

## **YOUTH COMMISSION AGENDA**

**Wednesday, May 10, 2017  
7:00 P.M.**

***Operations Service Center – 3333 Busch Road***

---

### **CALL TO ORDER**

- Pledge of Allegiance
- Roll Call

### **AGENDA AMENDMENTS**

### **MEETING OPEN TO THE PUBLIC**

1. Introductions/Awards/Recognitions/Presentations
2. Public Comment from the audience regarding items not listed on the agenda. *Speakers are encouraged to limit comments to 3 minutes.*

### **MATTERS BEFORE THE COMMISSION**

If necessary to assure completion of the following items, the Chairperson may establish time limits for the presentations by individual speakers.

3. Community Education Series Review and Recommendations for 2017-18

### **COMMUNICATIONS**

### **COMMISSION REPORTS**

4. Bicycle, Pedestrian, and Trails Committee
5. PTownlife Web Team Sub Committee
6. Youth in Government Day Sub Committee
7. Public Policy Sub Committee
8. Health and Wellness Sub Committee
9. PTownlife Resource Network
10. Brief reports on any meetings, conferences, and/or seminars attended by the Commission members.

### **COMMISSION COMMENTS**

## **STAFF COMMENTS**

11. Community Services Update
12. Library Liaison Update
13. Police Liaison Update

## **ADJOURNMENT**

**NEXT MEETING:** September 13, 2017

---

---

### **Notice**

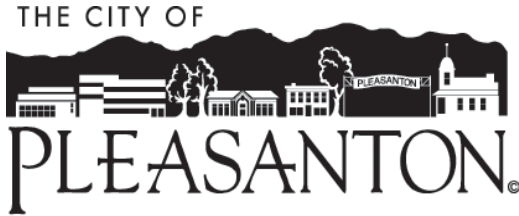
Under Government Code §54957.5, any writings/documents regarding an open session item on this agenda provided to a majority of the Commission after distribution of the agenda packet are available for public inspection at the Community Services Department, 200 Old Bernal Avenue, Pleasanton.

### **Accessible Public Meetings**

The City of Pleasanton will provide special assistance for citizens with disabilities to participate in public meetings upon advance notice. If you need an auxiliary hearing aid or sign language assistance at least two working days advanced notice is necessary. Please contact the Community Services Department, PO Box 520, Pleasanton, CA 94566 or (925) 931-5340.

---

---



# Youth Commission Agenda Report

May 10, 2017  
Item 3

**SUBJECT: COMMUNITY EDUCATION SERIES REVIEW AND RECOMMENDATIONS FOR  
2017-18**

---

## **SUMMARY**

On November 13, 2013 the Youth Commission voted to approve the Youth Master Plan Implementation Work Plan. One of the projects was to provide Parent Student Forums and Workshops on high interest topics affecting youth and parents in Pleasanton.

This program has evolved into the Community Education Series which presents 10-12 workshops per school year in partnership with the Pleasanton Unified School District and the Pleasanton PTA Council.

## **RECOMMENDATION**

The Youth Commission support Community Services staff proposal to continue workshops for school year 2017-18 for parents and students and give feedback and/or additional recommendations on proposed topics.

## **FINANCIAL STATEMENT**

None

## BACKGROUND

The Community Education Series began in the spring of 2014 and has become a popular resource for kids and parents alike. In February of 2016, the City of Pleasanton hosted in partnership with the Pleasanton School District, Pleasanton Partners in Education, and the Pleasanton PTA Council, "How to Raise an Adult" author, Julie Lythcott-Haims. This was a successful event with 387 parents in attendance. Participation in other workshops is at an all-time high, confirming the need for community education in our community.

Below is a list of the workshop/presentation offerings for 2016-17 with number of attendees:

### 2016-17 Workshops:

#### Fall Schedule:

Wed, Sept 28:	<b>Funding Your Future:</b> UC Berkeley Financial Aid Advisor (107)
Thurs, Oct 19:	<b>Screens, Teens &amp; Tweens:</b> <i>Teen Esteem</i> (48)
Wed, Oct 26:	<b>Screenagers:</b> Film screening (101)
Wed, Nov 18:	<b>Taming the Homework Monster:</b> Susan Stone Belton (49)
Wed, Jan 18:	<b>Transition to Elementary School:</b> PUSD/Parent Panel (51)
Wed, Feb 04:	<b>"How to Raise an Adult":</b> Julie Lythcott-Haims (387)
Wed, Feb 15:	<b>Teen Wellness Event:</b> AVHS Wellness Committee (102)
Wed, Mar 15:	<b>Building Resilience for Lifelong Success:</b> Rachel Sklar (67)
Wed, Apr 19:	<b>Transition to Middle School:</b> by City & PUSD Staff and Panel (175)
Wed, Apr 26:	<b>Transition to Middle School – Spanish &amp; Mandarin</b> (56)

## DISCUSSION

To discuss and advise staff in planning future topics of interest and select presentation formats (authors, educational films with a panel discussion, workshops or student led forums) that address all of the age ranges defined by the Youth Master Plan. Staff is planning to hold workshops on the third Wednesday of the month throughout the school year excluding December and May in addition to other days, as needed.

### 2017-18 Proposed Topics:

- Transitions: Elementary & Middle School
- Student Wellness
- Preparing Kids for the online world
- Dealing with Stress
- Staying Connected to your Tween/Teen
- College Preparation (Application, Financial Assistance, Transition)
- Drug and Alcohol Use / Education

Depending on the topics, the workshops can be directed towards students or parents. Alternative locations to host these programs can also be identified.

## ALTERNATIVE ACTION

Any other action as determined by the Youth Commission.

Submitted by:



Joelle Glushenko  
Recreation Supervisor