers throughout the United States using local teenage bands in a showcase format.”

The Youth Commission requested A Brighter Day event be discussed at their regular May 9, 2018 meeting. Holding this event would achieve Goal 2: Health & Safe Youth of the Youth Master Plan.

### **RECOMMENDATION**

It is recommended that the commission discuss hosting A Brighter Day event in Pleasanton, or at some location within the Tri-Valley. It is further recommended that the commission consider hosting the event in conjunction with other Tri-Valley Youth commissions and/or committees.

### **FINANCIAL STATEMENT**

None

## **BACKGROUND**

On February 8, 2017, the Youth Commission identified goals and objectives in alignment with the Youth Master Plan and its implementation goals. The commission emphasized their interest in collaborating with other Youth Commission subcommittees and community members to ensure that teen health and wellness is addressed. On March 21, 2017, the City Council adopted their two-year work plan. Under the Youth Programs category of the work plan, the goal "Health and Safety Issues and Policies" was adopted. This goal identified the creation of the Teen Health and Wellness Subcommittee.

At the April 12, 2017 meeting the Youth Commission established the Health & Wellness Subcommittee. This subcommittee's focus is to improve support for teens in Pleasanton by offering resources and planning event(s) to raise awareness and provide assistance to those in need.

Following a presentation by Elliot Kallen of A Brighter Day at the April commission meeting, the Youth Commission requested that staff include an agenda item to discuss the potential for hosting A Brighter Day event in Pleasanton.

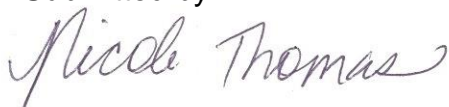
## **DISCUSSION**

Unfortunately, depression and stress are becoming common issues among youth nationwide. A community event acknowledging the pressures our teens face and providing resources and information is in line with the Youth Commission's goal of promoting teen health and wellness. It is recommended that the commission consider hosting an event in the early fall at a location yet to be determined. The Brighter Day organization has successfully hosted several events in other communities and is eager to partner with the Youth Commission. Since teen depression is an issue that plagues the Tri-Valley, other partnerships to consider include other youth commissions in the area such as Livermore, Dublin and San Ramon. Additional issues, beyond a date and location, that should be addressed by the commission include: marketing, security, budgets, staffing and areas of event responsibilities.

## **ALTERNATIVE ACTION**

Any other action as determined by the Youth Commission.

Submitted by:



Nicole Thomas  
Recreation Supervisor