

OHK Senior Meal Program is funded, in part, by the Alameda County Area on Aging and the City of Pleasanton



Sage Cafe January 2018

A partnership between the City of Pleasanton and Open Heart Kitchen

Pleasanton Senior Center
5353 Sunol Blvd.
Pleasanton, CA 94566

Lunch served from 11:45 to 12:45, Monday thru Friday.

Soup, Whole Grain Breads, butter pat & 1% milk served daily

RESERVATIONS REQUIRED TO GUARANTEE A MEAL

CALL ONE DAY IN ADVANCE BEFORE 2:00 P.M. (925)931-5363

DOORS OPEN
11:30AM-1:00PM
SUGGESTED DONATION - \$3.00

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
JAN 1st	JAN 2nd	JAN 3rd	JAN 4th	JAN 5th
NO SERVICE HOLIDAY	Salisbury Steak w/ Gravy, Mashed Potatoes, Seasonal Vegetables, Seasonal Fruit	Pork Ribs, Sweet Potato Fries, Seasonal Vegetables, Seasonal Fruit 	Honey Mustard Chicken, Enriched Rice, Seasonal Vegetables, Seasonal Fruit	French Dip Au Jus w/ Whole Grain Roll, Seasonal Vegetables, Seasonal Fruit
JAN 8th  VIP LUNCHEON Chicken Alfredo, Seasonal Vegetables, Seasonal Fruit	JAN 9th  Garden Salad w/ Tuna Salad, Herb Biscuit, Seasonal Fruit	JAN 10th Stuffed Bell Peppers (Beef and Rice), Coleslaw, Seasonal Fruit	JAN 11th Brunswick Stew (Pork) over Mashed Potatoes, Seasonal Vegetables, Seasonal Fruit	JAN 12th Turkey and Dumplings w/ Carrots, Peas and Celery, Seasonal Fruit
JAN 15th	JAN 16th	JAN 17th	JAN 18th  Name That Tune w/ Vicky Green Salad w/ Chicken Salad*+, Herb Biscuit, Seasonal Fruit	JAN 19th Chicken Florentine w/ Enriched Pasta, Spinach and Mushrooms, Bread Pudding
JAN 22nd  VIP LUNCHEON Shepherd's Pie, Seasonal Vegetables, Seasonal Fruit	JAN 23rd Baked Ham, Cheesy Potatoes, Seasonal Vegetables, Seasonal Fruit	JAN 24th Marinated Pork Roast, Ginger Rice, Seasonal Vegetables, Seasonal Fruit	JAN 25th Friends of Pleasanton Luncheon Turkey Tetrizzini w/ Enriched Pasta, Seasonal Vegetables, Seasonal Fruit Reservation Required w/ Ticket	JAN 26th  Birthday Celebration Vegetable Frittata, 3-Bean Salad, Seasonal Fruit 
JAN 29th	JAN 30th  Lemon Baked Fish, Baked Potato, Seasonal Vegetables, Seasonal Fruit	JAN 31st Cheeseburger w/ Lettuce, Tomato and Grilled Onions, Potato Salad, Seasonal Fruit		