



**PRESS RELEASE**

**FOR IMMEDIATE RELEASE**

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**DOLORES BENGTON TO OFFER LIFEGUARD TRAINING AND WATER SAFETY INSTRUCTOR COURSES**

*Successful Candidates Will be Eligible to Apply for Job Opportunities*

*Pleasanton, CA*— The City of Pleasanton's Dolores Bengtson Aquatic Center is offering a variety of American Red Cross courses for those interested in gaining certification as a Lifeguard and/or Water Safety Instructor.

Upon successful completion of the Lifeguarding or Water Safety Instructor course, candidates may apply for employment with the Dolores Bengtson Aquatic Center.

**LIFEGUARDING—AGES 15 AND UP**

Train to become a lifeguard! You do *not* need to be on a swim team nor be a competitive swimmer to take this class; you just need to have basic swimming skills! This course combines online learning sessions with hands-on practice of first aid, CPR/AED and lifeguarding skills. Note: Class times do not reflect online learning sessions. An additional \$35 non-refundable fee, payable to the American Red Cross will be due following the first class session.

**Evening Session—Ideal for High School and College Students**

Code 61797

Th 2/18, 6:00 -8:00 p.m. *and* T/Th 3/1-3/17, 6:00-10:00 p.m.

6 classes

Location: Dolores Bengtson Aquatic Center

\$195.00R/\$215.00N

**Spring Break Session!**

Code 61502

Sa 3/12, 8:00 – 10:00 p.m. *and* M – F 4/4-4/8, 8:00 a.m.-1:00 p.m.

6 classes

Location: Dolores Bengtson Aquatic Center

\$195.00R/\$215.00N

**WATER SAFETY INSTRUCTOR (SWIM LESSON TEACHER)—AGES 16 AND UP**

Upon successful completion of this course, students will be qualified to teach American Red Cross Learn-to-Swim courses. This course is a blended learning opportunity, which will allow students in-person water training paired with online learning sessions. Note: Class times do not reflect required online learning sessions. An additional \$35 non-refundable fee, payable to the American Red Cross will be due following the first class session.

Code 61656

Sa 4/2 8:00 – 10:00 a.m. *and* Sa/Su 4/30-5/8 8:00 a.m. – 5:00 p.m.

5 classes

Location: Dolores Bengtson Aquatic Center

\$180.00R/\$198.00N

For course prerequisites and more information on blended learning courses, contact the Dolores Bengtson Aquatic Center at 931-3420. Register at [www.pleasantonfun.com](http://www.pleasantonfun.com).

Current City of Pleasanton job postings, including Lifeguard and Water Safety Instructor positions can be found by visiting: <http://www.cityofpleasantonca.gov/gov/depts/hr/jobs/default.asp>.

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