



## PRESS RELEASE

### FOR IMMEDIATE RELEASE

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### **Life Saving Efforts Rewarded as 55-Year-Man Survives Heart Attack**

On January 19, 2013 at 10:00pm the Pleasanton Police Department received a 9-1-1 call from a female reporting that her 55-year-old friend was suffering from a possible heart attack and that she was attempting to perform CPR on him. The officers were immediately dispatched to the location and arrived within two minutes, finding the man unresponsive, not breathing and without a pulse. Officer Lisa Cavellini, one of the Police Department's CPR and AED instructors, immediately triaged the situation and began CPR, while Officer Jeff Grave deployed the Automated External Defibrillator, also known as an "AED." The male subject was responsive to the AED's "shock" and, within a short time, began breathing on his own. By the time the man was loaded into the ambulance he was already talking with emergency personnel. Upon returning to the police station, the officers downloaded the AED data and learned there had been no detectable heart rhythm immediately before the AED shock was advised, and in later conversations with emergency room doctors they learned the male subject would not have survived without the immediate and timely first aid measures taken by the officers.

This was a tremendous effort and success by everyone involved and underscores the value of first aid and CPR training. It also validates and emphasizes the invaluable deployment of AEDs in emergency vehicles.

In an ironic twist, the woman who initially reported the medical emergency, Mary Armerich, is extensively trained in CPR and AED use. In her capacity as Director of Sales at Pleasanton's Club Sport, she has had multiple occasions to provide life saving efforts to members who have undergone cardiac emergencies. Less than six months ago she met Officer Cavellini for the first time as they worked together trying to save a woman who'd had a heart attack in the club's therapy spa.

For reference, the case number from the incident on January 19 was 13-02609.